

**CAA**

SASKATCHEWAN MAGAZINE



SPRING 2022

**PLUS**

**VIKING IRELAND**

HOME OFFICE MAKEOVER

**48 HOURS IN NASHVILLE**

USED CAR 101

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**GASPÉSIE**





June 14, 2019.

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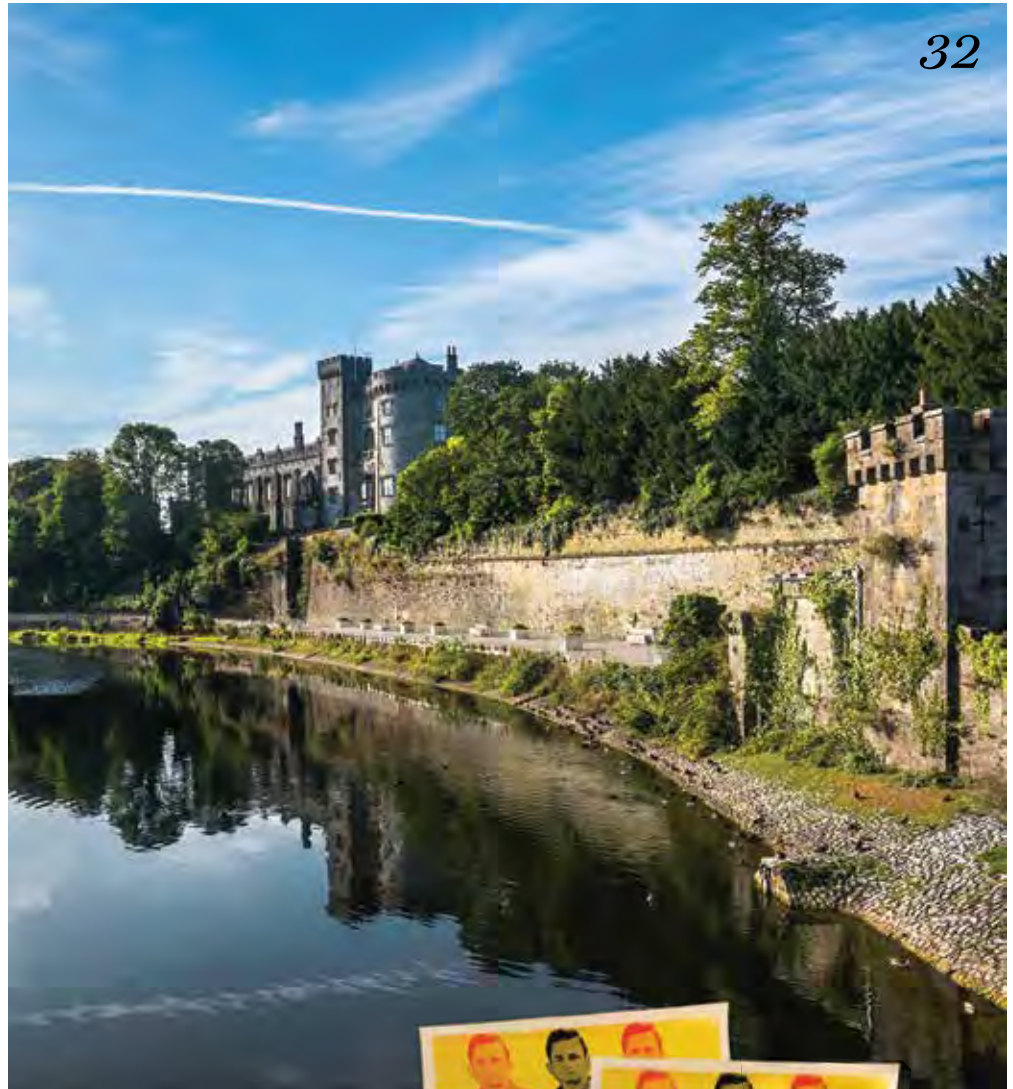
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COVER: MAREMAGNUM/GETTY



# WHAT'S IN YOUR WALLET?

*A look at the benefits of your CAA membership*

**WE TYPICALLY HAVE** some cash and a few credit cards in our wallets. Another very important thing I carry is my CAA membership card.

I've been a CAA Member since my parents gave me a membership as a teenager. We've carried on this tradition with our kids who each received a membership for Christmas when they got their driver's licence. (It may have been a bit self-serving, as it saved me from having to change a tire, give a battery boost or extricate someone's vehicle from a snowbank!) My children have relied on CAA's exemplary roadside service on numerous occasions.

For my kids, who are now young adults, CAA membership continues to be a treasured service. That card in their wallets has come to the rescue when keys were locked in cars and vehicles ran out of gas. CAA also covers them when they're passengers, since membership goes with you, not your vehicle. I am certain they will pass this valuable tradition onto their own children.

In addition to roadside assistance, CAA membership offers many other benefits as well. Members save 10% on

home and travel insurance. On the road, you can get travel discounts, while the CAA Rewards program lets you take advantage of savings at a wide variety of retailers.

Now that you know my CAA story, I'd love to hear yours. How and why did you become a CAA Member? Share your CAA Member Experience with us to be eligible to win one of 10 prizes of 100 CAA Dollars, which can be applied to your membership renewal, travel or merchandise. Register and share your story by March 31, 2022 at [caask.ca/whycaa](https://caask.ca/whycaa).

As always, we thank you for being part of the CAA Saskatchewan family. Without you, we wouldn't be here today, talking about the benefits of being a CAA Member and how membership can help keep your family safe and secure.

Take care. Stay safe.

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**CAA Saskatchewan Editor**  
Christine Niemczyk  
**Art Director** Peter Zaver  
**Designer** Cindy Lubinic  
**Contributing Designer** Charlotte Watters  
**Media Sales Director** Nicole Mullin  
nicole.mullin@stjoseph.com  
**Senior National Sales Executive** Alan Milroy  
alan.milroy@stjoseph.com  
**Regional Account Manager** Robert Zyluk  
robert.zyluk@stjoseph.com

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CAA Saskatchewan Magazine is published four times per year by St. Joseph Communications, 15 Benton Road, Toronto, ON M6M 3G2, on behalf of CAA Saskatchewan.

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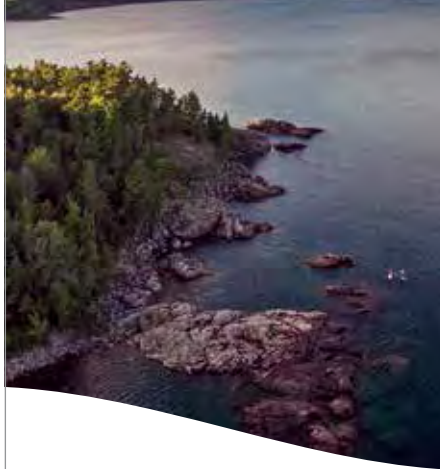
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Motorists, please reduce your speed to 60 km/h for tow truck operators working on Saskatchewan highways. Move over as far as possible, preferably changing lanes.

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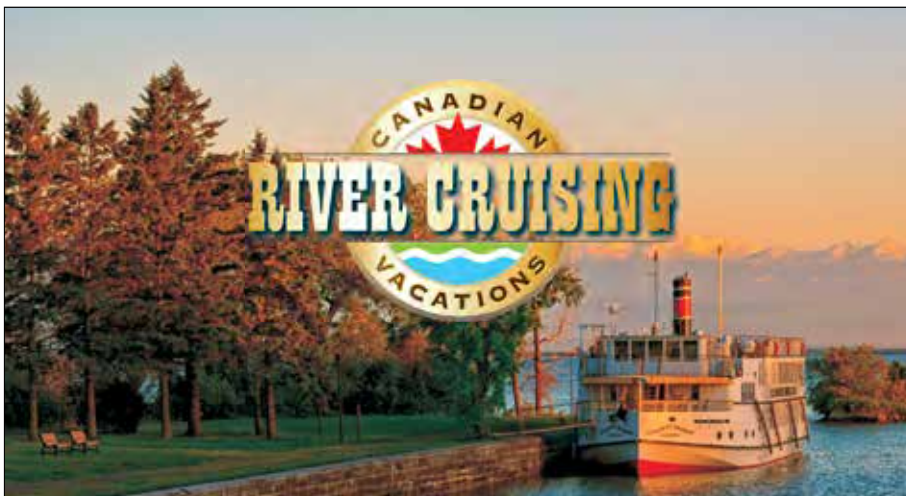
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# The moment we found out our child had asthma.

We took a deep breath and made some changes.

After we found out our child had asthma, we never took anything for granted again. Certainly not our health coverage. We found out that my company health plan wouldn't cover all of her medical expenses. And though our government health insurance plan covers a lot, it doesn't cover everything.

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It helps reduce our out-of-pocket costs for things like prescription drugs, dental care, vision care, mental health therapists, home care and nursing and more. Our plan is very affordable, and helps us keep our family healthy while saving us money. Our suggestion: take a moment to get a quote.

Help protect every moment.



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# CAA INSIDER

Club News | Member Perks | Family Fun



## CAA TRAVEL

# TRAVEL WITH SOMEONE YOU TRUST

**TRAVELLERS MUST BE EXTRA** cautious before embarking on a vacation today. Planning and research are more important than ever when it comes to destinations, flights, hotels and car rentals. To reduce travel-planning stress, CAA developed the Trusted Travel Professional program. This exclusive training educates travel consultants about the realities of travel in a pandemic era, including health and safety policies, consular issues and changing government rules. Ninety percent of CAA Travel Consultants in Saskatchewan have completed the program to better serve Members and clients looking to book a vacation this year. Learn more at [caask.ca/travel](https://caask.ca/travel). The three levels of the multi-week program include:

### 1 Government and Industry

Changes to travel industry policies in all segments of travel, including government and travel suppliers.

### 2 Health and Safety

The health and safety policies of more than 25 CAA partners, including at least one partner in each travel segment.

### 3 Global Affairs and Crisis Training

Consular issues Canadians may confront abroad, including lost passports, natural disasters and terrorist attacks.

## CAA MEMBERSHIP

# MEMBERSHIP MATTERS

Your CAA membership has a lot to offer. Here are four easy ways to get the most out of it.



### BIG REWARDS

CAA helped Members save close to \$1 million last year. Be the first to know about savings by subscribing to our monthly emails with deals, discounts and special offers from CAA Rewards partners. Visit [caask.ca/myaccount](https://caask.ca/myaccount) to sign up.



### TRAVEL TIPS

If you love road trips, camping and adventure experiences, check out our blog at [blog.caask.ca](https://blog.caask.ca) for expert advice on travel, insurance, road safety and family adventures.



### MONEY-SAVERS

Did you know you could save 15% on your next hotel stay? Or earn up to 120 CAA Dollars when you buy new tires? Follow us on Facebook to get all the latest deals in the CAA universe: @CAASaskatchewan.

### AN APP FOR THAT

Download the **CAA mobile app** to access your membership with the tap of a button. Skip the line to request roadside assistance, quickly update your account, and get Member-exclusive discounts at your fingertips.



## CAA SAYS

# DON'T DRIVE HIGH

Last fall, CAA Saskatchewan shared the latest research on cannabis and driving with the hundreds of students assembled for the 2021 Students Against Drinking and Driving (SADD) Virtual Provincial Conference. A survey conducted by CAA National revealed 20% younger Canadians (aged 18-24) have driven high or been in a vehicle with a high driver. The research points to the need for more public education to ensure everyone understands the risks of driving high. Edibles only compound the situation since the effects can take longer to manifest—and last longer. As highlighted in CAA National's video campaign, "Do Anything But Drive": If you're going to do edibles, do anything but drive. Learn more at [caask.ca/cannabisanddriving](https://caask.ca/cannabisanddriving).

## TRAVEL INSURANCE

### ALWAYS COVER UP

A vacation is often the biggest purchase we make every year. So, it makes sense to protect your investment. Medical emergencies that occur

outside Canada can be significantly more expensive than at home. But with Emergency Medical Insurance, you protect yourself against unforeseen and costly medical expenses while you're travelling. Coverage

can also protect against costly, non-refundable trip cancellations or interruptions. When things are out of your control, a travel insurance policy may be the smartest investment you make. To learn more, visit the FAQ



section at [caask.ca/caa-travel-insurance](https://caask.ca/caa-travel-insurance) or speak to a CAA Travel Insurance Consultant at **1-833-872-8467**.





**WESTWORLD TOURS**

# THE WORLD AWAITS

At WestWorld Tours, we're excited to get back to doing what we do best: travelling. But we understand that travel's "new normal" comes with unique challenges. Which is why we're fully committed to ensuring the safety of our Members, passengers and staff. WestWorld Tours offers a great lineup of tours set to depart in 2022. But before you hit the ground in these fascinating destinations, get a taste on a virtual tour with an experienced WestWorld Tours tour director. Visit [westworldtours.com](http://westworldtours.com) to "board" your virtual tour bus. And when you're ready to visit in person, contact a CAA Travel Consultant at **1-800-564-6222**.

**CAA ESTORE**

## EARN CAA DOLLARS

Did you know online shopping can reduce the cost of your CAA membership? When you shop through the CAA Rewards eStore, you earn CAA Dollars back as a percentage of your purchase. The more you shop, the more you earn. Select from over 50 retailers including Walmart, Sephora and Indigo among other favourites. Go to [caask.ca/estore](http://caask.ca/estore) to start earning.

**CAA TOURBOOKS**

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friends. Each TourBook includes: city overviews, high-quality maps, must-see attractions, sample itineraries, CAA/AAA Diamond Award-winning hotels, photo galleries

and videos. There are also links to help you quickly and easily reserve hotels online with exclusive CAA rates. Start exploring at [caask.ca/tourbooks](http://caask.ca/tourbooks). For some extra help IRL

(in real life), the CAA Saskatchewan travel team is always here to help by finding the best deals, booking your hotel and air travel, and completing your entire itinerary.

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- ✓ TRAVEL INSURANCE

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## SMARTPHONE SCAMS

*How to identify when you're being targeted by fraudsters on your mobile device*

BY CARALEE EPP

**PHONES AND TABLETS** go with us just about everywhere—which makes them prime targets for phishing, whereby hackers try to lure you into giving up personal information. What you might not know is that these malicious attacks look different on mobile devices than they do on home computers. Here's what to watch for, so you don't get hooked.

### Invisible links

When we see an email from the boss

on our computers, it's easy to verify the sender by looking at the full email address. But emails on mobile devices often show only the user's name. Same goes for any links within the message itself. We're all taught to "hover" over the link to see the full web address. Turns out, that's not a feature on mobile. Even in texts and messaging apps, if you weren't expecting contact from that sender, be wary of clicking on anything. Better to wait until you can confirm it's legit on your computer.

### Suspicious tone

Is the sender requesting personal information, being secretive or asking for a snap decision? These are hallmarks of phishing in every form. They're even more prevalent on mobile devices because we tend to trust them more than computers. If a message says you've won a contest you didn't enter, offers free money, or threatens to lock your online account, do not believe it. Just delete it.

### Who's calling?

Phishing attempts can also happen through a phone call. Canada Revenue on the line? Probably not. (The agency actually has a policy not to phone you.) Be skeptical of calls from unknown numbers, or the one-ring missed call originating from afar. Those can bait you into a callback that reroutes you to a premium-rate number, which can cost you hundreds of dollars in fraudulent charges. Better to let that one go to voicemail—and if they don't leave a message, ignore it or block the number.

### Your frame of mind

Scammers are counting on you to be on-the-go with your phone or tablet. They want you to make a rush decision on a seemingly urgent plea. Slow down, think about the content and verify what you can. It might just save you from being phished.

### What to do

For more information about how to protect yourself from scammers, check out *The Little Black Book of Scams* at [competitionbureau.gc.ca](http://competitionbureau.gc.ca). And if you think you're a victim of phishing, first report it to the police, then call your bank, credit bureaus and the Canadian Anti-Fraud Centre: 1-888-495-8501 ([antifraudcentre.ca](http://antifraudcentre.ca)). CAA

## NAME THAT SCAM

*Three more ways scammers target your mobile device*

### SMS SPOOFING

Bogus text messages that want you to click a link or download an app secretly install malware on your device. Alternatively, you may be told to contact "customer support," in the hope you'll then offer up personal information.

### SOCIAL PHISHING

Like text scams, messages sent to your social media accounts encourage you to watch a video, view an image or make a new connection. Clicking through may take you to a seemingly legit (but fake) login screen seeking your account credentials.

### "EVIL TWIN" WI-FI

At locations with publicly available Wi-Fi (e.g. hotels, cafés and malls) hackers can set up fraudulent access points that look like the real deal—and then eavesdrop on any devices that have unwittingly connected to them.

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# THE GUIDE

*Rewards | Travel | Auto | Lifestyle*



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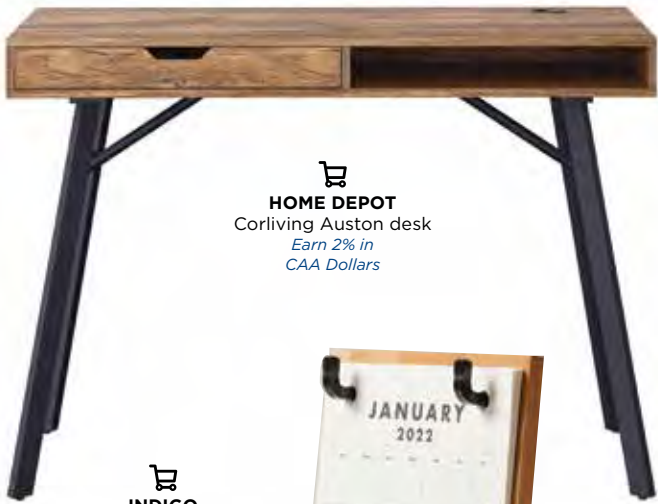
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### Closer couples

Communication is key when it comes to relationships, especially with your significant other. But what if you can't hear them or they can't hear you? Miscommunication begets frustration, which begets loneliness. Research by the Better Hearing Institute has shown that hearing aids open up a channel of communication that helps stimulate conversation and build warmer personal relationships.

### Social butterfly

Hearing loss can be frustrating for you—and the person you're talking to. Not surprisingly, studies show that people who combat hearing loss with hearing aids find they have better conversations. These positive social interactions foster closer connections and more upbeat daily rituals at work, running errands or on the phone.

### Mood booster

Being able to hear just feels good. Having a clear and lively conversation with someone makes you feel involved. That seemingly simple interaction boosts your self-esteem, mood and overall outlook. If you have hearing loss, being fitted with hearing aids can change your quality of life. CAA Members **save up to 20%\*** on hearing technology and **15%** on everyday listening products with Connect Hearing.

# The Hear and Now

How hearing aids help you hear life to its fullest and be your very best self

### Get active

If you play a team sport or do group fitness classes, you know just how important it is to hear those around you. For safety, it's also essential to hear sounds while walking, biking, working out or golfing. When you have an effective hearing solution, you're more likely to participate in organized active pursuits.

**Take control of your hearing health. Book your hearing test at [connecthearing.ca/CAA](http://connecthearing.ca/CAA) or call 1-888-486-0177**

\*Visit [connecthearing.ca/CAA](http://connecthearing.ca/CAA) for complete terms and conditions.

Produced by Strategic Content Labs in collaboration with Connect Hearing



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## CLAIM CHECK

*When and how to make a  
home insurance claim*

BY KELLIE DAVENPORT

**ACCORDING TO THE** Insurance Bureau of Canada, insurers paid out \$7.7 billion in home and property claims. Nobody *wants* to make an insurance claim, but it's often unavoidable—in the event of weather, water/fire damage, accidents, vandalism or theft. If you must file a claim, a little know-how can simplify the process and make it as pain-free as possible.

### Should you file?

Decide if you should make a claim at all. Consider the cost of the repair, your deductible amount and claims history,

and ability to pay for the repair out-of-pocket. If the repair is nearly as much as your deductible, it might be easier to just pay outright. And check your policy carefully: Will a claim result in losing your claims-free discount?

### When to file

In Saskatchewan, there are many situations that necessitate making a claim. One of the most common is water damage, caused by seasonal flooding, severe weather or frozen/burst pipes. Accidental house fires or those sparked by lightning also account for a sizable

portion of claims. Vandalism and theft might also require costly repairs and/or replacement.

### Assess the situation

If your home has suffered damage, survey the property and take steps to avoid further damage (shutting off power and water, for example). If you suffered a burglary, file a police report. It's also a good idea to document damage by taking photos and video. Write down a home inventory, noting stolen property or goods damaged beyond repair. Be careful not to throw anything away yet.

### Call your insurer

Notify your insurance provider as soon as possible. (If you have a CAA policy, call **1-800-564-6222**.) They'll start the claim process for you and assign an adjuster. Your insurer may also suggest local contractors and tradespeople. An adjuster will help assess damage/loss, and give you an estimate for repair and replacement costs. (This number may change as the claim is finalized.)

### Clean up and repair

In the event of severe damage, you might want to hire a restoration company to help clean up. (In some cases, your insurer will cover this cost.) After getting estimates from potential contractors for repair work, hire a trusted company to do the work. When and how repairs are paid for depends on your claim—and the specifics of your policy. Ask your insurer if they plan to pay directly for repair costs or if you'll receive payment to cover the costs. Finally, once the work has been completed and you've been compensated for any losses, you'll sign a few forms to complete the claim. **CAA**

## MORE COVERAGE

*Three extra benefits  
and add-ons from  
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### WATER COVERAGE

Repairs caused by water damage add up...fast! Reduce financial headaches with this benefit combining multiple aspects of water damage.



### CLAIM FORGIVENESS

If you haven't made claims in the last five years, you qualify for this valuable endorsement (which won't be removed upon renewal after your first claim).



### SERVICE LINE COVERAGE

An add-on that protects against rusty, corroded or broken underground service lines running from the street to your home.

# GOING PRO

*Why professional travel agents and consultants are more important than ever*

BY JENNIFER ALLFORD



**KNOWING EACH COUNTRY'S VACCINE REQUIREMENTS.** Understanding when you can change or cancel a flight. Finding the right hotel. Booking a vacation has become a maze of ever-changing rules and regulations as the global hospitality industry grapples with the pandemic. "Everything is changing so rapidly, and it's confusing," says Shannan Schill, a CAA Travel Consultant based at the CAA Regina South Albert Store. Here are five ways a consultant takes the pain out of planning your next vacation.

## ELIMINATE HASSLE

Organizing a vacation now is more complicated than just booking flights and a hotel. Today, it also requires research to make sense of shifting vaccine rules. "It's overwhelming for people to keep up on all of it," Schill says. "When somebody calls to ask about a destination, I make sure they're getting the most current information in real-time."

## TRAINED EXPERTS

CAA Travel Consultants like Schill undergo intensive training to understand the new reality of post-pandemic travel. Training includes a multi-week accreditation process, which covers health and safety policies of more than 25 CAA Travel partners. Training is developed in partnership with industry experts and the Canadian government.

## REDUCE UNCERTAINTY

Booking with CAA Travel prevents travel-related issues from popping up. And if something does go wrong, your consultant will advocate on your behalf. "If anything changes between when you book and when you travel, we're aware of the changes," Schill adds. "We're often able to push things through that you might not necessarily get on your own."

## FEEL SAFE AND SECURE

Covid-19 has added a layer of concern to travel. "People want to travel, but it's scary," Schill says. "There are just so many unknowns." But just like knowing which neighbourhoods are safe for a late-night stroll in a foreign city, CAA Travel Consultants are well versed in a country's Covid risks, mask mandates and vaccination rates.

## CUSTOM EXPERIENCES

Your CAA Travel Consultant knows the hidden gems, best restaurants and must-see spots. But the more you tell them about what you like—and don't like—the more they can create a vacation tailored to you. "People really want to travel," Schill says. "They miss being able to do things and see other people and just experience life."

## VALUE ADDED

CAA Travel Consultants also know exactly when, where and how to find the best deals on flights, hotels, cruises and other experiences. When you book with CAA Travel, you know you're getting the best price. You'll save money in the long run, even if you have to pay a small fee for the consultant's considerable expertise. **CAA**



## ROAD-TRIP READY

*Get your vehicle and passengers prepped before you hit the road*

BY ALLAN BRITNELL

**ROAD TRIPS ARE A GREAT**, low-cost way to explore our beautiful province and country. But there are a few things you should do to ensure a safe, comfortable holiday before you pull out of the driveway.

### Is your ride road-worthy?

Make sure that your vehicle is in tip-top shape. Start by checking that your tires are properly inflated. Then get someone to help you ensure headlights and taillights are all working. Next, check the essential liquids: Top up washer fluid and check motor oil

and engine coolant levels, filling them up as necessary.

If you're using roof racks or a storage box, triple-check that all the anchor points are fully locked. When hauling a trailer, check its tires and brake lights, and make sure the hitch is properly fastened and the safety chain is secured.

Pack a roadside assistance kit, available for purchase at your local CAA Store. And make sure to carry your valid driver's licence, vehicle insurance and registration, and CAA membership card.

### In the pilot seat

Before you head out, adjust the driver's seat for both comfort and safety. You'll need a clear line of sight—but don't sit *too* close to the steering wheel. Your chest should be at least 10 inches from the wheel to allow proper airbag deployment and to avoid severe injury from impact.

If there are two or more drivers in your household, always check rear and sideview mirrors before you pull out. You should see as much of the rear window in your rear-view mirror as possible. Angle the sideviews to minimize blind spots. (But always do the shoulder check before changing lanes when driving.)

Wear proper footwear and ensure everyone in the vehicle is wearing seatbelts. Double-check that children's car seats are properly installed.

If you're travelling in colder months, remove hat, coat and gloves before hitting the road so you don't overheat and get drowsy. Plan to make a pit stop every couple of hours to stretch your legs, check your phone and swap drivers, if necessary.

### On the road again

Driving requires your full attention. Never drive distracted—this includes anything that takes your eyes *and* mind off the road. Avoid using cell phones, eating/drinking, applying makeup, listening to loud music, and having intense conversations with passengers. If you're driving solo, punch in your route on your phone or GPS before you leave a pit stop.

When passing first responders, including tow truck operators, on highways, slow down and move over. Always slow to 60 km/hour and move over to the far lane if it's safe to do so. Learn more at [caask.ca/safety](http://caask.ca/safety). CAA

## ROADSIDE KIT

*A few important items to add to your roadside kit*



### DRINKING WATER

A couple of bottles



### NON-PERISHABLE FOOD

Energy bars, nuts



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## GENTLY USED

*How to spend your money wisely in a booming used-vehicle market*

BY GRAHAM HEEPS

**CANADA'S USED-VEHICLE** market is hotter than ever. According to data from the *Canadian Black Book*, the average listing price for used cars and trucks is currently \$29,500—up from about \$25,000 at the start of 2021. Meanwhile, the number of used vehicles listed for sale has fallen to a three-year low.

The pandemic is playing a major role in these difficult market conditions. An ongoing microchip shortage is hurting new model availability, so many buyers are opting for used vehicles instead.

With fewer older cars and trucks being traded in—and fewer leased vehicles being returned—used-car inventories aren't keeping up with demand.

For Canadian car-buyers, the shortage is compounded by the sale of used vehicles to dealers south of the border. American dealers take advantage of favourable exchange rates to buy up large numbers of cars and, notably, pickup trucks.

High demand and a supply squeeze are inevitably raising prices. "Used vehicles are a commodity that changes

in value," says Scott McIntyre, vice-president of automotive services at CAA Saskatchewan. "It's a perfect storm right now, and it could be a couple of years before we get out of it."

But while prices have risen, the advice about buying a used car remains unchanged. First, set your budget up front and be realistic about what you might get—and not get—in return. Not everything on the wish list may be attainable for your desired price.

The good news is that vehicles are better built than ever, which should lead to fewer issues in older cars and trucks. But keep in mind: Preconceptions about the most reliable models might not apply in the used market, depending on how a specific vehicle has been used.

"Each used vehicle is as unique as a fingerprint," McIntyre explains. "Everybody uses a vehicle differently. Depending on use, a higher-mileage car might be in better condition than a lower-mileage model. And prices might reflect that."

Whether you're buying privately or from a dealer, a detailed pre-purchase inspection is a sound investment. Get one at a CAA Approved Auto Repair Services (AARS) shop or the CAA Car Care Centre at Regina Battery Depot.

A vehicle history report from companies like Carfax or SGI is also essential. It can uncover a sordid past (crash repairs or outstanding liens) and should be provided by a dealer, but is not required of private sellers.

An extended warranty will also help protect your purchase. An insurance-backed warranty may be offered by the selling dealer, but policies are also available online to private buyers.

Look for a policy with good powertrain coverage, and make sure all coverage limits are properly explained. **CAA**

LET'S MAKE  
A DEAL!

*More tips for buying a used vehicle today*



## REPAIR FUND

Your budget should leave some room for repairs. A used car usually needs something fixed or replaced.



## CRASH COURSE

Examine the vehicle's crash test data on sites such as the Insurance Institute for Highway Safety.



## GET IT IN WRITING

Before signing an offer, get the seller's special conditions or promises in writing.

# HANDS ON IN HAIDA GWAII

*Five unique ways to get up close and personal with the unique culture of the archipelago*

BY KELLIE DAVENPORT



1

## BE A POLE WATCHER

Known for their detailed craftsmanship, it's little wonder that the Haida have produced some of the world's most impressive **carved poles**. Distinct from other totem poles, which typically commemorate legends or events, Haida poles are heraldic, showcasing family crests. And many of the area's ancient poles are being left to decay naturally. Fine examples can be found around Old Massett, Skidegate, Sandspit, Queen Charlotte and at the Haida Heritage Centre.

2

## FORAGE FOR DELICACIES

Famed Haida artist Bill Reid once claimed, "Only a stupid man could starve on this coast." Seek out **berries** of all manner, from common strawberries and huckleberries to lesser-known fruit like sweet salal and the tart thimbleberry. The forest offers other goodies as well, including **mushrooms** and



**spruce tips**, the edible new spring growth at the end of conifer branches. The

citrusy flavour is a fresh addition to pasta, stir-fry dishes and desserts.

1. BRANDON HARTWIG/DESTINATION BC; 2. CHRIS CHEADLE/ALAMY; 3. DANITA DELIMONT/ALAMY; 4. GUNTER MARX/RE/ALAMY; 5. XXZ114/ISTOCK

3

**GO BEACHCOMBING**

With thousands of kilometres of pristine Pacific coastline, the islands seem purpose-built for beachcombing. Head to **Agate Beach** to collect its namesake quartz rocks, formed by the islands' 62-million-year-old volcanic geological history. For more edible treasures, walk the shoreline of **North Beach** at low tide to scoop fresh crab.



4

**TAKE A DIP**

For millennia, the thermal pools on **Gandll K'in Gwaayyaay** (a.k.a. Hotspring Island) provided food and therapeutic treatments to the Haida people. Today, it's the perfect pit stop during a hike. Southeast

of Lyell Island, this rocky enclave boasts several small pools with temperatures ranging from 32 to 77 C. Soak as you take in views across Juan Perez Sound and glimpse passing pods of orca.

5

**DO AN ART CRAWL**

For at least 8,000 years, the Indigenous Haida people have continuously occupied this archipelago off the B.C. coast. Over generations, Haida artisans have developed distinct styles, from monumental totem poles and fine wood carving to symbolic line painting. View modern-day examples at Skidegate's **All About U Arts**, featuring the work of artist Ben Davidson. **Haida Raven Gallery** in Masset and Tlell's **Sitka Studio** are also must-see stops. **CAA**



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(press 4)



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13  
DAY TOUR



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### Women Xplorers Ireland

JULY 15 – 28, 2022

14  
DAY TOUR



From the Irish people's sparkling wit, hospitality and cozy pubs, to the Isle's incredible emerald landscapes and spectacular coastlines. This small country packs quite a punch.

### Antarctica & The Falklands Explorer with Brazil and Argentina

NOV 14 – DEC 6, 2022

23  
DAY TOUR



For many, this is the last continent to check off your bucket list! Venture to the Southern Hemisphere and experience Rio de Janeiro, Iguassu Falls and Buenos Aires before cruising south surrounding yourself with icy waters, glaciers, and icebergs, giving you the feeling of being in a new world!



## NORTH AMERICA

### Amish Country

MAY 16 – 31, 2022

16  
DAY TOUR



Join us on this blast from the past tour through the heart of Dutch Country! Explore the oldest Amish community in the world as we take a tour through the beautiful Lancaster farmlands and discover the history and heritage of The Amish! Along the way we'll visit iconic attractions such as the Hershey Museum in the world's sweetest little city, Hershey, as well as several other museums including the Warther Museum and the Henry Ford Museum and Factory.

### Alaska & the Yukon

JUNE & JULY, 2022

13-20  
DAY TOUR



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### Branson, Nashville & Pigeon Forge

NOV 12 – 28, 2022

17  
DAY TOUR



It's all about Country Music and Christmas lights! Travel through the beautiful Smoky and Ozark Mountains, drop in on Pigeon Forge and Dollywood. Visit the heart of country music, Nashville, and take a trip back in time with the King at Graceland in Memphis. The fun continues, when country music and Christmas collide with four nights in Branson exploring the best that Missouri has to offer.

## EXPLORE CANADA

### 22<sup>nd</sup> Anniversary Tour Sailing the St. Lawrence

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20  
DAY TOUR



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### Newfoundland

JULY 8 – 18, 2022

11  
DAY TOUR



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### Haida Gwaii

JULY 11 – 22, 2022

11  
DAY TOUR



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### Churchill

AUGUST 7 – 13, 2022

7  
DAY TOUR



Spectacular scenery, wondrous wildlife, and a seductive spirit, it makes you question the things that we often take for granted in the real world.

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# QUÉBEC by the SEA

A whale of a good time  
on a mother-daughter getaway  
to the Gaspésie region

BY KELLIE DAVENPORT

#### ROCK AND ROLL

The five-million-ton Percé Rock dominates the Gaspésie coastline. Inset: a mother-daughter selfie of the author and her mom, Debbie



I didn't expect to see the end of the world...in Québec. Yet there it was: A tree-covered precipice jutting out into the vast sea. Dubbed Gespeg ("Land's End") by the Indigenous Mi'kmaq people, it's just one small, albeit spectacular, corner of Forillon National Park, situated on the eastern tip of the Gaspé Peninsula.

**THE RUGGED, WINDSWEPT GASPÉSIE** region spans more than 30,000 square kilometres and is home to four national parks, 13 species of whales and hundreds of thousands of seabirds. Seeking fresh air, food and wildlife spotting, I'd come to Québec's coastal region on a mother-daughter getaway with my mom, Debbie.

After checking into Hotel Baker, a cozy bolthole with scenic bay views, we make a beeline to the local museum for a primer in Gaspésie culture. "There is just so much history in this area," says Katherine Yockell, education coordinator at the Musée de la Gaspésie. "Of course, we have Jacques Cartier—who landed here in 1534—but there's also our Indigenous roots and the cod trade."

Yockell is the first of several young Gaspésiens we meet who are bringing a fresh perspective to Québec's maritime region. She guides us through 400 years of local history, pointing out highlights of the museum's revamped permanent collection, which debuted in June 2021.

We learn about Cartier's explorations, the boom and bust of the cod fishery, and the daily lives of Gaspésiens through the centuries. Among the museum's quirkier pieces is a clown costume, once worn by native son and politician René Lévesque, and a Second World War torpedo fired in the Battle of the St. Lawrence. The museum also hosts eclectic touring exhibits. During our visit, we view contemporary digital art.



### Talk of the Town

On Rue de la Reine, a charming street lined with shops and cafés, Mom and I grab lattes to go from Paquebot. The Scandi-chic café serves artisanal

java and fresh-baked pastries as well as Québec-made wine. After perusing local boutiques, we head the imposing stone cross dominating the waterfront.

Known as the Birthplace of Canada, it's thought to be the spot where Jacques Cartier first claimed "New France" on behalf of the French king. Upon pulling ashore nearly 500 years ago, Cartier erected a wooden cross (which has since been replaced by the 42-ton stone structure).

With our thirst for Gaspésie history suitably quenched, it's time to satisfy other cravings. Brise-Bise, a bustling bistro popular with locals, is the perfect spot to sample regional specialties. But first... drinks! I settle on a pint of pilsner by local microbrewery Cap Gaspé, while my mom opts for a pineapple sangria. It's one of four types on offer at the pub, which doubles as a live music venue.

On a sunny day, the eatery's wraparound terrace offers impressive views of the port of Gaspé. The week before our trip, local fishermen hauled in a massive bluefin tuna—which bistro chefs quickly snapped up for their *plat du jour*.

Since we missed out on the fish feast, I go for a plate of classic Québécois poutine, piled high with squeaky cheese, while Mom tucks into a bowl of slow-cooked French onion soup. Another must-eat is mussels *marinières*, served with thick-cut frites.



### Land and People

The next day—after a hearty breakfast of ham crêpes at hotel restaurant Tétû—we hit the road on Route 132. The winding highway hugs the coast of the Gaspé Peninsula and serves as the main thoroughfare in the region. Our first stop is the Micmac Interpretation Site Gespeg, about 10 minutes from town. »



**GO EAST**

Clockwise from top left: Forillon's La Chute falls; a Mi'kmaq wigwam; the warped facade of a WWII torped; scenic Route 132

“The Mi'kmaq were a semi-nomadic people who moved between the coast and interior forests of the peninsula,” says Taylor Clark, an energetic 20-something Mi'kmaq and centre guide. In the reconstructed circa-1675 Mi'kmaq village, Clark demonstrates daily life, from hunting and smoking fish to carving and building shelter. Walking through birch-bark wigwams, she points out the incredibly efficient building techniques that allowed the community to thrive during harsh Québec winters. Although they likely never numbered more than a few hundred in this area, the Mi'kmaq people continue to live in the region today.

From the centre, we head east to Cap-des-Rosiers Lighthouse, Canada's tallest lighthouse. Built in 1854, the National Historic Site stands 34 metres and was originally built to guide commercial cod fishermen.

To see more of the rugged coastline, we drive a bit farther to neighbouring Forillon National Park. Established in 1970, Québec's first national park spans 24,400 hectares

of epic cliffs, beaches and waterfalls. The real gem in the park's crown is Cap Bon Ami, a cape of looming cliffs at the edge of the Gulf of St. Lawrence. The main lookout offers a front-row seat to spot seals, spouting whales, thousands of seabirds and the aforementioned Land's End.

Mom and I amble down several flights of wooden stairs to the beach below. A small waterfall rushes down the cliff as we pick up pebble souvenirs. Though we don't hike to Land's End, many visitors make the four-km trek along the Mont Saint-Alban Trail to the easternmost tip of the Gaspé Peninsula.



**Rocky Road**

With sharp turns and steep uphill climbs next to jagged cliffs, the trip from Gaspé to Percé is a white-knuckle drive. In the passenger's seat, my mom takes comfort in pressing the imaginary brake pedal on her side of our rental car. The challenging drive is well worth

WATERFALL: MATHIEU DUPUIS/PARKS CANADA; WIGWAM: CAMILLE MALLERONI/QUEBEC MARITIME; TORPEDO: ROGER ST. LAURENT PHOTOGRAPHIE; SIGNS: CAMILLE MALLERONI/QUEBEC MARITIME



it as we approach Percé, a tourist town with a permanent population of 3,300.

On our approach, a giant pink arch dominates the view. At first glance, Percé Rock looks like a massive ship, permanently docked offshore. Measuring 443 m wide and 88 m high, it's one of the largest natural arches in the world—and draws thousands of annual visitors to this former fishing village.

Percé is the quintessential beach town with family-run inns, cottages and motels hugging the Gulf of St. Lawrence coastline. After checking into the Riotel, a cozy waterside retreat, Mom and I stroll along the boardwalk and stop for lunch at La Morutière. The nautical-themed restaurant serves seafood specialties like lobster rolls and local fish soup.

Though Percé's main attraction is nature itself, the area is also a hotbed of local makers. Route 132 is dotted with artist studios, craft shops, cideries and cheesemakers. At Maison Tommi, Gaspésien artist Marie-Josée Tommi produces whimsical pottery honouring the region's wildlife. It's hard to

resist her delicate hand-thrown gannets and glazed whale platters.

We make a pit stop at Pit Caribou, a pub and microbrewery housed in an old general store. The popular watering hole, which also hosts musicians and artists, serves some of Québec's tastiest ales and lagers. A pint of Blonde de l'Anse is the perfect end to a Gaspésie day.



### *The View from Here*

Percé Rock seems to have an invisible pull, making it impossible to take your eyes off it. Even the sun seems drawn to the enigmatic stone, illuminating it like a celestial spotlight.

"The rock fascinates me, and I still can't wrap my head around its amazing formation," says Max Deck-Léger, science and education manager at Percé UNESCO Global Geopark. The centre showcases 500 million years of the region's geological history. Deck-Léger explains that Percé Rock travelled from the »

### **CRAFT GOODS**

Clockwise from left: Land's End through the mist; history and brews in Percé; artist Marie-Josée Tommi at work; Brise-Bise's mussels *marinières*





**LAND AND SEA**  
 Clockwise from above: historic houses near Percé Rock; Mont Sainte-Anne's scenic glass platform; afternoon whale watching

equator during a tectonic shift some 400 million years ago.

For a different view of the rock, we catch a shuttle van up Mont Sainte-Anne to the park's suspended platform. Hovering over massive pine trees, the 200-metre-high glass-floored lookout provides incredible views and an adrenaline rush. After much coaxing, my mom inches out over the glass to join me on the platform (though she maintains a tight grip on the handrail).

Back on terra firma, we make our way to the wharf for a boat tour around Bonaventure Island National Park. While waiting to board, we spot the slick black back of a surfacing orca. On the boat, we watch harbour seals sun themselves on any open square inch of

rock around the island. There's also an air show here: Bonaventure is home to North America's largest colony of northern gannets. Above us, some 200,000 soaring seabirds paint the sky white.

But you don't need a watercraft to see wildlife in Percé. Mom and I kick back on the patio of our water-view room, chatting about our Gaspésie adventure. Sipping a couple of local libations, we're surprised and thrilled to see a fin whale surface just a few metres from the nearby beach.

Sitting in the afternoon sun, we watch for hours as this whale, the second largest animal on earth, dips along the waterline. It seems this place isn't the end of the world—it's the start of remarkable experiences. **CAA**

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# VIKING IRELAND

A MODERN-DAY EXPLORATION OF  
THE VIKING TRIANGLE, WHERE  
SCANDINAVIAN SEA WARRIORS  
ONCE RAIDED AND TRADED

BY PATRICIA DAWN ROBERTSON





**IRELAND'S HISTORY IS RICH**, bold, dramatic—and filled with conquest. The Emerald Isle was invaded, settled and invaded again by multiple foreign entities, from Celts to Vikings to Normans. The unique contributions of Norwegian and Danish marauders are on full view today in an ancient triangle of land cutting into counties Wexford, Waterford and Kilkenny.

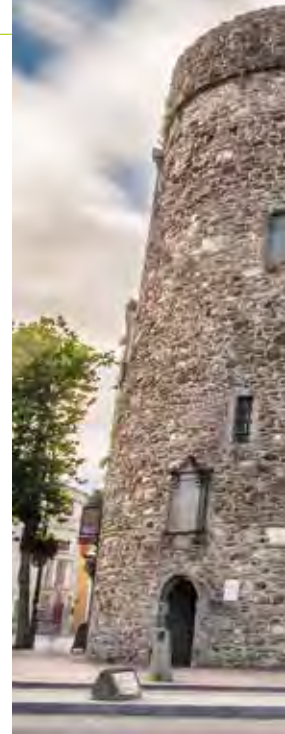
“There is something so compelling about the Viking story,” says Neil Jackman, archaeologist and director of Abarta Heritage. The Tipperary-based organization specializes in community archaeology, bringing Ireland’s past to life through heritage tourism. “Part of the appeal is the Viking impact on contemporary Irish politics and culture. You have these warring kingdoms, with dynastic rivalries that go back centuries—then the Vikings arrive and change everything.”

In the late eighth century, Norsemen sailed from Norway, arriving in Ireland in AD 795. Their first raid of a wealthy monastery took place on Lambay Island in the Irish Sea, about four kilometres from the coast of modern-day County Dublin. In the decades that followed, the ambitious invaders (which by then included Danes) settled villages that would become Dublin, Cork, Limerick, Wicklow, Wexford and Waterford.

Vikings were seafaring Scandinavians, active from the eighth to 11th centuries. They raided and traded from their northern homelands, cutting a wide swath across Europe. The 300-year Viking Age was an era of military, mercantile and demographic expansion that shaped early medieval history.

“I feel the story of the Vikings in Ireland is often oversimplified,” Jackman says. “They weren’t just brutal pagan raiders who smashed up monasteries and desecrated holy places.” Though they certainly did a bit of that too, the Vikings left lasting impacts on Irish culture, politics and architecture. »







Visitors to southeastern Ireland can embark on a scenic and storied tour of Viking heritage. The quaint port town of Wexford boasts a natural harbour on the River Slaney. In AD 819, Norwegian Vikings founded the city, which they named *Wase Fjord* or the “inland of mudflats.”

Wexford’s strategic location, between the Viking strongholds of Dublin and Waterford, immersed the city in the constant struggles between the Irish and Viking kings. Over 300 years, Norsemen made Wexford their home and intermarried with the Irish, who had gradually converted the Pagan raiders to Christianity. “You find alliances and intermarriages from quite early in the Viking Age,” Jackman adds.

You can still see Viking influence as you stroll along the winding streets of Wexford town centre, following narrow lanes that slope down towards the quay. (In a Viking town, all roads inevitably lead to water!)

Just three miles from Wexford, the Irish National Heritage Museum is nestled upon 40 acres of pristine woodlands. On the banks of the River Slaney, marvel at traditional thatched houses and ring forts tucked beside the heritage walking trails.

For a full immersion experience, book the “Viking House Stayover” experience at the museum’s on-site Airbnb. Don Viking apparel, sleep in primitive conditions and cook over an open fire.

If you prefer a cushy mattress and more Michelin-esque gastronomic experiences, head to the Dunbrody

Country House Hotel, located on County Wexford’s Hook Peninsula. Set on 300 scenic acres, the 1830s Georgian manor house is the purview of celebrity Irish chef, Kevin Dundon, and his wife, Catherine. The garden suite’s French doors open up to a lush landscape worthy of an Irish novel.

The exquisite menu at Dunbrody’s Harvest Room Restaurant uses a rotating bounty of local ingredients in dishes like mint-pea soup, rack of lamb and Kilkenny yogurt with rhubarb coulis. After dinner, retire to the elegant lounge to sip a nightcap of Powers John’s Lane whiskey (aged 12 years).

TOUR GROUP: BRIAN MORRISON; HUT: THORNTON COHEN/ALAMY; TOWER: MARK WESLEY; HOTEL: SHANE O NEILL; SCULPTURE: CHRIS DORNEY/ALAMY





**ARTFUL MARAUDERS**

Clockwise from opposite: the Irish National Heritage Museum; Reginald's tower with Viking vessel *Vadrafjordr*; Bishop's Palace sculpture; tea time at Waterford Castle; Airbnb's Viking house stayover near Wexford



tower, which now houses a Viking exhibit. After establishing Waterford, the Vikings constructed the city's first tower on this riverside site.

Of course, there's more to Waterford than Vikings. Centuries after the Norse heyday, the Georgians made their mark as well. Bishop's Palace, a stately 18th-century mansion turned museum, houses an exquisite collection of art including an ornate 1789 decanter—the oldest surviving piece of famed Waterford crystal. With historic cravings suitably satiated, feed your actual appetite at the museum café. Lunch on smoked salmon sandwiches, pan-fried fish cakes or hearty chowder.

When you're ready to hunker down for the night, make your way to the secluded Waterford Castle. Located on a historic 310-acre private island, the castle-cum-hotel is just 10 minutes from town via ferry across the River Suir.

If you arrive before sunset, try a round of golf on the scenic grounds. Then tuck into a hearty dinner of pressed confit of Skeaghanore duck before heading to your swish quarters for a peaceful slumber. »



**WATERFORD**

Just an hour drive from County Wexford, Waterford City rests near the confluence of rivers Suir, Nore and Barrow. Ireland's oldest city, Waterford derives its name from the Old Norse *Veðrafjordr*' (windy fjord), and was founded in AD 914 by the ambitious Viking Ragnall. (For fans of the TV

show *Vikings*, Ragnall was a grandson of the infamous Ivar the Boneless.)

For a proper introduction to the city, partake in the 30-minute virtual reality tour, "King of the Vikings." While seated inside a reconstructed Viking house in the ruins of a 13th-century Franciscan friary, amateur archaeologists learn about Scandinavian sea warriors via the latest virtual reality technology.

To get even more hands-on with history, pop by the imposing Reginald's Tower, Europe's oldest mortared stone





#### RIVERS AND RUINS

From top: Kilkenny Castle on the banks of the River Nore; the Smithwick's Experience for beer lovers and history buffs

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## KILKENNY

As you reluctantly depart Waterford Castle, it's an hour drive to the city of Kilkenny and its delightful mix of medieval and urban architecture. Though the Viking influence is less pronounced in County Kilkenny, the historic city itself has remained largely intact.

For the bravehearted traveller, a visit to Dunmore Cave is a must. "It's an unusual and somewhat unnerving tale," says archaeologist Neil Jackman. In the year 928, legend has it that a

rival faction of Vikings from Dublin descended upon the area to pillage and plunder. The raid supposedly turned into a total blood bath when invaders slaughtered more than 1,000 people huddled in the cave.

In the decades following, Viking dominance waned. In 980, the Irish King of Meath defeated the Viking King at the Battle of Tara. In 1014, High King of Ireland Brian Boru led his people to another victory over the Vikings. And the Norman invasion from England in 1169 officially concluded Ireland's Viking Age.

Led by Kilkenny Walking Tours, a guided amble of the walled city will acquaint you with the Norman Era.

You'll pass by Kilkenny Castle, a 12th-century architectural wonder. Though the sprawling stone structure was erected by the invading Normans, a Victorian renovation stripped away much of its medieval interior.

But you can go full medieval with lunch at Kyteler's Inn, est. 1324. A classic sausage-and-beer lunch hits the spot at midday. Return later for a whiskey nightcap and raucous tunes by local musicians.

Beer lovers should also pop by the Smithwick's Experience for a tour of the world-class facility and tastings of traditional Irish ales. It's the perfect establishment to raise a final toast to those invading rascals and mark the last stop on a tour of Ireland's Viking legacy. **CAA**

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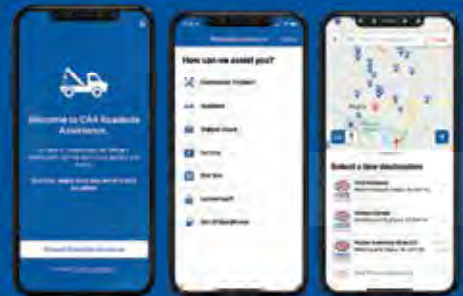
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*48 Hours* *in*

# NASHVILLE

A perfect weekend of honky-tonks,  
hot chicken and hip shopping in Music City

BY **KELLIE DAVENPORT**





Tootsie's welcomes live music seven days a week

Day One

**Nashville hot chicken** is the city on a plate. Originally concocted in the 1930s, the fried fowl is best served with a side of buttery southern greens. Though there are several tasty chicken joints around town, **Hattie B.'s** remains top among locals, as evidenced by its long queues. The wait is worth it when you bite into the crispy coating, which ranges from mild Southern to Shut the Cluck Up, a burn-your-mouth-off mixture of spices.

For drinks and a show, head to Broadway. The city's neon-soaked avenue is lined with rollicking **honky-tonks**. On any given night, bustling venues like Layla's Robert's Western World and Tootsie's Orchid Lounge host a live musicians, from up-and-coming singer-songwriters to surprise gigs by lyrical legends. More than mere bars, these establishments occupy a front-row seat in music history: Legend has it Willie Nelson scored his first songwriting job in the backroom at Tootsie's.



Hattie B.'s world-famous hot chicken





## Day Two

**Now known** as Music City, Nashville was widely referred to as the “Athens of the South.” The city was esteemed as a place of high culture and learning—more opera than Opry. While hosting 1867’s Tennessee Centennial Exposition, Nashville even erected a full-scale replica of the Greek **Parthenon**. Nestled in Centennial Park, the hall houses a 13-metre-tall recreation of Greece’s lost *Athena Parthenos* statue.

Since the 1920s, country music has defined Nashville and the city remains the epicentre of the genre. Learn about pioneers and superstars at the **Country Music Hall of Fame**. The interactive facility contains a vast collection of gold records, tributes to inductees and eclectic memorabilia, including a Cadillac owned by Elvis and Johnny Cash’s black suit. Before exiting



Posters for the “Man in Black”; iconic Instruments and costumes at the Country Music Hall of Fame (below)

the building, make a stop at **Hatch Show Print**, the 141-year-old letterpress responsible for printing some of music’s most iconic concert posters.

Considered the “mother church of country music” and the birthplace of bluegrass, the **Ryman Auditorium** was originally erected in 1892 and hosted the Grand Ole Opry from 1943 to 1974. Though the iconic show

relocated to the Gaylord Opryland Resort, the Ryman is still a must-see for any music lover. Every year, the venue serves as the winter home of the Opry and hosts other concerts year-round.

Refuel at **Acme Feed & Seed**, a casual eatery with three floors of cozy nooks, vintage games, a general store and down-home fun. Grab a drink on the rooftop bar to take in views of the honky-tonk strip and Cumberland River. Try the Mule Kicker, a surprisingly smooth lemon and moonshine slushy.

Though country is still king in Nashville, the city promotes all genres of music. Catch a lively performance by the Nashville Symphony at the **Schermerhorn Symphony Center**, an opulent concert hall just a stone’s throw from the Country Music Hall of Fame. The building and its unrivalled acoustics host other acts as well, from movie screenings to rock concerts. »



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Day Three

Start the day with a morning jaunt to nearby Lynchburg,

home of **Jack Daniel's Tennessee Whiskey**. The town, population 6,378, is the only place in the world that produces the legendary tippie. It's also, ironically, a dry community—meaning you can't purchase booze here. But to the delight of thirsty connoisseurs, the distillery's been granted an exception, so you can buy a souvenir bottle of the oaky liquor after a tour.

Back in Nashville, get your retail fix in **12 South**.



Clockwise from top: classical tunes at the Schermerhorn; local love and street art in 12 South; toasting with a Mule Kicker and other cool libations at Acme Feed & Seed



The trendy neighbourhood has become the de facto destination for indie fashions, vintage finds and locally made goods. Must-shops include: Draper James, the country-chic clothing emporium of actor Reese Witherspoon; Corner Music for guitars; and Imogene & Willie, maker of handcrafted jeans.

Cool down on the hot retail strip at **Las Paletas**, purveyor of truly gourmet popsicles in refreshing flavours like pineapple basil. Before your icy treat melts, walk down 12th Avenue for a photo op at the “I Believe in Nashville” mural. It’s a cool finish to a weekend in America’s coolest city. **CAA**

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# WEEKENDER

*Neighbourhoods | Local Fun | Things To Do*

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## BLUE SKY THINKING

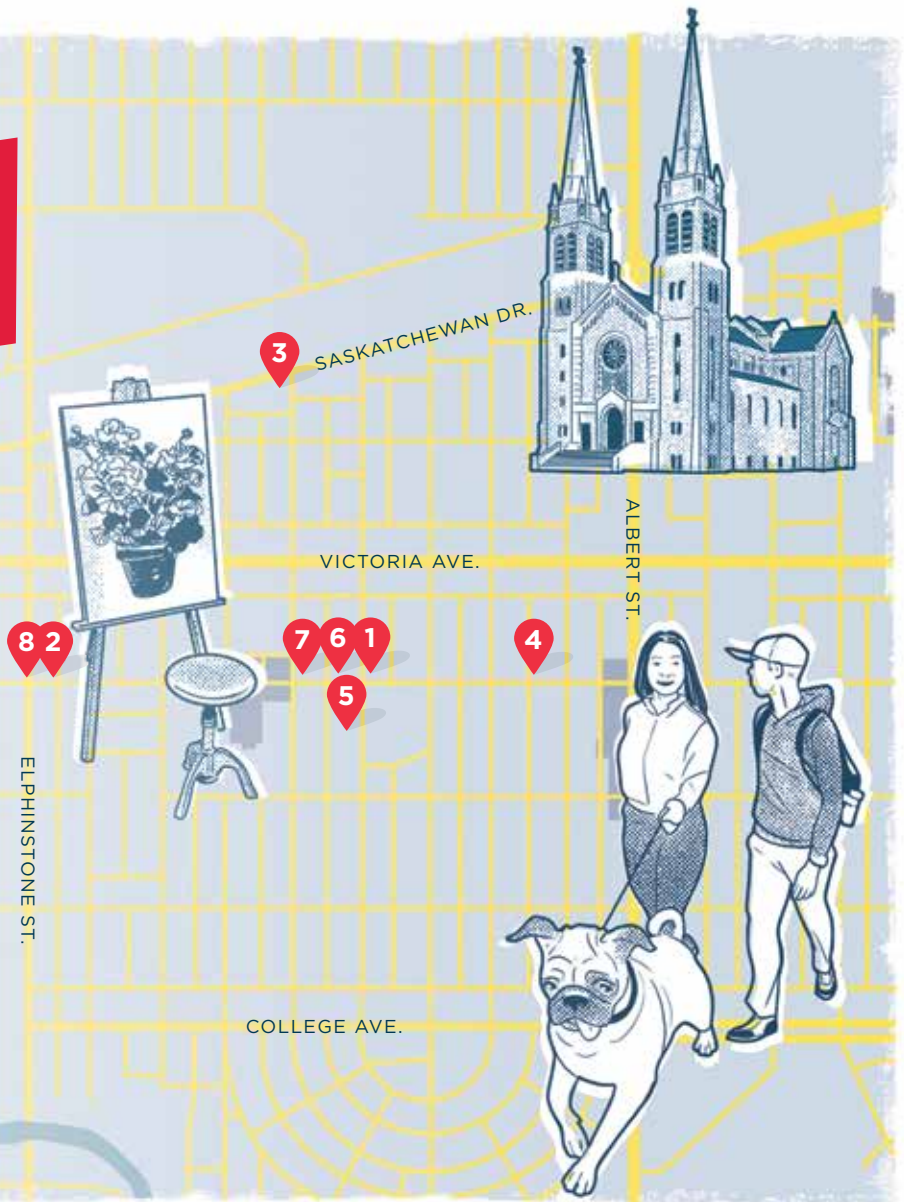
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WASCANA LAKE

# REGINA'S CATHEDRAL VILLAGE

BY ASHLYN GEORGE

**CATHEDRAL VILLAGE** is one of Regina's oldest neighbourhoods, named after the historic Holy Rosary Cathedral built in 1912. Charming character homes grace the area's residential streets, while bustling 13th Avenue plays host to some of the city's best cafés and top shops.



## OUT AND ABOUT

1

EAT



**Mercury Cafe & Grill** serves up hamburgers, fries and milkshakes in a retro diner atmosphere, complete with red booths and black-and-white checkered flooring. 2936 13th Ave.

2

SEE



The **Slate Fine Art Gallery** features contemporary art by both Saskatchewan and international painters and sculptors, including Victor Cicansky and the late great Joe Fafard. 3424 13th Ave.

3

DRINK



The Tap Room at **Pile O' Bones Brewing Company** is perfect for trying out new beers. On weekends, try a hearty brunch and the "build your own Caesar" option. 1808 Cameron St.

4

SHOP



At **Traditions Hand Craft Gallery** you'll find creations by 100 Saskatchewan artisans. Pick up handcrafted jewellery, a hand-thrown clay mug or new art for your home. 2718 13th Ave.

MAP: JASON SCHNEIDER



## BROADCAST NEWS

Regina local **Sheila Coles** is best known as the former host of CBC Radio Saskatchewan's *The Morning Edition*, but she's also a long-time Cathedral resident, always eager to share her favourite local haunts. Coles and her family moved into the neighbourhood over 30 years ago and live in a character home. "I've always been a sucker for antiques," she says with a smile.

### What makes the Cathedral area unique?

It's really like a small town within a city: It's self-contained but close to downtown too. When we moved here decades ago, we were looking for a place with a real neighbourhood feel. Cathedral had that then and it still does now. There's just such an

incredible community spirit here.

### Any favourite events in the neighbourhood?

The Cathedral Village Arts Festival is a week-long gathering from May 23-28 with events, performances and concerts at different venues. It culminates in a giant street fair on

the Saturday, where the whole street is closed to traffic, so artisans and craftspeople can sell their goods. The community really comes alive during that particular week."

### If you had to pick, what do you love most about your neighbourhood?

Our proximity to nature: If I walk three or four blocks south of my house, I'm on the banks of Wascana Creek, which I can follow for a significant distance. If I go left of my house, I can walk all the way to Albert Street and Wascana Lake. To be so close to nature is really rare when you live in the heart of a big city.

Street art at the Cathedral Village Arts Festival



## TREAT YOURSELF!

In the span of a few blocks, find coffee and dessert shops for a little indulgence



At **Sinfully Sweet Cathedral Bakery**, the name really says it all. The shop offers a bounty of baked goodies, including éclairs, apple-cinnamon buns and some of the city's best gourmet cupcakes.



**33 1/2 Coffee Roasters** roasts their own beans and offers a small selection of baked goods too. Be sure to pick up a bag of their coffee to go for at-home brewing.



You can't go wrong with **Dessart Sweets**, which is both an ice cream shop and a candy store. They even have a retro section for candy lovers of every generation.



**Happy Hi Coffee** specializes in artisanal baked goods like donuts and croissants in both sweet and savoury flavours. Wash it all down with some piping-hot gourmet coffee and tea too. **CAA**

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# SASKATCHEWAN AFTER DARK

“The Land of Living Skies” takes on a whole new meaning at night

BY ASHLYN GEORGE

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HUDSON BAY

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## LADY AURORA

“I’VE SEEN THE NORTHERN LIGHTS hundreds of times and they still take my breath away,” declares Jeanine Holowatuik, a night photographer based in the northeastern community of Hudson Bay. Holowatuik began

taking photos of the northern lights several years ago after being gifted a DSLR camera. Today, she’s passionate about sharing her night-sky views. “Many people experience nature in various ways during the day, but there’s something special about nighttime. The aurora are never the same—each time you see them, it’s such a unique experience.” Rural communities in Saskatchewan have an advantage when

it comes to seeing the night sky due to the lack of light pollution. The pulsing greens and reds of the aurora borealis can be seen throughout the year, but Holowatuik says spring is the ideal season because nights are still long, but temperatures start warming up. “Saskatchewan is called ‘the land of living skies’ for many reasons, but our view of the northern lights is the most remarkable.”



Eastend’s **Wilkinson Memorial Observatory** was built in 1949 by amateur astronomer Jack Wilkinson. A local blacksmith and machinist, Wilkinson crafted an eight-inch reflector telescope from scratch, hand-grinding the lenses and constructing custom mounts to track stars. (The one-of-a-kind telescope is now on display at the Eastend Historical Museum and Cultural Centre.) Today, visitors to the observatory can take guided tours of the nighttime sky, courtesy of a high-powered Celestron Ultima telescope.

ASHLYN GEORGE



## NIGHT OWLS

Enjoy these outdoor winter activities under the night skies

Cozy up by the campfire in Cypress Hills Inter-provincial Park, one of 13 **Dark Sky Preserves** in Canada. Listen as a park interpreter shares different cultural beliefs about the night skies.

Every year, Moose Mountain Provincial Park hosts annual **candlelight cross-country ski** events. Hundreds of glowing paper bag lanterns line the 3-km route (Feb. 18).

Old Man on His Back is the province's only **nocturnal preserve**. Home to plains bison, the park's 5,297 hectares offer light pollution-free views of the night skies.

## THE DARK SIDE

When the sun goes down, the fun comes out!



Mars Mini Golf offers a unique **3D glow-in-the-dark** underwater pirate adventure mini putt course. Fluorescent graphics cover walls and obstacles to make for a truly out-of-this-world experience.



Moose Jaw Trolley's **Ghost and True Crime Tour** delves into the darker side of the city's history. The one-hour experience reveals stories of the city's supernatural past and most notorious residents.



Once a month, the Saskatchewan Science Centre hosts the **After Dark Film Series**. The 19-and-up events showcase feature-length, fan-favourite films, plus a cash bar for adult-only tipples. **CAA**

## STAR LIGHT, STAR BRIGHT

A guide to deciphering the night sky



### ORION: THE HUNTER

Usually the easiest constellation to spot, begin by locating the three bright stars that form the hunter's belt.



### GEMINI: THE TWINS

Look for the twins above and to the side of Orion's outstretched arm. Orion, Taurus and Gemini are brightest from December to May.



### ARIES: THE RAM

One of 13 constellations that make up the zodiac, Aries comprises just four (sometimes five) visible stars that form the ram's head and back.



### TAURUS: THE BULL

After locating Orion, look above to find Taurus. Start by finding Aldebaran, a large orange-red star that forms part of the bull's V-shaped face.



### CANIS MAJOR: THE GREATER DOG

Containing Sirius—the brightest star in the night sky—the canine is said to be one of Orion's hunting dogs, trailing behind him in hot pursuit of Taurus or the hare, Lepus.



1

**REACH**

Move right hand across your chest toward the door handle.

2

**TURN**

Your shoulders and neck will naturally swivel to the left.

3

**LOOK**

Check mirrors and look over your shoulder for oncoming bikes.

4

**OPEN**

When the coast is clear, slowly open your door and exit the vehicle.

HOW TO

# THE DUTCH REACH

A no-tech method to prevent dooring injuries

**DODGING DOORS IS** a daily hazard for Canadian cyclists. Every year, about 7,500 cyclists are seriously injured in collisions with motor vehicles—with as many as one in five accidents involving car doors. But there is a no-tech way to prevent injury. Common practice in the Netherlands, the “Dutch reach” is a very simple manoeuvre whereby drivers open a parked vehicle door using their right hand, forcing them to look left for approaching bikes. CAA and other safety advocates in Saskatchewan increasingly “preach the reach” as an effective way to prevent dooring injuries. Learn more about bike safety and sharing the road at [caask.ca/bikesafety](http://caask.ca/bikesafety).

## IN GOOD HANDS

Hand signals are the cyclist's version of brake lights and turn indicators. Brush up on the basics.



LEFT TURN



RIGHT TURN

OR



STOP



MOVE WITHIN BIKE LANE

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