

CAA

SASKATCHEWAN MAGAZINE

 FALL 2021

TIME TO
EXPLORE

Hello World!

PRAIRIE FERRIES

DISNEY FOR GROWNUPS

BEST BOOKS FOR FALL

COST OF POOR ROADS

2021

MOST TRUSTED BRAND IN CANADA
MARQUE DE CONFIANCE AU CANADA

GUSTAVSON SCHOOL OF BUSINESS
UNIVERSITY OF VICTORIA

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Dental Care



Dietitian



Vision Care



Mental Health Therapy



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Physiotherapy



Massage



Homecare & Nursing

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¹ Statcan Household Health Expenditure, 2015-2019, issued 2021.

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* Policy must be effective on or before October 1, 2021. Conditions, limitations and exclusions apply. Available to Canadian residents only. Please see policy for details.

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From North Dakota to our Canadian friends, we've missed you. We can't wait to welcome you back soon to our wide-open outdoor spaces and to serve you with warm hospitality in our cities with shopping, dining, events and entertainment. Visit us online to plan your future holiday.

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NORTH Dakota

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Notice of Annual Meeting of Members October 29, 2021

Notice is hereby given the annual meeting of Members of CAA Saskatchewan is scheduled to be held at The Hotel Saskatchewan, Autograph Collection in Regina at 1 p.m. on October 29, 2021. Due to possible pandemic and distancing requirements, it may be held as a conference call or virtual meeting. If you plan to attend, please call CAA at 306.751.9518, ext. 5, after October 12th to confirm the location. The purpose of the meeting is as follows:

1. To consider and approve financial statements of the Club for the fiscal year ended July 31, 2021, and the Auditor's Report thereon.
2. To elect Directors.
3. To appoint Auditors and authorize the Directors to fix the Auditor's remuneration.
4. To transact such further and other business as may properly come before the meeting or any adjournment thereof.

Members who are unable to attend the meeting in person are encouraged to sign the instrument of proxy following this notice and return same to the **Returning Officer, CAA Saskatchewan, 200 Albert Street North, Regina, SK S4R 5E2**. Proxies must be returned no later than the close of business on October 27, 2021, in order that your votes as given may be recorded.

—By Order of the Board

INSTRUMENT APPOINTING PROXY

2021 Annual Meeting of Members Solicited by Management

The undersigned, a Member of CAA Saskatchewan, appoints Pat Friesen, Chair of the Board of CAA Saskatchewan, or failing her, Brian Barber, Vice-Chair of the Board of CAA Saskatchewan, or failing him, a Director of CAA Saskatchewan designated by the Board of Directors, or in lieu of the foregoing: as nominee of the undersigned to attend and act at the Annual and General Meeting of Members of CAA Saskatchewan to be held on the 29th day of October 2021 at The Hotel Saskatchewan, Autograph Collection in Regina at the hour of 1 p.m. and at any adjournment thereof, in the same manner, to the same extent and with the same powers as if the undersigned were present in person at the said meeting or such adjournment thereof. The Notice of Meeting appears in *CAA Saskatchewan Magazine*.

DATE (DD/MM/YY):

MEMBERSHIP NO:

SIGNATURE OF MEMBER:

PLEASE PRINT NAME:

FIVE GREAT LAKES ONE GRAND ADVENTURE



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THE GREAT LAKES

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CAA

CAA SASKATCHEWAN MAGAZINE

FALL 2021
Volume 47, Number 3

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TRAVEL WITH SOMEONE YOU TRUST

Dust off the suitcase and let CAA help plan your next dream vacation

THIS PAST MAY, I WAS THRILLED when I learned CAA had been named the most trusted brand in Canada—for the second year in a row—in the annual *Gustavson Brand Trust Index*. For five years running, CAA has been rated one of Canada's top two most trusted brands in the index. The organization has also held the top spot in insurance for four consecutive years. And this year, CAA finished first in two sub-categories of the index: communication and treatment of customers.

That's very good news indeed, knowing that CAA Members, clients and customers come first for insurance, travel, automotive and roadside assistance service.

Speaking of travel, we know 2021 hasn't been a good year for going places. (For that matter, neither was 2020!) But 2022 looks more promising to check off a few bucket-list destinations. Like you, I'm very anxious to be able to travel safely. That's why I contacted Melinda, my local travel consultant at the CAA Swift Current Store.

Melinda and the travel team have the professional experience to help determine what's best for my family, answer my many questions and recommend everything from hotel accommodations to flights to travel insurance. Melinda asked me for a list of destinations and places to explore in 2022 and said to leave the rest with her.

I trust CAA travel consultants' expertise, knowledge and great Member/customer service—all of which gives me total peace of mind. Based on

Melinda's trusted travel findings, the only decision I have to make is when and where to travel.

I'm sure travel plans are on your mind too. That's why I recommend visiting your local CAA Store to talk with a trusted travel consultant. If you aren't comfortable meeting in person, they're also available via phone or email.

To help inspire and inform your future travels, we've packed this issue with helpful advice. Brush up on travel insurance lingo (p. 23); get advice from CAA Travel consultant Marg Leitch about trip cancellation, travel credits and more (p. 22); and plan a Disney World vacation with our grownup guide to the park (p. 31).

In closing, I must confess I am saddened that my term as Chair of the CAA Saskatchewan Board of Directors is winding down. As I reflect on the past two years, I would like to thank my fellow board members, the executive team, and all the employees of CAA Saskatchewan for their dedication to always keeping our Members' interests and safety top of mind. And to our valued Members, customers and clients: Thank you for your continued trust and support of CAA!

Take care. Stay safe.

Pat Friesen
Chair, CAA Saskatchewan
Board of Directors



IN MEMORIAM

Terry MacDonald, vice-president of CAA Insurance Services, passed away in April. Terry came to CAA in 1993 and founded our General Insurance Agency, while also managing underwriting operations by AssurePro Insurance Company Limited. Under her professional expertise and dedicated service, the agency grew to six successful locations. Her participation in national and industry committees was also well recognized. As a friend and valued member of the CAA Saskatchewan executive, Terry is greatly missed. Our sincere condolences and sympathy to her husband Gord, son Liam, and the rest of her beloved family.



HOME AND AUTO INSURANCE



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Bundle your CAA Home¹ and PlatesPLUS² Auto Insurance to receive exclusive benefits:

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- 1. 10% savings on your Home Insurance.
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¹Property Insurance is underwritten by CAA Insurance Company. ²CAA Auto Insurance (PlatesPLUS) is underwritten by AssurePro Insurance Company Limited. Available when you purchase CAA Home and PlatesPLUS Auto Insurance. *Applies to CAA Members in good standing with dues paid in full by membership expiry date. 10% savings applies to the total premium excluding applicable taxes. Minimum premium applies.

DID YOU KNOW?

CAA membership goes with you, not your car—so you get roadside assistance when you're a passenger or driving a rental. Discover more hidden features of membership

CAASK.CA/MEMBERSHIP

CAA INSIDER

Club News | Member Perks | Family Fun



YOU CAN COUNT ON US

CANADA'S MOST TRUSTED BRAND

IN MAY 2021, CAA WAS NAMED the most trusted brand in Canada for the second year in a row in the annual *Gustavson Brand Trust Index*. Conducted by the Peter B. Gustavson School of Business at the University of Victoria, the seventh annual brand index asked more than 9,000 consumers to score 391 prominent companies and brands, across 33 industry sectors, on a range of brand-value measures. CAA has been rated one of Canada's top two most trusted brands in the index for five years running. Additionally, CAA has been in

the top spot in insurance four consecutive years. This year, CAA also finished first in two sub-categories of the index: honest communication and good treatment of its customers. CAA's suite of services includes comprehensive insurance offerings, travel services, roadside assistance, and the popular CAA Rewards program. For over a century CAA has also acted as, and will continue to act as, a voice for the travelling public on issues that range from road safety to consumer protection.



CAA SCHOLARSHIPS

HEAD OF THE CLASS

Every year, CAA Saskatchewan awards scholarships to students entering the University of Saskatchewan, University of Regina or Saskatchewan Polytechnic. At the universities, \$2,500 scholarships are awarded to Saskatchewan residents who are CAA Members or children of a Member. For students entering Saskatchewan Polytechnic, there is a total of \$3,750 in scholarships open to both Members and non-members. Awards include \$1,250 for the Automotive Service Technician (AST) program at the Saskatoon and Moose Jaw campuses, and \$1,250 for the Auto Body Technician Certificate Program at the Regina campus. “The scholarship will go a long way to easing the financial strain of post-secondary schooling,” says Zach, an AST student in Saskatoon. Learn more about the program at caask.ca/about-caa/caa-scholarship-program.

SCHOOL ZONE SAFETY

LEARNING CURVE

School zones are becoming more dangerous. Recent research conducted by CAA revealed 92% of parents noticed one or more bad driving behaviours in 2019, compared to 86% in 2017. Nearly a quarter of drivers reported witnessing a near miss or collision in a school zone—more than half of which involved a child.

To help track risky behaviours of drivers,

students and cyclists, CAA produced a School Zone Assessment Tool. School or community staff can identify and record risky behaviours in the web-based tool, which is supported by CAA Saskatchewan’s school zone safety assessment coordinator. The assessments are conducted before and after school, during a regular school day. Collected data can be shared with school staff and community leaders to help improve safety in particular school zones.

CAA School Zone Safety Assessments

have been conducted in Regina (June 2021, March 2019, October 2018), Balcarres (March 2021) and Melfort (March 2020). Risky behaviours exhibited by motorists included speeding, distracted driving, failing to stop at a stop sign, parking in no-stopping zones and unsafe drop-off/pick-up of students. Pedestrian infractions included jaywalking, failing to look both ways before crossing, and crossing between parked cars. Visit caask.ca/schoolzonesafety to learn more or request an assessment.



ROAD SAFETY

TOW THE LINE

May 11 was CAA Slow Down Move Over Day, a national day of recognition for highway first responders, including tow truck operators, police officers, paramedics, fire department crews, construction workers and highway patrol staff. To remind drivers to slow to 60 km/h for all first responders working at the roadside, CAA Saskatchewan produced a

social media campaign featuring Saskatchewan safety partners, including RCMP “F” Division Traffic Services, Roadside Responders Association, Paramedic Services Chiefs of Saskatchewan, White City Fire Department and CAA Saskatchewan Roadside Assistance. Watch it at caask.ca/slowdown-moveover. “By simply slowing down and moving over, motorists can provide a safe environment for those working on our highways,” says Pat Friesen, Chair, CAA Saskatchewan Board of Directors.



CAA SAVINGS

TOP 3 WAYS TO SAVE

Your CAA membership comes in handy when you have a flat tire or need a tow. But do you know membership can also save you a few bucks on everyday purchases and services? Here are three of our best deals this fall season. And you can take advantage of more deals, discounts and special offers at your favourite retailers, stores, restaurants, hotels, entertainment complexes and many other Rewards partners. To learn more about how your membership can pay for itself, visit caask.ca/membership-for-free.

1

In the market for new prescription eyeglasses? Pop into **Loblaw Optical** and try on some new frames: Members save 30% on the regular price.

2

If you recently bought a new house or condo, save 10% on your home insurance premium with coverage through **CAA Home Insurance**.

3

And to move into that new home, earn \$100 in CAA Dollars when you use **Jay’s Transportation Group** for your local moves.



VIRTUAL TRAVEL

DIGITAL GLOBETROTTING

WestWorld Tours (WWT) hosted a series of online seminars for current and prospective travellers. WWT presenters, including Koral Carpentier Hrominchuk, Dean Smith, Cindy Erixon and Leanne Haus, led Zoom and Facebook sessions focused on destinations and

tours coming up in late-2021 and beyond. Learn more about these tours and others at westworldtours.com.

AFRICA

Guest speaker Glenn McKeag guided participants through an amazing itinerary of safari tours.

ICELAND

Icelandic guide Kari Gunnlaugsson joined Koral and Dean to share some highlights of this bucket-list destination.

IRELAND BY WOMEN XPLORERS

Local Irish guide Brian Nolan joined Cindy for a walk through this Irish adventure.

MARITIMES

Having led this tour over a dozen times, Koral shared insider info about Canada’s Atlantic Coast.

KEVIN AND MARIELLE JUST RETIRED...

It's funny because they're not the "retiring type"... She likes to run, cycle and axe-throw... Kevin wants to start his own boat rental business at 65... He got the idea from his friend and fishing buddy, Anwar...

ANWAR IS MARRIED TO SHIREEN WHO HATES

THE IDEA OF RETIRING... She loves her job at a home renovation company... Kevin, Marielle, Anwar and Shireen all want to leave something for their kids... They all want to help send their grandkids to university...

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SOMETHING CONCRETE

A new CAA study outlines the real cost of poor roads for Canadian drivers

BY CARLY PETERS

WITH 250,000 KILOMETRES of roads, Saskatchewan has the most road surface of any province in the country. But when these well-used roadways are left to deteriorate, drivers pay the price.

New research conducted by CAA found Canadians pay \$3 billion every year in higher vehicle operating costs as a result of poor road infrastructure. For Saskatchewanians, that translates to nearly \$100 per vehicle annually.

Every dollar counts

CAA's study, the first of its kind in Canada, shows the direct cost to vehicle owners rather than focusing on government allocations to repair crumbling roads. The dollar amount includes

more vehicle repairs, higher maintenance fees and other operating expenses—costs that add up to \$97 a year in Saskatchewan or nearly \$1,000 over the average 10-year lifespan of a car.

By analyzing everything from highways to arterial roads, the report found close to half (43%) of Canadian roads are rated as below average. In Saskatchewan, 42% of roadways are considered very poor, poor or fair.

Several factors contribute to road deterioration: age, weather conditions, heavy traffic and lack of maintenance. In cold climates like Saskatchewan, the freeze-thaw cycle plays a big role in creating potholes. When temperatures dip below freezing, rain and snow in surface cracks can freeze

and expand, causing the pavement to heave upward.

When it warms up, the ground underneath returns to its normal level—leaving a hole, which breaks apart as vehicles drive over the fractured pavement.

The road ahead

Drivers who use poor or very poor roads daily suffer the most. They can incur an additional \$25 in added costs annually from a daily commute on a single one-kilometre stretch of road in poor or very poor condition.

By identifying the cost of poor roads, CAA hopes to encourage more government investment in smart infrastructure. Prioritizing heavily used roads can save drivers a lot of money, while also cutting government expenses. It costs less to maintain a road than build a new one from scratch. And the road map for such investment needn't be complicated.

Governments should start by spending more on pavement preservation and preventative road maintenance. Responsiveness can also help ensure potholes are fixed as quickly as possible. And comprehensive asset management plans will help outline existing road conditions, evaluate strategies and develop implementation targets.

Spending one dollar on pavement preservation today eliminates or delays spending \$6 to \$10 dollars on costly rehabilitation or reconstruction in the future.

While new road construction typically generates bigger headlines, proper maintenance saves us all a lot of money. **CAA**

CAA'S WORST ROADS

Saskatchewan road users—motorists, cyclists, pedestrians and motorcyclists—voted on the worst roads they'd recently travelled on. From potholes to crumbling pavement, here are the province's top 10 worst roads

- 1
Saskatchewan 4
DORINTOSH
- 2
8th Avenue North
REGINA
- 3
Saskatchewan 9
HUDSON BAY
- 4
52nd Street East
SASKATOON
- 5
Saskatchewan 340
HAFFORD
- 6
Grant Drive
REGINA
- 7
Saskatchewan 33
REGINA
- 8
Highway 13
SHAUNAVON
- 9
20th Street West
SASKATOON
- 10
Saskatchewan 35
WEYBURN
- Saskatchewan 3**
HUDSON BAY
- Saskatchewan 9**
CANORA
(Three-way tie)

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10%***

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TRAVEL
AUTOMOTIVE
REWARDS**

¹ Terms and conditions apply. \$5 million CAD emergency medical coverage, is dependent on having received all Health Canada approved COVID-19 vaccines, at least 14 days prior to departure. Please see the COVID-19 Endorsement for details.

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*Applies to CAA Members in good standing with dues paid in full by membership expiry date. 10% savings applies to the total premium excluding applicable taxes. Minimum premium applies. Excludes Visitors to Canada Insurance.

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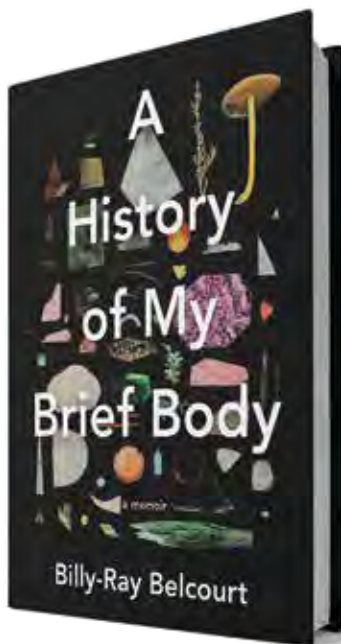
THE GUIDE

Rewards | Travel | Auto | Lifestyle



TRUE
tales

The best non-fiction books to give you the fall feels—and they're all penned by Western Canadian writers



A HISTORY OF MY BRIEF BODY

Billy-Ray Belcourt
Penguin Canada

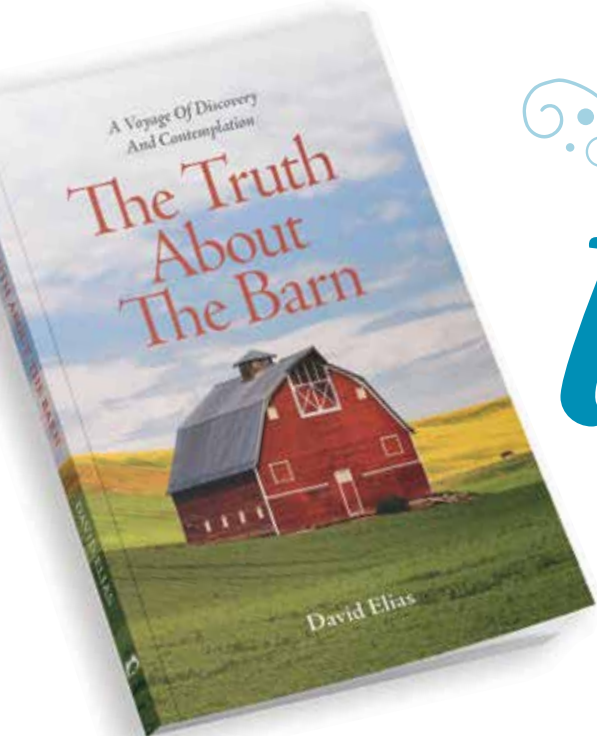
The youngest-ever winner of the Griffin Poetry Prize and first Rhodes scholar from a Canadian First Nation, Belcourt has accomplished more than writers twice his age. In his latest work, he deftly cobbles together childhood stories into a lyrical memoir filled with both joy and sorrow. Growing up on northern Alberta's Driftpile Cree Nation, Belcourt shines a light on the emotional scars of intergenerational trauma—and the love that grows in spite of it.



ONE LOAF AT A TIME

CJ Katz
Consignment

Like many of us, CJ Katz took solace in baking during the pandemic. When Covid shuttered stores and restaurants, the Regina-based chef, award-winning author and TV personality made countless loaves of bread. In her latest cookbook, the first in a two-volume anthology, Katz compiled nearly 100 tried-and-true recipes by home chefs from Saskatchewan and across Canada. Like food for the soul, personal anecdotes and heartwarming stories from the bakers are included throughout the book.



THE TRUTH ABOUT THE BARN

David Elias
Great Plains Publications

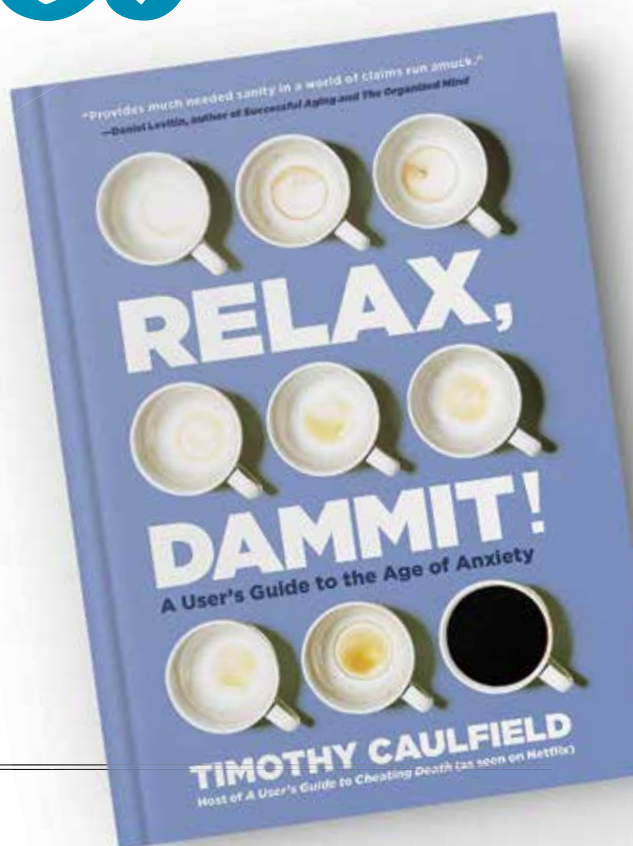
Drive across the Prairies and you'll see countless barns. But how much do you really know about these humble structures? Winnipegger Elias digs deep into their history, architecture and purpose to prove there's more to barns than wood and nails. With biting wit and a little romanticism, he examines the barn's place in culture, community, religion, art and literature. You'll never look at a barn the same again!

TRUE
tales

RELAX, DAMMIT!
A USER'S GUIDE TO THE AGE OF ANXIETY

Timothy Caulfield
Penguin Canada

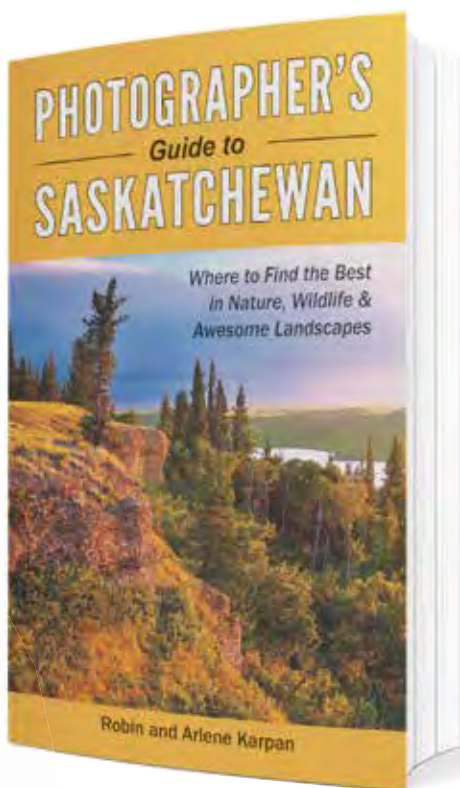
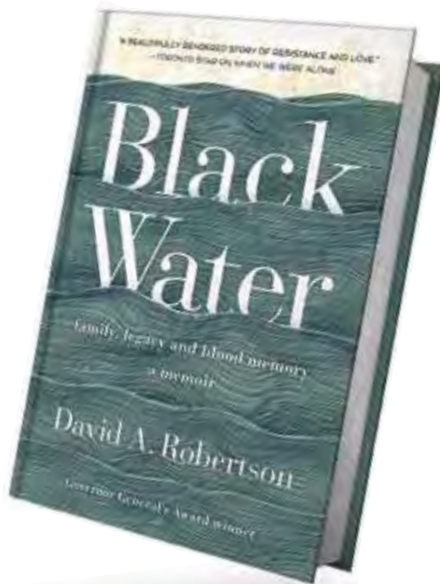
In this entertaining and practical guidebook, the University of Alberta professor explores the science behind daily tasks—and how to manage the stress they often bring. As a health policy expert, Caulfield demonstrates simple, effective ways to become more relaxed and at ease to help improve your daily routine. It's the perfect companion for navigating a post-pandemic world.



BLACK WATER:
FAMILY, LEGACY, AND BLOOD MEMORY

David A. Robertson
HarperCollins

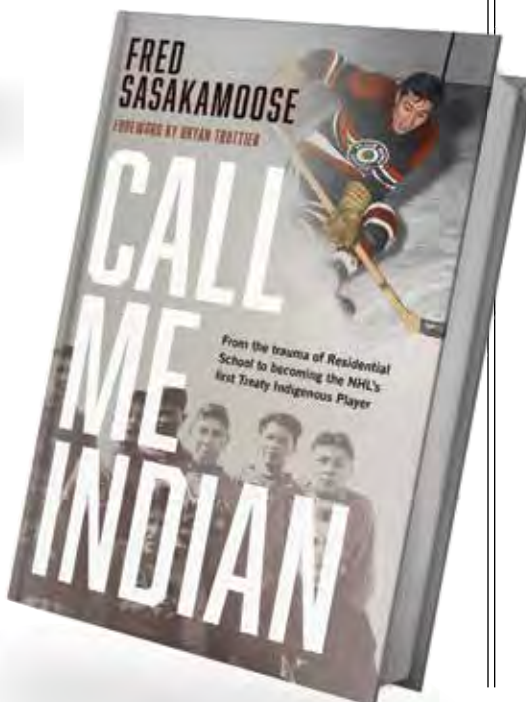
A 2021 Manitoba Book Award winner, this touching memoir proves you *can* go home again. The son of a Norway House Cree father and non-Indigenous mother, Robertson always felt disconnected from his heritage. To rediscover with his roots, he travels with his dad to a northern trapline. During the father-son journey, Robertson starts to absorb “blood memory”—the fabric of his ancestors—into his own DNA. Based in Winnipeg, Robertson has published more than 25 books, from graphic novels to YA fiction.



PHOTOGRAPHER'S GUIDE TO SASKATCHEWAN

Robin and Arlene Karpan
Parkland Publishing

Photographers, writers and nature enthusiasts Robin and Arlene Karpan help you find and shoot the most scenic spots in the province. This helpful guidebook—complete with maps and GPS coordinates—unveils Saskatchewan's native prairie, breathtaking badlands, majestic wildlife and legendary northern waterways. With inventive tips and techniques, the book is a useful tool for both pros and novices alike.



CALL ME INDIAN
Fred Sasakamoose
Penguin Canada

Fred Sasakamoose wore many hats during his 86-year life: residential school survivor, hall of fame NHLer, band chief, father and son. Born Ayahkokopawiyiyin in what is now central Saskatchewan's Ahtahkakoop Cree Nation, Sasakamoose was the first Indigenous player in the NHL (he played in the league before First Nations people could even vote in Canada). In this posthumous memoir, published months after his 2020 passing, “Fast Freddy” reflects on the highs and lows of his childhood, hockey career and off-ice passions.

THE WRITE STUFF

Start your memoir with a few journaling basics. Shop on the CAA Rewards eStore to earn CAA Dollars. Visit caask.ca/estore and enter your membership number to get started.



Compile family recipes and tasty tidbits
Indigo: Earn up to 5% in CAA Dollars



Warm up with organic Cream of Earl Grey
DaidsTea: Earn 5% in CAA Dollars



A keyboard can never replace an elegant pen
Staples: Earn 3% in CAA Dollars



A sweet muffin-scented candle helps the words flow
Linen Chest: Earn 5% in CAA Dollars



Jot down daily musings in a journal
Indigo: Earn up to 5% in CAA Dollars



THE WHEEL DEAL

Considering the pros and cons of powertrains to find your perfect match

BY MARK RICHARDSON

YOUR VEHICLE HAS four wheels, but how many do you actually need—or want—to be powered by the engine? All of them or just a couple? And if it's just a couple, should they be the wheels at the front or the back?

If you're in the market for a new vehicle, navigating powertrains can be tricky. There are four different options for how your car or truck can drive its wheels—and each has its pros and cons. Carefully consider your needs and brush up on some powertrain terminology before making your decision.

Front-wheel drive (FWD)

This is usually the easiest and least expensive powertrain for any vehicle. The engine is at the front, so there's no need for a long and heavy driveshaft that runs

under the vehicle to the rear axle. The system is simpler and its lighter weight helps improve fuel economy. The weight of the engine over the front axle gives good traction to the driving wheels too.

Rear-wheel drive (RWD)

When the rear wheels do the pushing, the front wheels can apply all their available friction to help you steer. This means a RWD car is normally more responsive and agile (and more fun to drive) than a FWD car.

A rear-wheel drive vehicle is also better at hauling heavy loads than its front-wheel drive counterpart, since pushing from the rear is more effective than pulling with the front. The heavier weight at the back means there's more traction for towing as well.

All-wheel drive (AWD)

You get the best of all driving worlds when all four tires share the demand for acceleration, especially when a torque converter can send the engine's power to one side of the axle or the other. There's better traction on snowy or wet roads, and performance cars can distribute their power more directly to whichever wheels can make the best use of it.

However, all-wheel drive systems are heavier and more complicated, which can affect fuel consumption and maintenance costs. And while many drivers think they can brake better, all-wheel drive does little to help slow down your vehicle in slippery conditions.

To save fuel, most AWD vehicles drive power only to the front or rear wheels under normal conditions. When the road gets slippery or if you need quicker acceleration, the extra traction of the second pair of wheels is activated automatically, and instantly, to whatever strength is optimal. The majority of systems can send up to half their power to the second axle, while some can also send power to just one wheel, if needed, in a really slippery situation.

Four-wheel drive (4WD)

The term "four-wheel drive" is becoming less common today. Now it usually refers to off-road vehicles with transfer cases that can switch the gears between high and low settings (like Jeeps and Land Rovers). It used to be a vehicle that always powered all four of its wheels would be considered 4WD, but these days, some AWD vehicles will always send at least 10 percent of their driving power to the second axle—to be ready when it might be needed on an unexpectedly slippery road.

If you're still not sure which powertrain is right for you, talk to the experts at CAA Car Care Centre at Regina Battery Depot or a CAA Approved Auto Repair Service (AARS) partner: caask.ca/automotive. CAA

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A RIVER RUNS THROUGH IT

Cutting through Cambodia, Vietnam and other countries, the mighty Mekong has cultivated ancient cultures, rich culinary traditions and natural wonders

BY KELLIE DAVENPORT



1

GET IN THE GROOVE

In Cambodia, take in an apsara dance performance. The Indigenous dance, dating to the 8th century, is an essential part of Khmer culture—area temples are dotted with ancient carvings of apsara dancers. The ballet-like choreography of today’s version of the dance was developed under the patronage of Queen Sisowath Kossamak, Cambodia’s monarch from 1960 to 1970. Each performance is a feast for the eyes, with dancers adorned in towering gilded headdresses and ornately embroidered costumes.

2

SEE THE SUNRISE

Built in the 12th century, the temple of Angkor Wat is considered one of the world’s great cultural wonders. In Cambodia’s northern Siem Reap province, the temple sits on 160 hectares that for centuries formed the centre of the Khmer Kingdom. Today it’s one of the most important archeological sites in Southeast Asia. The vast



complex houses hundreds of buildings—including 292 temples—and attracts millions of visitors annually.

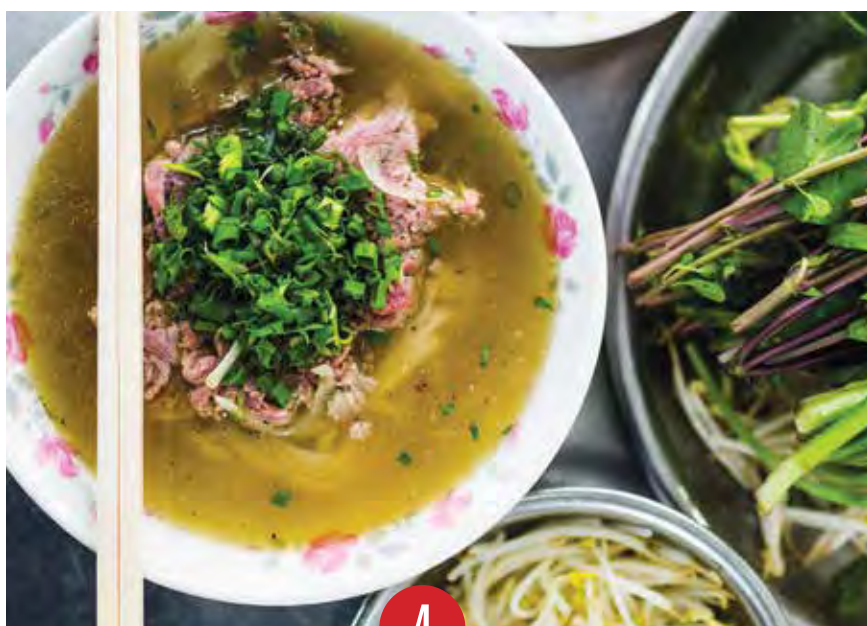
To beat the crowds, arrive by 5 a.m. and watch as the rising sun slowly illuminates the majestic site.

1: BJORN SVENSSON/ALAMY; 2: JAYME BURROWS/STOCKSY; 3: HEIMO AGA; 4: MINT IMAGES/GETTY; 5: ELIZABETH BEARD/GETTY

3

TRY TAI CHI

Stroll along the Phnom Penh riverside before dawn and you'll spot silent groups performing stoic tai chi routines. Residents of the Cambodian capital embrace this age-old martial art—revered for both its defence training and health benefits. Originally developed in China as a means of self-defence, tai chi has evolved into a graceful form of exercise that facilitates flexibility, balance, muscle strength, meditation and stress reduction. Sign up for a class at one of the city's many tai chi workshops and retreats.



4

SAVOUR SOME STREET FOOD

The winding lanes between Hanoi's Hang Da and Dong Xuan markets are home to some of the best street food in the world. Rows of family-run kitchens prepare steaming pots of pho, traditional Vietnamese noodle soup. Every vendor serves up a unique mix of ingredients, so try to sample a few.

Street-side canteens satisfy parched passers-by with a cold pint of *bia hoi* (translated "fresh beer") or strong, frothy Vietnamese coffee. Cap off your culinary stroll with a visit to Dong Xuan, Hanoi's largest covered market. Its stalls are packed with everything from fresh seafood to flowers to fabric.

5

GO CAVING

Stunning Ha Long Bay tops every Vietnam visitor's bucket list. But cruise the farther reaches of the waterway to the less-frequented Bai Tu Long Bay and you'll be mightily rewarded. The calm waters are a dream for kayakers and swimmers alike. Stretch your legs on dry land at Co Cave, a pretty grotto high up on a limestone island. Hike to the middle of the mountain-like island for some stalactite and stalagmite spotting. **CAA**

**PLAN NOW
GO LATER**

Explore the Mekong on the 19-day Explore Vietnam & Cambodia tour in November 2022. Dates to be announced soon. Learn more at westworldtours.com or call 1-800-564-6222 (press 4)

WestWorldTours



GLOBETROTTING 2.0

CAA Travel consultant Marg Leitch answers your pressing questions about travel's new normal

BY KELLIE DAVENPORT

WITH 40 YEARS in the travel business, Marg Leitch has seen it all—though a global pandemic was a first. “We’ve dealt with viruses before, but never on this level,” says the CAA Travel consultant. Working out of the CAA Store in Swift Current, Leitch now has a renewed sense of optimism—thanks to widespread vaccination efforts and new industry protocols. We asked her to field some queries about the state of travel today and what the future holds.

I’ve been fully vaccinated. Can I travel?

Yes, but there are factors to consider before boarding. Rules at home and abroad are constantly changing, so check current protocols in Canada and your destination *before* booking a trip. Most countries require



MARG LEITCH

Senior travel consultant, Swift Current

“*Nobody wants to feel like they’re in it alone when things go wrong. If something happens during your trip, we are here for you*”

proof of vaccination and/or a negative Covid test at the destination airport. You may also have to quarantine. Canadians returning home still need proof of a negative Covid test taken within 72 hours of arrival.

I have a voucher for a vacation cancelled due to Covid. How do I rebook?

CAA can help! Call or stop by your local CAA Store and we can review your options. Bookings are increasing and space is already limited for some destinations. Even if you didn’t book through CAA, we can re-book your vacation and help redeem your future-travel credits.

What should I expect when I fly again?

Masks will likely be required—both at the airport and aboard

planes. You can also expect increased cleaning and sanitation, enhanced health screening and physical distancing. Flight delays and changes are very possible, so flexibility is key.

I’d love to take a cruise next year. Are cruise lines accepting reservations?

Absolutely! We’ve seen a real uptick in cruise bookings for 2022 sailings. Ocean cruising is still in demand, but there’s been a real surge in European river cruising. Keep in mind that cruising post-pandemic will be different. Passengers may experience health screenings, questionnaires and touchless purchases. Ships have enhanced sanitation and ventilation systems, and guests will see limited capacity on shore excursions.

Do I really need travel insurance?

Insurance has always been important; now it’s more vital than ever. With CAA Travel Insurance during a level-3 Covid travel advisory (where we are now), travellers are eligible for up to \$2.5 million in coverage—provided they’ve received at least one vaccine dose at least 14 days prior to departure.

I was travelling when the pandemic first broke out. What happens if I get stuck again?

First, call CAA Travel. We’ve been helping passengers affected by the pandemic for well over a year now. We helped hundreds of Saskatchewanians get home when Canada closed its borders. Nobody wants to feel like they’re in it alone when things go wrong. If something happens during your trip—from a missed flight to a worldwide pandemic—we are here for you. Visit caask.ca or call **1-800-564-6222** to speak to a travel consultant near you. **CAA**

COVER UP!

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TRAVEL INSURANCE LINGO

Learn the language so you can purchase the most comprehensive coverage for your trip

BY KAREN KWAN



“A TRIP IS A BIG INVESTMENT, so you want to be protected—especially in this day and age,” says Lori Madsen director of insurance services at CAA Saskatchewan. When purchasing travel insurance, take your time to thoroughly review the policy. “Look at all the facts and figures to make sure the coverage suits you, and be sure you understand all the lingo used in the policy.” Here’s what you need to know to buy the best policy for your needs.

PRE-EXISTING CONDITION

A condition for which you’ve experienced symptoms, received medical advice, treatment, been diagnosed or investigated, or have been prescribed or changed medication before the start of your travel health insurance. Many people assume a pre-existing condition disqualifies them from purchasing travel insurance, but a rider can sometimes make it possible to get insurance.

STABILITY

To qualify for a standard insurance policy, a pre-existing condition must be stable—meaning prescriptions have remained the same or you haven’t started/stopped treatment for a set period before the trip (typically 7, 90 or 180 days). For example, if your doctor changed the dosage of your blood pressure medication a few days before departure, your condition would be deemed not stable.

RIDER

An add-on that provides extra coverage not included in a standard insurance policy. If you have a pre-existing condition, for instance, you can purchase a rider for coverage that may reduce your stability period (e.g. from 90 days to 7). Other riders include adventurous air activities (for parasailing or hot air balloon rides) and professional sports and speed contests.

EXCLUSIONS

This refers to anything outlined in your policy that is not covered at the time of purchase. If a travel warning is in place for your destination and you book anyway, but subsequently cancel your trip, that would be an exclusion—since you would’ve been aware of the warning when you bought the trip and insurance policy.

TRAVEL ADVISORY

The government issues official warnings against travel to certain destinations if they put you at a heightened risk. During the pandemic, Canada issued a global travel advisory to avoid all non-essential travel outside of the country’s borders. For the latest updates, check with your local CAA Travel consultant or visit **travel.gc.ca/travelling/advisory**.

ELIGIBILITY

When purchasing travel health insurance, you’ll be asked a few questions to ensure you’re eligible: if you’ve been advised by a doctor against travel, prescribed home oxygen for a lung condition, kidney dialysis, bone marrow or organ transplants, among other conditions. If you answer yes, you may not be able to purchase travel insurance through that provider. **CAA**



WHITEHORSE

BEYOND THE NORTHERN LIGHTS

BY ANNE-MARIE MARAIS

SEEING THE NORTHERN LIGHTS

is a once-in-a-lifetime experience for any traveller. Some search years to spot the elusive light show; others just happen upon it. I myself had sought them out in Finland, Alaska and north of the Arctic Circle in Lapland—with no luck. My fruitless hunt started to feel like watching a pot that never boils.

Giving it one more kick at the proverbial can, I packed my bags and headed to Whitehorse. Then it happened. On the third night of my December trip, the dark Yukon sky lit up with dazzling shades of green.

For each night of sky gazing in Whitehorse, there's a full day waiting for darkness to return. During those sunny winter days, I discovered an eclectic city with world-class cuisine, warm residents and a treasure trove of local lore. »



BY LAND AND SEA

Clockwise from top left: the S.S. *Klondike*; elk at the Yukon Wildlife Preserve; dog sledding in the region; Bullet Hole Bakery bagels



THE WHITEHORSE WAY

Whether your trip is self-planned or a tour experience, a downtown stay makes everything walkable and accessible. I opt to bunk at the top of Main Street in the Best Western Gold Rush Inn. The name transports me to a different time—then I walk into the lobby. Nostalgic decor (moose antlers, a Mountie statue) lend an air of homey Canadiana.

“Canada’s north has such a distinct feeling, and this very much applies to Whitehorse,” says Koral Carpentier Hrominchuk, senior tour director at WestWorld Tours. “There’s a sense of history, excitement and adventure that’s closely tied to the Klondike Gold Rush, and the allure of gold that drew so many to the region.”

After just a few hours in town, I wholeheartedly concur. There’s a unique feeling to winter in the north—and it’s not just the biting cold. It’s the way the sun rises later and sets earlier; how long shadows form at midday; smiles peeking through the thick parkas of locals; majestic snow-covered mountains that surround you from a distance.

A MOVEABLE FEAST

By way of some Whitehorse research and asking around, it was evident that I needed to start my day at Baked Café and Bakery. The bright and friendly place, situated near the Yukon River in Horwoods Mall, offers a delicious fresh breakfast and ooey-gooey-good cinnamon rolls. The café is also a terrific spot for coffee breaks throughout the day.

A few doors down from Baked, I stumble upon Bullet Hole Bagel, which is hands down one of the best bagel places I’ve ever visited. The Montreal-style (or here, Yukon-style) bagels are simply delicious. The rosemary-sea salt variety is so good, I buy a bag to bring home and freeze.

With winter’s chill in the air, I stop for warm homemade soup and fresh-baked bread at Alpine Bakery. (I make note to return later for some



fresh hummus and sweets.) I also grab a jar of locally made preserves to go with my Yukon bagels.

Bread aside, my greatest find in Whitehorse is Sanchez Cantina. On Hanson Street, more than 4,500 kilometres north of the Mexico border, I munch on some of the best Mexican food I’ve tasted anywhere in the world. The bright decor, lovely owners and staff make this place a cozy dining experience. Start with fresh guacamole, salsa and chips, fill up on crunchy tostadas or saucy enchiladas, and end with a traditional Mexican hot chocolate.

NORTHERN BREWS

From raucous saloons to modern-day cocktails and craft beer, Whitehorse has seen its fair share of drinking establishments. As a beer connoisseur, I stroll the Millennium Trail along the



river and head to Yukon Brewing. (It’s a bit of a walk from downtown, so be prepared—or hail a taxi.) A cold pint of Chilkoot, a light and effervescent lager, made the trek well worth it.

A new addition to the city’s craft beer scene, Polarity Brewing on the river trail features a pretty



LIKE A LOCAL
 Clockwise from left:
 icefishing; art at
 Kwanlin Dün Cultural
 Centre; Lumel Studios
 glass-blowing;
 happy hour at the
 Woodcutter's Blanket

patio, perfect for al fresco drinks in any season. Dress for the weather and enjoy a Black Forest Cake Stout by the fire—or inside with northern sunshine streaming through the wall of windows.

For happy hour, I grab a seat at the bustling bar at Woodcutter's Blanket, where resident mixologists perfectly pour a changing

menu of unique cocktails. A fresh Haskap shrub and soda, accompanied by some tasty bar snacks, is enough to fill me up before an all-important nap in advance of another night of northern lights hunting.

BEFORE THE BIG SHOW

Nightly aurora borealis tours don't head out until after 10 p.m., leaving plenty of time to partake in daytime activities. Lumel Studios, an interactive glass-blowing gallery, offers workshops for all skill levels. (But book early; spots are limited.) As one of several

social enterprises in Whitehorse, Lumel also provides experiences for people experiencing homelessness, disenfranchised youth and the elderly.

Not far from the studio, Kwanlin Dün Cultural Centre is hard to miss. With its towering wood façade, the building is a modern take on a traditional First Nations longhouse. Pieces by local artists line the hallways of the facility, which is used for various community events. The day I visit, there's an annual Christmas craft market.

Being in the north, Whitehorse hosts many amazing outdoor winter activities. You can dog sled, snowmobile, ice fish, snowshoe and fat bike in town or within a few kilometres of the city limits. Choose full- or half-day adventures, organized by local outfitters. For nature lovers, the Yukon Wildlife Preserve welcomes visitors to experience Yukon wildlife in their natural habitats by foot or bus. »

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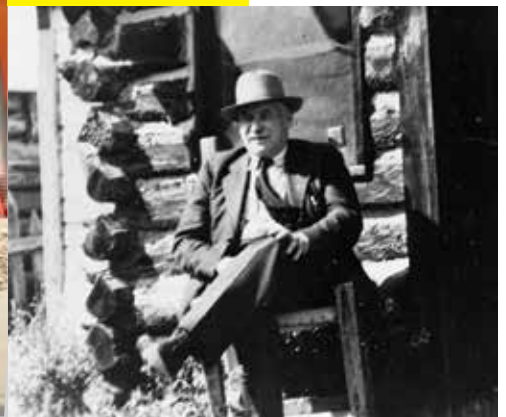




“THERE ARE STRANGE THINGS DONE IN THE MIDNIGHT SUN BY THE MEN WHO MOIL FOR GOLD

GOLD DIGGERS

Sam McGee's Cabin at the MacBride Museum; Sam McGee at his Cabin (below)



ART, HISTORY AND SAM MCGEE

Looking to educate myself on the territory's heritage, I pop into the MacBride Museum of Yukon History. Established to preserve and celebrate the history of the region, the riverside building combines both modern and historic architecture, and houses the real Sam McGee's cabin.

Though his name was made famous by a poem, *The Cremation of Sam McGee* by Robert Service, it isn't really about the real Sam McGee. Service, a former Klondike bank teller, commandeered the memorable moniker for a character—after the actual Sam McGee made a deposit one day. Though not based in reality, the name certainly helps paint a picture of 19th-century Yukon life:

*There are strange things done
in the midnight sun
By the men who moil for gold;
The Arctic trails have their secret tales
That would make your blood run cold;
The Northern Lights have seen
queer sights,
But the queerest they ever did see
Was that night on the marge of
Lake Lebarge
I cremated Sam McGee.*

Visiting on a very quiet Saturday morning, I have much of the museum to myself. Not having to fight crowds, I take the time to further my understanding of local First Nations, the Klondike Gold Rush and the natural world of the territory, along with the impressive art of acclaimed Yukoner Ted Harrison.

Wondering about other regional artists, I find The North End Gallery not far from the museum. The gorgeous collection of art by northern makers, like former *Whitehorse Star* columnist Jim Robb, offers a real sense of how these artists draw inspiration from the landscapes, wildlife and natural materials that surround them.

No visit to Whitehorse would be complete without a stop at the S.S. *Klondike* National Historic Site. This perfectly restored sternwheeler used to move prospectors, shopkeepers, dancehall girls and other rough-and-tumble characters up and down the Yukon River.

It's the ideal place to sit in a red Adirondack chair, contemplate what things were like during the gold rush, and reflect on a city that's so much more than the skies above it. **CAA**

CABIN: STUART FORSTER/ALAMY; SAM: MACBRIDE MUSEUM OF YUKON HISTORY

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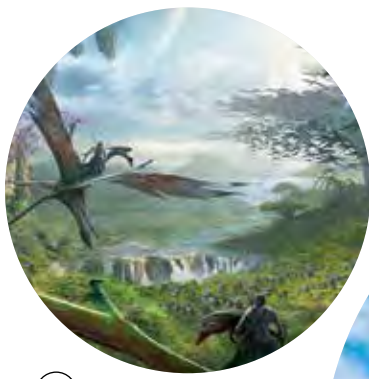
Disney for Grownups

DON'T LET KIDS HAVE ALL
THE FUN AT WALT DISNEY WORLD!

BY KELLIE DAVENPORT

FOR MANY YEARS,

I was a Disney skeptic. As a single woman in my 30s, I figured Disney World was best left to seven-year-old princesses and teenage thrill-seekers. Then I visited the Orlando park. After that first trip more than a decade ago (and a long overdue follow-up pre-Covid), I can definitively say the most magical place on Earth brims with grownup delights. The park appeals to adults with curated experiences, luxe amenities and world-class dining. Here are a few of my favourites—plus some practical park pointers.



1



2



3



4

BEST RIDES

Thills and Chills

Sure, Space Mountain is iconic and the teacups make an adorable Instagram post, but these adrenaline-inducing rides are truly unforgettable

1

Flight of Passage

A multi-sensory flight simulator that's both relaxing and exhilarating. Soar through the Pandoran sky on a majestic dragon-like banshee. As you dip and swerve through caves, tree-tops and waterfalls, fresh scents envelop you and cool water gently mists your face and body.

2

Tower of Terror

The original big-drop ride, this rickety elevator is arguably the most thrilling experience at Hollywood Studios. Don't exit without buying the souvenir photo snapped at the exact moment you plummet 13 storeys in a terrifying (but totally safe) freefall.

3

Expedition Everest

Hands down, one of the best roller coasters in the park. Climbing Disney's version of the Himalayan peak, your train car passes through bamboo forests and glaciers—until you spot a twisty wreck of torn track that sends you careening backwards.

4

Rise of the Resistance

As much a piece of storytelling as it is thrill ride, the newest attraction at Galaxy's Edge is Disney's most ambitious yet. With a combination of simulators, holograms and trackless riding, you'll meet BB-8, fly on a starship, and hurl through space to outrun Kylo Ren.

Safety First

Disney takes guest safety very seriously. Here are the latest Covid protocols in place at press time



PLAN AHEAD

Entry to the park is now managed by the Disney Park Pass reservation system. Check availability online before purchasing tickets.



GEAR UP

Two-ply masks are required in many areas of the park for guests who are not fully vaccinated. And they must be worn by *everyone* on Disney buses, monorail and Disney Skyliner.



CHARGE IT

To reduce contact, the park recommends cashless payment: debit/credit cards or mobile wallets on smartphones. Disney Resort guests can use MagicBands to charge purchases to their room.



MUST-SEE LAND

A Galaxy Far, Far Away

Get your Skywalker on at *Star Wars Galaxy's Edge*

W HETHER YOU'RE a First Order fanatic or Team Resistance, set aside a full afternoon to explore the **Black Spire Outpost**—a village on the planet of Batuu (located within the outer reaches of Disney's Hollywood Studios). Opened in 2019, the six-hectare intergalactic land offers a truly immersive experience—even snack stands are emblazoned with Coke logos translated into the *Star Wars* language of Aurebesh.

Start your visit with a trip aboard **Millennium Falcon: Smugglers Run**, a motion simulator ride that has you pilot the famed ship or serve as a gunner or engineer. After safely landing the craft, refuel with a glass of **blue milk**; Luke Skywalker's preferred beverage tastes like a tropical coconut slushie (I preferred the citrusy green milk). For something a little stronger, Trandoshan Ale is a hoppy thirst-quencher.

While sipping your libation of choice, try a hand of **sabacc**, the game of skill and chance that cost Lando Calrissian the *Millennium Falcon*. Like an intergalactic carnie, a pop-up dealer patiently taught me the rules—before giddily taking the pot.



Clockwise from top left: build an R2-B1 droid; the *Millennium Falcon*, a sabacc dealer; frothy blue milk



The newest attraction on Batuu is **Rise of the Resistance**. Leave yourself plenty of time to queue at this popular experience, during which you'll encounter Rey, BB-8, Kylo Ren and a garrison of Stormtroopers.

After disembarking, head to the **Droid Depot** to design, assemble and activate the droid of your dreams. Pick parts from the assembly line conveyer belt, which is loaded with BB-8-style heads and R2-D2 legs. A complete droid runs about \$100 USD.

Other must-shops include **Dok-Ondar's Den of Antiquities**, where you can pick up mini busts of

Jedi legends, and the Creature Stall for cute critters like a Kowakian monkey-lizard or a cuddly penguin-like porg.

Wrap up your visit with a drink at **Oga's Cantina**, the hottest club this side of Tatooine. (Make sure to reserve online in advance.) At this watering hole for starship pilots and intergalactic bounty hunters, try the Carbon Freeze, a strawberry-blueberry concoction with popping pearls, or a Bespin Fizz, the cantina's rum-based take on a Cosmo, garnished with wafting dry ice. »

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Did You Know?

Walt Disney World first opened on October 1, 1971. To celebrate 50 years this fall, the park will host 18 months of festivities, including enhanced light shows and new attractions



Artisanal cheese plate at Nomad Lounge



Dole Whip

First sold in 1986, this creamy confection is the park's signature treat. Order it in a cone (or try a boozy Lapu Hula cocktail at the Polynesian Resort). If you can't make it to Florida, make this DIY version at home.

ADD

one large scoop of vanilla ice cream, ½ cup pineapple juice and 2 cups frozen pineapple chunks to a blender.

BLEND

mixture until smooth.

SPOON

into a star-tipped piping bag to make the iconic Dole Whip swirl. (No piping bag? Use a ziplock bag with a corner snipped off.)

TOP EATS

Gourmet Goods

Because there's more than Mickey-shaped ice cream and popcorn (though you should sample them too!)

Best appetizer

Served with spiced pecans, crispy papadum and apricot chutney, the artisanal cheese plate at **Nomad Lounge** is perfect with a pint of Disney-made Kungaloosh Spiced Excursion Ale. The riverside patio is a true hidden gem in the Animal Kingdom—and a quiet respite from a sea of strollers.

Best burger

The fiery El Diablo from Disney Springs' **D-Luxe Burger** is a chorizo-packed patty topped with fried banana peppers, chipotle mayo, pepper jack cheese, lettuce and tomato.

Best brunch

Helmed by master sommelier George Miliotes, **Wine Bar George** is the ideal spot for a boozy brunch. On the sunny terrace, tuck into an artichoke-and-asparagus

omelette or steak-and-eggs frites, paired with one of 140 wines served by the glass.

Best cocktail

Tiki lovers will swoon over the Hippopot Mai-Tai. Served at **Trader Sam's Grog Grotto** in Disney's Polynesian Resort, it combines dark and white rum with orange curaçao, orgeat, agave nectar and fresh lime juice. (You can purchase the adorable mug too.)

Best beer

A cheery corner pub in Hollywood Studios, **BaseLine Tap House** pours California craft ales, lagers and ciders. You won't be disappointed with a pint of Sierra Nevada Hazy Little Thing, a fruit-forward IPA brewed in Chico.

Best vegetarian

Plant-based picks are no longer the exclusive realm of table-service dining. At quick-service **Satu'li Canteen** in Pandora, the chili-spiced crispy fried tofu bowl is served with your choice of base—beans and rice, potato hash, noodles or salad.

Best fest

The annual **EPCOT International Food & Wine Festival** (July 15–Nov. 20) features 30 marketplaces of global bites and sips. Cool down with a frozen caipirinha with Leblon Cachaça from Brazil.



LPGA pro Paula Creamer at Magnolia Golf Course; build your own lightsaber (left)

A MAGICAL DAY

Once in a Lifetime

Bucket-list experiences you didn't know you needed

BUILD A CUSTOM LIGHTSABER at **Savi's Workshop** in Star Wars Galaxy's Edge. Start by choosing an Imperial Era kyber crystal, which determines the colour of your blade. The rest of the process is top secret and reserved for Jedi-in-training. May the force be with you.

Swing by Epcot to see **The Soul of Jazz: An American Adventure**. The museum-worthy exhibit celebrates all things jazz, and showcases historic

artifacts including Louis Armstrong's trumpet and original sheet music from Jelly Roll Morton and Duke Ellington.

Play a round at one of Disney's four **championship golf courses**, designed and operated by Arnold Palmer Golf Management. With some holes overlooking Disney Springs, the Lake Buena Vista course is a stunner. But to really test your game, head to Magnolia: In 1996, a 20-year-old Tiger Woods scored his second PGA Tour win here.

Think beyond mouse ears when it comes to souvenirs. The shops at Epcot's **World Showcase** carry imported items you'd be hard-pressed to find elsewhere in North America. Pick up an obscure Premier League soccer jersey at the Sportsman's Shoppe, handcrafted German teddy bears from Der Teddybar, or colourful embroidered Mexican dresses at Artesanias La Familia.



Disney After Dark

When the sun goes down, the show begins! The park is famous for fireworks and light shows, created by the world's top pyrotechnic pros. The most iconic is the nightly extravaganza at Magic Kingdom's Cinderella Castle. The 18-minute long "**Happily Ever After**" show is the fairy-tale ending to a day at Disney. Over in Animal Kingdom, the

intricately carved **Tree of Life** blooms with projections and twinkling fireflies to tell a wondrous tale of life and love in the natural world. But for something really dazzling, make your way to the World Showcase Lagoon to catch "**Epcot Forever**," an epic display with stunning laser effects and choreographed kites set to an international soundtrack. **CAA**

PRAIRIE

An aerial photograph of a wide river flowing through a prairie landscape. The river is a deep blue-grey color, winding from the top right towards the bottom left. The surrounding land is a mix of golden-brown fields and green grassy areas. A small boat is visible on the river in the lower right quadrant. The sky is a clear, pale blue.

**A bucket-list journey aboard
Saskatchewan's river ferries**

STORY & PHOTOGRAPHY BY ASHLYN GEORGE

FERRIES



WATER'S EDGE

Carrying more than 70,000 vehicles annually, the Clarkboro Ferry on the South Saskatchewan River is the province's busiest

“Do you think it’s actually going to fit?”

I raise my eyebrows in surprise as I look over at my friend Trevor. His reaction mirrors mine.

Standing on the leafy banks of the North Saskatchewan River, we watch in awe as a four-metre-tall, nine-metre-long crop sprayer slowly trundles onto the Cecil Ferry near Prince Albert. With nearly two metres of ground clearance, the sprayer is so massive it can almost drive right over a nearby SUV.

Transporting the mammoth machine on the 18-m-long cable ferry is an impressive feat. Despite its modest size, the ferry is able to haul 31.5 tons—about the weight of six regular-size vehicles and more than twice that of the crop sprayer.

In a landlocked province with 250,000 kilometres of roads (the most in Canada), it’s surprising to learn about Saskatchewan’s 12 seasonal ferries and their watery heritage.

Nine of the ferries are located along the South Saskatchewan River, while three are on the North Saskatchewan. (An honourable mention, the Wollaston Lake Barge is a self-propelled boat in the far northeast reaches of the province.) Collectively, Saskatchewan ferries transport 268,000 vehicles each year.

Walk on Water

They’ve also been around longer than paved roads, bridges and even automobiles. In fact, they were here before the province joined Confederation in 1905. The first known private ferry, at the Fort Carlton fur trading post, was owned and operated by the Hudson’s Bay Company in the 1860s. (While there’s no longer a ferry, the fort has been reconstructed and is now a National Historic Site.)

Shortly after the launch of that first ferry, two commercial carriers popped up near the village of Batoche. Gabriel Dumont, famed politician and leader of the 1885 North-West Rebellion, operated Gabriel’s Crossing south of town from the early 1870s until 1883.

When Saskatchewan became a province in 1905, ferries fell under provincial jurisdiction; by 1912, they had become free public services. At their peak in 1926, 47 ferries operated in the province—and though only 20 remained by 1969, two million passengers used them that year. Sadly, the number has dwindled even more and most have been replaced by bridges.

ALL ABOARD!

Using cables situated on both sides of the North Saskatchewan River, the Cecil Ferry transports more than 20,000 vehicles each year—including all manner of farm equipment





BANK ON IT

Clockwise from far left: the pristine shoreline of Hanging Hearts Lake makes for a perfect paddle; ferry aficionados Dale and Valerie Manton; prairie history on display at the Great Sandhills Museum in Sceptre



FERRY FACTS

Ferries include: Cecil, Clarkboro, Estuary, Fenton, Hague, Lancer, Lemsford, Paynton, Riverhurst, St. Laurent, Weldon and Wingard, plus the Wollaston Lake barge.

Saskatchewan's 12 ferries and lone barge typically run from April to November, depending on weather and ice conditions.

Each ferry maintains its own capacity limits. Fluctuating water levels may cause weight-limit changes.

At 33.5 m long and 14 m wide, Lake Diefenbaker's Riverhurst Ferry is the province's largest.

Saskatchewan ferry service is free to the public.

Ferry Fanatics

After watching the successful boarding of the 15-ton sprayer, Trevor and I drive our compact crossover onto the Cecil Ferry. Earlier in the day on our road trip around Prince Albert, we hiked by the abandoned La Colle Falls dam and took in panoramic views at The River Forks.

With water bubbling as it merges, the confluence of the North and South Saskatchewan rivers is a picturesque sight. For hundreds of years, the waterways have been vital links for trade among Indigenous peoples and, later, prairie settlement.

For our final stop of the day, we'd planned a sunset paddle on Hanging Hearts Lake, an hour north in Prince Albert National Park. Rather than backtracking 25 km through Prince Albert, we'd opted to take the shorter and more scenic route aboard the ferry.

Trevor and I aren't the only ones interested in Saskatchewan's ferry system. For CAA Saskatchewan Members Valerie and Dale

Manton, riding every ferry in the province was a bucket-list journey. When their holiday to the Yukon was postponed due to Covid last year, they took the opportunity to see Saskatchewan from a different perspective.

"Way back when I was young and single," Dale recalls, "I always wanted to ride the ferries by motorcycle; camping and sightseeing along the way." The Mantons took two days to cross a few ferries, spending a night camping at Saskatchewan Landing Provincial Park.

After a five-hour drive southwest from their home in Candle Lake, their adventure began with the Estuary Ferry west of Leader. "We planned to cross from south to north, then head east to reach the next ferry. There, we crossed again and kept going," Dale says.

For Valerie, the trip had a deeper personal meaning. More than 80 years ago, her great-grandfather ran the Wingard Ferry, southwest of Prince Albert. At that time, the ferry was in a different location along the river. »



THE HILLS ARE ALIVE

Clockwise from top: a cowboy boot memorial to beloved Great Sand Hills rancher John Booth; the view at La Colle Falls Dam; the sprawling dunes of Great Sand Hills

“My mom remembers being on the ferry with her grandfather when she was 10 years old,” Valerie says. “She’s now 93.”

As Dale explains, the couple snapped photos aboard every ferry they rode. “The landscape is so different down south; similar to the badlands of Alberta,” he says. “There’s also a small town called Sceptre with a great prairie history museum. And south of that are the remarkable Great Sand Hills.”

Ferry Tales

Ferry operator Christine Broderick knows those desert-like sand dunes well. The long-time Sceptre resident has spent a couple of seasons operating the Estuary, Lemsford and Lancer ferries, while also running Cruisin’ Christine, a blog devoted to her travels.



“I quit my teaching job to focus on tourism,” she says, “but when Covid hit, things slowed down and a position as a casual ferry operator seemed like an interesting opportunity.” She says running the ferry is a fun job, but one that takes some finesse—owing to fluctuating water levels. When the water is high, the ferry runs on current boards. When levels drop, it relies on a cable system to help guide it along.

“I get to know the regulars who frequently cross the river: ranchers hauling bales; Hutterites riding their tractors,” Christine says. But her best moments are early in the morning or late at night. She’s watched moose swim next to the ferry and spotted beaver and muskrat exploring the riverbank. Since most ferries operate until midnight (Riverhurst is the only 24-hour ferry), Christine often hears coyotes yipping in the hills.

She’s also seen her fair share of quirky crossings. “One afternoon, a young man and his horse walked on. Other operators have even seen entire herds of cattle riding the ferry!”

While Saskatchewan’s ferries aren’t as busy as they once were, they’re still an important transport system—and a very Saskatchewan way to travel. Inspired by the Mantons’ creative approach to provincial sightseeing, I’ve added a few more prairie ferries to my own travel bucket list. **CAA**

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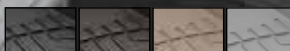
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WEEKENDER

Neighbourhoods | Local Fun | Things To Do



TRIED AND TRUE

Make the most of fall with antique finds, homebaked goodies and the best fishing spots in the province

33RD STREET BUSINESS DISTRICT

BY ADELE PAUL

“HISTORY & HEART” is the motto of this bustling part of Saskatoon’s Mayfair neighbourhood. While the area is more than a century old and brimming with stately charm, it’s also an ideal destination for more modern pursuits.



IDYLLWYLD DR N

33RD ST W

OUT AND ABOUT

1

SIP + SHOP



Back to Coffee Beans sells the basics: gourmet beans, authentic antiques and ice cream! Sample the coffee of the day—and grab some beans and a cone to go. 418 33rd St. W.

2

TRICK



As Saskatoon’s largest apothecary, **Hecate’s Magickal Marketplace** stocks unique stones, candles and anything else you might need to summon the spirits! 511G 33rd St. W.

3

TREAT



Serving the community for 89 years, family-run **Christie’s Mayfair Bakery** is a city institution. Stock up on fresh-from-the-oven buns and scratch-made squares. 420 33rd St. W.

4

PLAY



The latest addition to the arcade scene, **Pokey’s Pinball Café** is a kitschy watering hole blending old-school games with contemporary cuisine. 211B 33rd St. W.

ILLUSTRATIONS: JASON SCHNEIDER, 1: CHAYATHONWONG/ISTOCK



5

A GOOD VINTAGE

Joanne Lukash is Saskatoon's maven of vintage and a go-to for advice about everything from mid-century decor to Art Deco jewellery. In 2019, the design-loving entrepreneur opened Vintage Mall YXE, a one-stop shop for collectors of all stripes. Joanne gave us a tour of the shop and shared a few secrets about her 33rd Street neighbourhood.

Vintage Mall YXE has a unique business model. What can you tell us about it?

We currently have 14 vendors under one roof. Each carries an array of antiques to curate the homes of our customers in unique ways. Shop-

pers often tell us coming here is like a walk down memory lane.

Why did you choose this area for the mall? 33rd Street already had so many other vintage shops—all within a few blocks. So it made

sense to join this hub of antiques. Shoppers can park and walk around to visit all the stores on foot. And with the area's eclectic indie shops and fun eateries, people often spend an entire afternoon here.

What are your favourite things to do in the neighborhood?

I like to pamper myself with a pedicure, and then grab a treat from Christie's Mayfair Bakery. They've always got something new, but my go-to is a chocolate croissant. It's also fun to window shop throughout Mayfair: There are some really neat specialty shops that you just can't find anywhere else.

Eclectic offerings at Vintage Mall YXE



LOOT BAG

Neighbourhood goodies to tuck in your reusable shopping bag and enjoy at home



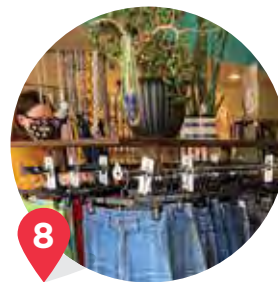
6

Take a New Zealand-style pie for the road from **Scratch Provisions**. Think bacon-braised Benlock's Beef short rib or chipotle turkey tomato. Owner Trent Loewen promises a variety of seasonal pies—wrapped in eco-friendly packaging—ready for the oven or freezer.



7

The snack lovers at **Glitch Gifts and Novelties** scour the globe to collect the coolest, kitschiest treats: Roo's Australian Licorice, Rowntrees Jelly Tots, Bison Bites, Elk Stixs Deadly Dan hot sauces and Cherry Coke from the U.K.



8

Things truly improve with age at **Better Off Duds**. The award-winning vintage shop stocks clothing from the '50s to the '90s, with some classic western wear thrown in for good measure. **CAA**

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GO FISH!

With nearly 60,000 square kilometres of fishable waters, Saskatchewan is an angler's paradise

BY KELLIE DAVENPORT



JASON MATITY

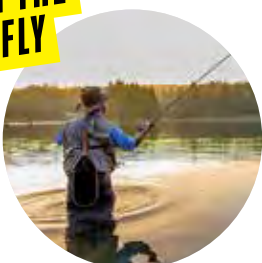
GUARDIAN ANGLE

"IF THERE'S A PUDDLE, I'd drop a line to see if I get a bite," says Jason Matity, fishing addict, expert and one of two brothers behind the online fishing hole getfishing.ca. Originally from Whitewood, about 175 km east of Regina, Matity and older brother Jeff got hooked on the sport early.

"When we were kids, fishing at the lake was our reward after doing chores on the family farm," he says. Today, the Matitys spread the angling gospel through educational videos, seminars and in-person demos. "We want people to get out and fish—to appreciate nature and destress—but we also want them to know how to do it properly," Jason explains. So where does this fishing guru go to snag some bites? "Diefenbaker and

Tobin lakes are spectacular," Matity says. Farther from the beaten path, he suggests searching out perch in Kenosee Lake at Moose Mountain Provincial Park. Though he's happy with "whatever blesses me with a bite," Matity is particularly fond of northern pike. "They're the terror of the underwater world. No matter their size, northern pike never mail it in; they give you their all on the other end of the hook."

ON THE FLY



Saskatchewan's 100,000 lakes and rivers are the perfect places to try fly fishing. Take a crash course in casting at **Arctic Lodges** on Reindeer Lake. Straddling the Manitoba border, the northern lake is Canada's ninth-largest inland water body. Load your rod to attract northern pike, lake trout, Arctic grayling or the more elusive walleye. After a long day of fishing at the fly-in resort, retire to a cozy lakeside cabin and regale your companions with the day's fish tales.

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DERBY DAYS

Upcoming events for trophy hauls (check ahead for Covid restrictions)

Held annually in Fort Qu'Appelle, the **Calling Lake Classic** invites North American anglers to fish four different lakes over two days for cash, prizes and bragging rights. *Sept. 4 & 5*

G&S Marina hosts the **Last Mountain Fall Walleye Classic**, one of the longest-running catch-and-release tournaments in the province. *Sept. 10 & 11*

Among the richest walleye tournaments in North America, **Nipawin's Vanity Cup** offers more than \$100,000 in prizes—and some of the world's best walleye. *Oct. 2 & 3*

NORTH AND SOUTH

Whichever direction you choose, there's a lake full of fish waiting for you



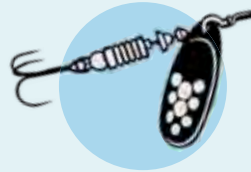
With 30 years in the business, **G&S Marina Outfitters** know every inch of Last Mountain Lake, a southeastern glacial lake about 40 km from Regina. If you're new to fishing, the camp offers guided tours tailored to newbies, while advanced anglers can book time with a pro to seek out more challenging prey. Back on dry land, kick back in one of the lodge's cozy, air-conditioned cabins.



For some of Saskatchewan's top trophy pike, lake trout, walleye and Arctic grayling, head to **Wollaston Lake Lodge**. Just south of the Arctic Circle, this fly-in, five-star resort serves up luxe amenities along with the top-notch angling. After hauling in monster trout, head to the screened-in lounge for a cocktail and expansive views of the northern lights. **CAA**

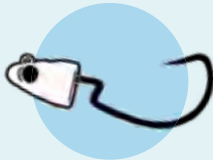
Take The Bait

To snag the big one, you need the right lure. Though we can't guarantee a whopper, these options will give you the best shot for reeling in a fish.



Arctic Grayling

Use a 1- to 1.5-inch spoon or Mepps spinner. Drop your line near the base of waterfalls or in deep pools below rapids, where large schools gather. Nips tend to occur while the lure is sinking, before you retrieve the line.



Walleye

Use a half-ounce jig with 4- to 6-inch paddletail swimbait. Cast and let the bait sink to the bottom. Swim it back to the boat, pausing frequently—fish often strike during a pause.



Channel Catfish

Try a fresh or recently thawed chunk of sucker, goldeye, squid or shrimp on a hook. Attach a split shot 8 inches above the hook. Cast out so the bait sits just off the bottom.



Rainbow Trout

Employ a small spinner. Cast downstream into river pools to increase the vibration and flash of the lure as you retrieve it.



Northern Pike

Opt for a 5/8- to 1-ounce weedless spoon. Cast or troll the spoon along the outside edge of a weeded bed.

HOW TO

MAKE PERFECT PRESERVES



SASKATCHEWANIANS ARE SPOILED for choice when it comes to fresh produce in summer and fall—and it’s easier than you think to extend that bounty into winter. Take a lesson from foodies and farmers by preserving your favourite seasonal fruits and vegetables. To start, read up on safety measures and use the proper tools. Our basic method below should get you going, then search online for specific recipes to try.

BY TWYLA CAMPBELL



1. Gather your gear

Use vacuum-sealable glass mason jars with screw bands and rubber-lined metal lids. Inspect them thoroughly: Do not use jars with chips or cracks. Wash everything in hot soapy water and rinse well.



2. Sterilize jars

Immerse jars in a canner (a deep pot with a rack and lid) filled with enough warm water to cover jars by about an inch. Bring water to boil to sterilize jars for at least 15 minutes. Simmer bands and lids in separate pot until ready to use.



3. Ready the fruit

Prep ingredients based on your chosen recipe—peeling, slicing and/or pitting as necessary. (For jams, you’ll also have to cook down the fruit.) In most cases, you’ll then need to make a simple syrup of sugar dissolved in boiling water.



4. Fill 'em up

Use clean tongs to remove sterilized jars from water. Fill with fruit (and simple syrup, if the recipe calls for it), leaving a quarter- to half-inch of space at the top of the jar. This headspace allows room for the contents to expand when heated again.



5. Pop the bubbles

Remove air bubbles by sliding a plastic knife or rubber spatula between the jar wall and fruit. Wipe rim with a clean, damp cloth, then attach the lid and screw band. Don’t over-tighten; there should be a bit of give between the lid and jar.



6. Back to boil

Return jars to the canner rack and lower into existing water, adding more if needed, to fully submerge them. Boil gently according to your recipe’s processing time; remove jars and leave undisturbed for 24 hours.



7. Check the seal

After 24 hours, press on the centre of each lid. If properly sealed, lids will curve downward and not pop back. Remove screw bands; wash, dry and replace loosely on jars. If a jar has not sealed, refrigerate and consume contents within a month. **CAA**

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