

CAA

SASKATCHEWAN MAGAZINE



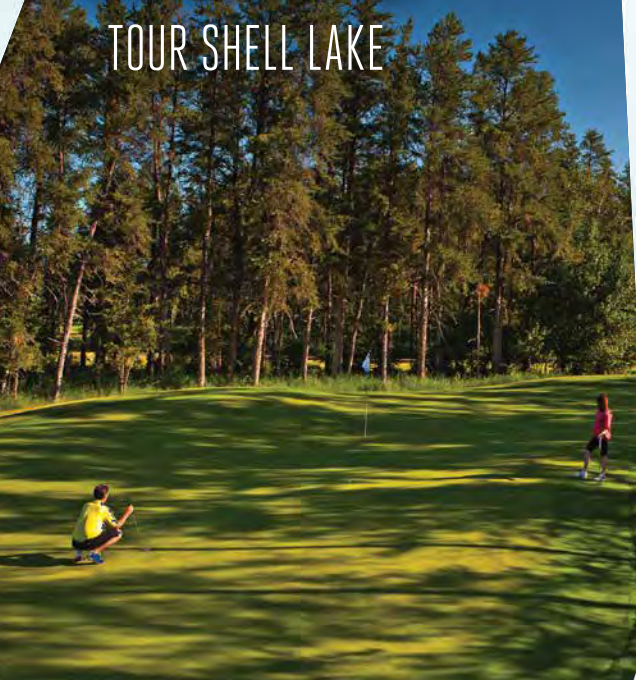
SUMMER 2021



Summer of Fun

PLUS

GOLF LOCAL
BACKYARD FUN
SHARING THE ROAD
TOUR SHELL LAKE



Do you know how many blanks government plans can leave in your family's health coverage?

Both government health plans and employer plans can leave blanks in your family's coverage that can really cost you. Play our word challenge! Fill in the blanks to see some of the ways CAA Health & Dental Insurance can help your family live a healthier life while saving you money.

1 D E N T A L

2 _____ Y _____

3 _____ E _____

4 E _____ R

5 _____ A _____

6 M _____

7 V _____ L

8 _____ T _____

9 _____ Y _____

10 N _____ H

HINTS

- 1 Regular _____ checkups can do more than give you a nice smile.
- 2 This type of specialist helps with anxiety, depression and more.
- 3 Some people require long-term _____ drugs which can be costly.
- 4 Coverage through work is provided by your _____.
- 5 If you act before September 30th, you can save on CAA Health & Dental Insurance _____.
- 6 Muscle tension may be alleviated with _____.
- 7 Medical appointments that you have by phone or internet are _____.
- 8 This type of specialist can help you reach your ideal weight.
- 9 Regular _____ exams can help you see more clearly.
- 10 This specialist helps to activate the body's natural healing ability.

Save with reduced rates on CAA Health & Dental Insurance

Apply by September 30th, 2021.*

CAA Health & Dental plans can help reduce the cost of expenses not covered by your government health plan. And if you act before September 30th, you can save with reduced rates too. There's never been a better time to help protect your family.

The future is a puzzle. We can help you solve it.

Visit us online or call to speak to a Licensed Insurance Advisor.



caahealthinsurance.ca



1-844-538-7457



Manulife



*Policy must be effective on or before October 1st, 2021

Underwritten by

The Manufacturers Life Insurance Company (Manulife).

Conditions, limitations and exclusions apply. Available to Canadian residents only. Please see policy for details.

© CAA trademarks owned by, and use is authorized by, the Canadian Automobile Association.

Manulife, Stylized M Design, and Manulife & Stylized M Design are trademarks of The Manufacturers Life Insurance Company and are used by it, and by its affiliates under license.

© 2021 The Manufacturers Life Insurance Company. All rights reserved. Manulife, P.O. Box 670, Stn Waterloo, Waterloo, ON N2J 4B8.

Accessible formats and communication supports are available upon request. Visit **Manulife.ca/accessibility** for more information.



CELEBRATE SUMMER, INSIDE AND OUT.

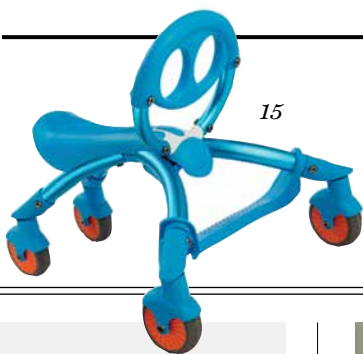
Painting and staining done
quicker, better, smarter, for all
your indoor and outdoor projects.

Find everything you need at your local
Dulux Paints store.



With a CAA Membership, **get 25% off** any Dulux manufactured product,
plus **earn 3% in CAA Dollars®** when you swipe your CAA card at your
Dulux Paints store. Visit Dulux.ca/CAA for more details.





CONTENTS

Summer 2021

ON THE COVER

Saskatchewan parks and golf courses offer warm-weather diversions



DEPARTMENTS

- 6 CHAIR'S MESSAGE**
Slow down, move over

CAA INSIDER

- 9 CLUB NEWS**
School-zone safety and better hearing
- 13 IN YOUR CORNER**
Sharing the road with cyclists

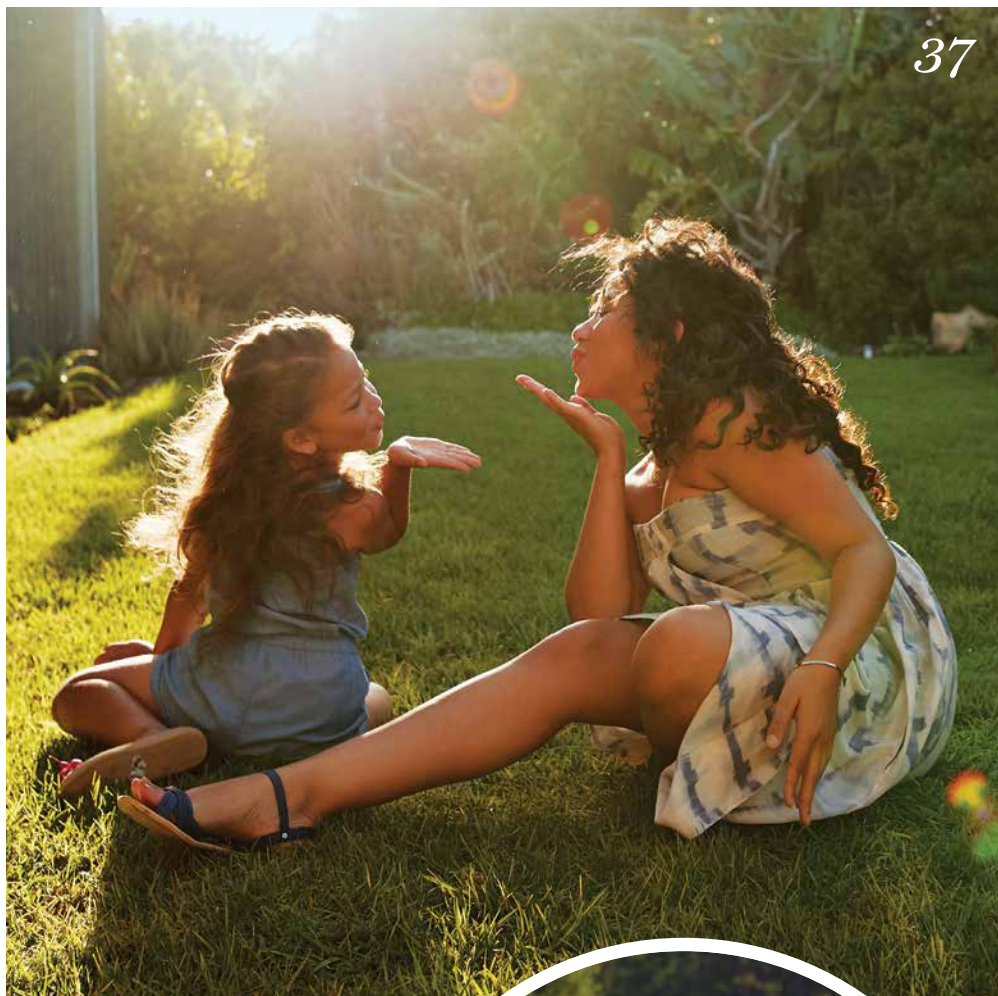


THE GUIDE

- 15 REWARDS ROUNDUP**
Backyard games
- 18 INSURANCE IQ**
AC maintenance
- 19 AUTO IQ**
Summer battery care
- 20 TAKE 5**
Best of the St. Lawrence
- 23 TRAVEL INTEL**
Accessible outdoor adventures

WEEKENDER

- 44 LOCAL LOOK**
Explore Shell Lake
- 47 ON THE ROAD**
Provincial road trips
- 50 THE LAST WORD**
Up your grill skills



FEATURES

- 24 HOW WE ROLL**
A family RV trip across Cape Breton Island
- 31 DIAMONDS IN THE ROUGH**
Golf across Western Canada
- 37 BACKYARD BLISS**
How to spruce up your outdoor space





SLOW DOWN, MOVE OVER

*From road trips to
roadside assistance,
be mindful behind
the wheel*

2020 WAS A CHALLENGING YEAR, as was the first half of 2021. COVID-19 has affected how we live, work and travel. Like all of you, I look forward to a vaccinated world. Until then, we must do our best to stay safe.

At the outset of the pandemic, staff at our 12 CAA Stores and CAA Car Care Centre at Regina Battery Depot—along with our tow truck operators across the province—followed the safety guidelines outlined by the Saskatchewan Health Authority. Our business lines remain open at CAA Stores or online via caask.ca to serve our valued Members and clients with their insurance, travel, automotive and membership needs.

Travel has been particularly affected. When the time is right to venture out again, CAA is here for you. Our experienced travel consultants can help with planning, accommodations and flights.

Planning a road trip this summer? Trust CAA to assist with flat tires, fuel delivery, battery boosts and more. Our tow operators are on call 365 days 24/7 to keep Members safe at the roadside.

CAA established May 11, 2021, as **Slow Down Move Over Day**. Designated to reinforce the safety of tow truck operators, the event is supported by SGI, the Roadside Responders

Association of Saskatchewan, Ministry of Highways, Paramedic Services Chiefs of Saskatchewan, RCMP and Saskatchewan Association of Chiefs of Police.

More than 7,500 tow truck operators are employed by or contracted to provincial CAA clubs. Each driver receives ongoing training, along with equipment like reflective pylons, high-visibility clothing and flashing lights for increased visibility of their vehicles.

Even then, some motorists don't heed the warnings. Tragically, a tow operator near Esterhazy was struck and killed in 2017 while working in a blizzard. In 2019, an Ontario tow truck driver was killed while working on a local highway. And this past January, a tow operator working out of Battleford had a very close call with a semi.

Please **slow down and move over**. Slow to 60 km/h for tow truck operators and other emergency personnel working on Saskatchewan highways. To learn more, visit caask.ca/safety.

Take care. Stay safe.

Pat Friesen
Chair, CAA Saskatchewan
Board of Directors

@CAASaskatchewan CAASaskatchewan caask CAA Saskatchewan



IN MEMORIAM

Mrs. Karen Aulie, Member of the CAA Saskatchewan Board of Directors from 2017 to 2021, passed away in February. Mrs. Aulie was a dedicated member of the board, having served on the Human Resources Committee from 2017–2019, and as committee chair from 2019–2021. Our sincere condolences and sympathy to Karen's husband Bill and her family in Rouleau.

CAA

SASKATCHEWAN MAGAZINE

SUMMER 2021
Volume 47, Number 2

Editor-in-Chief Kellie Davenport

CAA Saskatchewan Editor

Christine Niemczyk

Associate Editor Craig Moy

Art Director Mya McNulty

Designer Cindy Lubinic

Contributing Designer Charlotte Watters

Media Sales Director Nicole Mullin

nicole.mullin@stjoseph.com

Regional Account Manager Robert Zyluk

robert.zyluk@stjoseph.com



ST. JOSEPH COMMUNICATIONS

Chairman Tony Gagliano

Vice-Chairman John Gagliano



STRATEGIC CONTENT LABS

President Douglas Kelly

Vice-President, Strategy Duncan Clark

Vice-President, Research Clarence Poirier

GM, Travel + Automotive James McNab

Director, Editorial and Creative Paul Ferriss

National Production Director Maria Mendes

Production Manager Judy Strader

Production Coordinator Peter Zephyrine

Advertising in CAA Saskatchewan Magazine does not indicate an endorsement by CAA Saskatchewan.

® CAA, CAA Plus, CAA Rewards, Away From Home, CAA Plus RV, CAA Dollars, CAA School Safety Patrol and Approved Auto Repair Services are trademarks owned by, and their use granted by, the Canadian Automobile Association.

® AAA, CampBook, Show Your Card & Save, TourBook and TripTik are trademarks owned by, and their use granted by, the American Automobile Association.

Subscription rates: Canada \$14.95 per year, plus applicable taxes; outside Canada \$20.95 per year, no tax. Rates quoted are for non-members only. Publications Mail Product Sales Agreement #42494512.

CAA Saskatchewan Magazine is published four times per year by St. Joseph Communications, 15 Benton Road, Toronto, ON M6M 3G2, on behalf of CAA Saskatchewan.

© 2021. All rights reserved. No part of this periodical may be reproduced in any form without the consent of CAA Saskatchewan. Printed in Canada by St. Joseph Printing.



**Partners
in Growth**



For every ton of paper used on CAA Magazine's behalf, St. Joseph Communications will contribute to the planting of a tree through TreeTies.

With the participation
of the Government
of Canada

Canada



MIX
Paper from
responsible sources
www.fsc.org
FSC® C103458



HOME AND AUTO INSURANCE



BUNDLE AND SAVE ON YOUR HOME AND AUTO INSURANCE

Bundle your CAA Home¹ and PlatesPLUS² Auto Insurance to receive exclusive benefits:

1. 10% savings on your Home Insurance.
2. Complimentary Tire Coverage.
3. Combined deductibles. (pay only one deductible instead of two when there is a loss to both home and auto at the same time, e.g. hail damage from the same storm)



MEMBERS
**SAVE
10%***



INSURANCE
TRAVEL
AUTOMOTIVE
REWARDS

CAASK.CA/BUNDLE | 1.800.564.6222 | CAA.INSURANCE@CAASK.CA

¹Property Insurance is underwritten by CAA Insurance Company. ²CAA Auto Insurance (PlatesPLUS) is underwritten by AssurePro Insurance Company Limited. Available when you purchase CAA Home and PlatesPLUS Auto Insurance.

*Applies to CAA Members in good standing with dues paid in full by membership expiry date. 10% savings applies to the total premium excluding applicable taxes. Minimum premium applies.



We're here for you whether your travels take you within Canada or beyond!

CAA Travel Insurance options include:

- 1** Flexible plans to suit your needs.
- 2** Coverage for pre-existing conditions.
- 3** Annual plans for the frequent traveller that now include In Province Virtual Emergency Medical Assistance¹.

**MEMBERS
SAVE
10%***



**INSURANCE
TRAVEL
AUTOMOTIVE
REWARDS**

**CAASK.CA/CAA-TRAVEL-INSURANCE
1.800.564.6222 | VISIT A CAA STORE**

CAA Travel Insurance is underwritten by Orion Travel Insurance Company, a CAA Company. Certain exclusions, limitations and restrictions apply. Subject to change without notice. A Medical Questionnaire may be required to purchase travel insurance. Quotes are valid for 30 days. ¹CAA Assistance is provided by Active Care Management Inc. Telemedicine and House Call Services availability may vary depending on geographical locations and current emergency medical conditions. In-Province virtual assistance is limited to four (4) calls per insured per policy term.

*Applies to CAA Members in good standing with dues paid in full by membership expiry date. 10% savings applies to the total premium excluding applicable taxes. Minimum premium applies. Excludes Visitors to Canada Insurance.

©CAA trademarks are owned by, and use is authorized by, the Canadian Automobile Association.

SASKPOWER RENEWS VITAL POWER LINE AT LAKE DIEFENBAKER CROSSING

SaskPower has rebuilt part of a 50-year-old power line that connects Coteau Creek Hydro Station to Swift Current crossing Lake Diefenbaker. This project will increase the safety and durability of the power grid.

The improved power line will be higher from the water, so boating traffic can pass more safely underneath. It will also have better lightning protection and continue to serve the Swift Current region for years to come.

"This line is almost fifty-years-old and the towers were coming to the end of their lives," explains Helene Careau, a SaskPower Resource Specialist in Environmental Assessment and Approvals. "It's a major crossing, a major power line going into Swift Current."

Another priority for SaskPower is preserving the natural prairie ecosystem. "My job is to make sure that we not only follow the rules and regulations, but whenever possible, go above and beyond to minimize our environmental impact so that whatever we do at SaskPower, we don't cause harmful damage to the environment," says Careau.

To help reduce their environmental impact, SaskPower crews and contractors worked through the winter. This better protects the native prairie eco-

system. They also had an environmental monitor on-site full-time to work alongside crews.

Says Careau, "It's great to have the feeling we worked together towards our goal while keeping the environmental impact as low as possible."

SaskPower will be replanting all native vegetation and monitoring the area for the next five years to be sure everything grows back to its original beauty.

**This is a paid advertorial from SaskPower*



Crews work on frozen lake at site of Lake Diefenbaker Crossing power line.

CAA INSIDER

Club News | Member Perks | Family Fun



Wakaw School welcomes new CAA School Safety Patrollers along with members of the RCMP, sponsors from the Town of Wakaw and the Wakaw Lions Club

SCHOOL SAFETY PATROL

PATROLLERS EARN A-PLUS GRADES FOR SCHOOL SAFETY

THE HONOURABLE DUSTIN DUNCAN, Minister of Education for the Government of Saskatchewan, has proclaimed May as CAA School Safety Patrol Month. In recognition of keeping their schoolmates and school zones safe, CAA Saskatchewan will present medals of achievement to all CAA School Safety Patrollers across the province.

CAA Saskatchewan has coordinated and managed the CAA School Safety Patrol program since its inception in 1951. There are about 4,600 patrollers from 162 schools representing 70 communities in our province. Learn more or register your school in the CAA School Safety Patrol program at caask.ca/patrollers.

STAY SAFE

The Provincial Traffic Safety Fund and SGI offer grants to help communities reduce traffic collisions, injuries and fatalities: sgi.sk.ca/grantprograms

SCHOOL ZONE SAFETY

THERE'S AN APP FOR THAT

Parents with young children have reported an increase in unsafe driving practices in school zones. According to a CAA study, the top two hazardous behaviours are speeding and distracted driving. A CAA National poll also showed pedestrians don't always obey the rules either—jaywalking and failing to look both ways before crossing are increasingly common. CAA Saskatchewan offers a web-based assessment app to help communities observe and

track risky behaviours by drivers, cyclists and pedestrians. The CAA School Zone Safety Assessment app lets communities across the province utilize the collected data to better understand the risky behaviours happening in their school zones. The app and set-up are free, and a CAA representative will provide everything you need to organize your assessment. To learn more or register for an assessment in your community, go to caask.ca/schoolzonesafety.

CARFIT CLINICS

IN THE VIRTUAL DRIVER'S SEAT

CarFit has moved online! Mature drivers can now attend a virtual self-assessment clinic. In January, CAA Saskatchewan and the Canadian

Association of Occupational Therapists hosted the first-ever Virtual CarFit Clinic via Zoom. During the clinics, an occupational therapist provides information about a driver's comfort and safety in their vehicle, focusing on features like air bags, head restraints, seatbelts,

mirror positioning and blind spots. Participants can use Zoom chat to ask the therapist questions. To register for a complimentary Virtual CarFit Clinic, email lona.gervais@caask.ca.



**BETTER HEARING**

WE'RE ALL EARS

May is Better Hearing Month and you could win a pair of hearing aids, plus a CAA prize pack! To enter, visit connecthearing.ca/contest-caa to schedule and complete a hearing test by July 30, 2021

at your local Connect Hearing clinic. As a CAA Member, you save up to 20% on hearing technology and get other exclusive benefits. Learn more at connecthearing.ca/caa or call 1-888-486-0177.

**CAA REWARDS**

THE GREAT OUTDOORS

Summer in Saskatchewan is all about the outdoors. There's never been a better time to camp, hike,

fish and enjoy everything this great province has to offer. As a CAA Member, you have access to exclusive savings when gearing up for your summer adventures. Purchase a Saskatchewan Parks annual permit at your local CAA Store to earn 10% in CAA Dollars. (A new online camping reservation system requires you to have a park pass before booking your campsite.)

Members also save 6% on a Parks Canada Discovery Pass to visit national parks in Saskatchewan. And if you need new equipment, earn CAA Dollars when you shop online at caask.ca/estore.

Get a new tent, sleeping bag or paddleboard from partners like: **Altitude Sports** (earn 4% in CAA Dollars), **SAIL** (earn 5%) and **PRFO Sports** (earn 5%).

**CAA TRAVEL**

PLAN NOW, GO LATER

When the time is right to travel again, CAA's experienced and professional travel consultants are ready to get you to the destination of your dreams. Consultants will help guide you through new rules about air travel, book rental cars, reserve hotels, and offer essential advice about visas and passports.

The new 2021/2022 CAA Vacations Brochure highlights nearly 100 destinations, ocean and river cruises, independent and guided tours, and includes details about exclusive benefits and savings for CAA Members. Start planning now at caask.ca/travel.



Be Reconnected.

From North Dakota to our Canadian friends, we miss you. When it is safe to travel again, we look forward to reconnecting with our neighbours. We can't wait to welcome you back to our wide-open spaces and to serve you with our cities' warm hospitality. Visit us online to plan your future holiday.

LegendaryND.com

NORTH Dakota

Be Legendary.™



RIDE WITH CAA

Got a flat or broken chain? CAA's got you covered with Bike Assist—it's Roadside Assistance for your bicycle

CAASK.CA/
BIKEASSIST



SHARE THE ROAD

Bike safety for both cyclists and drivers

BY KAREN KWAN

EVERY YEAR, nearly 7,500 cyclists across Canada are seriously injured. Even more surprising than how many is *where* cyclists get hurt or killed. More often than not, it's at an intersection with existing traffic signals or signs.

Add to that the COVID factor: During the pandemic, bike sales skyrocketed with people seeming to buy them as quickly as they stocked up on toilet paper. According to a 2020 poll conducted by CAA, nearly a third of Canadians cycled more often than the previous year. The result is roads flooded with

“
It's
important
that we
share the
road to keep
everyone
safe, whether
you're on
two wheels
or four
”

cyclists and increased potential for collisions with automobiles.

“We might be a driver one day and a cyclist the next,” says Kristine D'Arbelles, director of public affairs at CAA National. “So it's important that we share the road to keep *everyone* safe—whether you're on two wheels or four.”

Safe cycling 101

This summer, CAA is launching a new bike safety campaign: **caask.ca/bikesafety**. The public awareness program builds upon CAA's longstanding com-

mitment to bike safety. On the new portal, you can find out which month is most deadly for cyclists (spoiler alert: it's July), among other stats. Bike riders can also brush up on road rules and get helpful advice.

For Saskatchewanians behind the wheel, there's information, such as road-sharing tips and videos demonstrating ways to avoid collisions with cyclists. And if you've ever been confused about who has the right of way at an intersection, **caask.ca/bikesafety** offers step-by-step instructions for proceeding safely.

A family affair

Teaching bike safety at a young age helps kids practise good habits behind the handlebars. CAA has developed an online Test Drive checklist to walk parents through basic safety skills kids need to learn, such as hand signals and how to enter the road from a driveway.

“Getting your kids involved will help them ride as safely as possible when out on their own,” D'Arbelles says. “Basic practices, like making eye contact with drivers and not riding in a driver's blind spot, can prevent them from becoming another tragic statistic.”

“To help cyclists of all ages stay safe, we promote the three Bs of bike safety,” says Christine Niemczyk, director of communications at CAA Saskatchewan. First, **be seen**: Wear bright clothing and use reflectors. Equip your bike with a headlight and taillight for night riding. **Be ready**: Avoid loose fitting pants that can get tangled in your bike chain. Always wear a bike helmet and running shoes. Finally, **be heard**: Equip your bike with a bell or horn to signal pedestrians and drivers, and to pass other bikes safely. **CAA**



The War Amps

Since 1946, the Key Tag Service has been protecting your keys and supporting our essential programs for amputees.



Jeanne

75 years



Order key tags
online – free.

1 800 250-3030
waramps.ca

CAA SAFETY REMINDERS TO KEEP CYCLISTS SAFE



BE SEEN

Wear lightly-toned or brightly-coloured clothing



BE READY

Equip your bike with a cage and water bottle that can be easily and safely accessed



BE READY

Avoid loose fitting pants that can get tangled in your bike chain



BE READY

Always wear running or cycling shoes while riding



BE SEEN

Use reflectors and reflective tape on your helmet, clothes, and bicycle



BE SEEN

Equip your bike with a headlight and taillight for night riding



BE HEARD

Equip your bike with a bell or horn to signal pedestrians and drivers, and to pass other bikes safely



Our roads will be extra busy with all types of active transportation, including cycling.

Learn more about how cyclists and drivers can share the road safely.

CAASK.CA/BIKESAFETY



INSURANCE
TRAVEL
AUTOMOTIVE
REWARDS

CAA

SASKATCHEWAN MAGAZINE



Coming next issue...

Wild About Whitehorse

The best fall reads
Fishing in Saskatchewan



Look for the next issue in your mailbox in **August!**

HOW TO SHOP



Shop and
earn online



Save in-store at
select retailers

CAASK.CA/ESTORE

THE GUIDE

Rewards | Travel | Auto | Lifestyle



FLOAT ON

Revel in warm weather
and summer evenings with
some good old-fashioned
playtime. Backyard games
and toys bring out the kid
in everyone. Shop these
goods on the CAA eStore
to save instantly or
earn CAA Dollars.



STAPLES
Incredible Novelties
pool float
Earn 2% in
CAA Dollars

GAME ON



WELL.CA
Kidoozie
Hop & Squeak
pogo jumper
Earn 5% in
CAA Dollars



Hop to it
with a safer,
easier version
of the classic
pogo stick



PRFO SPORTS
Outside Inside axe
throwing game
Earn 5% in
CAA Dollars



THE SOURCE
Litehawk III auto
hover helicopter
Save up to 20%
in-store & online



RONA
Moxie trampoline
with enclosure
Earn 2% in
CAA Dollars



INDIGO
The Queen of
Hearts croquet set
Earn up to 5% in
CAA Dollars





ALTITUDE SPORTS
Tenalach Night & Day
bean bag toss
Earn 4% in CAA Dollars

LED lights
make it a
perfect game
for summer
nights too



WELL.CA
Ybike Pewi
ride-on toy
Earn 5% in
CAA Dollars



RONA
Ridgeline
playset
Earn 2% in
CAA Dollars



STAPLES
Champion
Sports
scoop ball set
Earn 2% in
CAA Dollars



SAIL
Outside Inside
backpack bocce
Earn up to 5%
in CAA Dollars

With precut
panels, this
cedar playset
can be set up in
a single day

DEALING WITH THE DOG DAYS

DIY tips for tuning up your air conditioning system

BY ALLAN BRITNELL

**SAVE
WITH CAA**

Keep your cool by protecting your investment: CAA Members save 10% on CAA home insurance

**CAASK.CA/
INSURANCE**



CANADA'S CLIMATE PRESENTS A CONUNDRUM: Half the year, we worry about freezing to death, and the other half we find ourselves waking up in sweat-soaked sheets if we don't have functioning air conditioning. Here are a few tips to help keep your cool during the sweltering summer heat.

CHANGE FURNACE FILTER

"The main reason we get service calls is dirty furnace filters," says Jeff Wiley of Professional Plumbing & Heating in Regina. Clogged filters can inhibit air flow. He recommends changing the filter at least once a month during the cooling season. "More often if you have pets who shed," he says.

CLEAN THE CONDENSER

In late spring, brush off leaves or debris on the condenser—the whirring box outside your house. The fins at the back of the unit can get coated in fluff, particularly if you have a lot of poplar trees in your area. Gently rinse them off with a garden hose. "But do not use a pressure washer," Wiley cautions.

WINDOW AND WALL UNITS

Window or wall-mounted ductless systems have a removable filter on the inside of the unit. Slide the filter out, rinse it with soapy water and dry thoroughly before reinserting. Again, Wiley recommends cleaning the filter at least once a month during the warmer months. "It's just so easy to do."

TEMPERATURE CONTROL

To improve the efficiency of your AC, close the blinds on large south-facing windows during the day—it'll minimize solar heat gain. Another trick is to close some of your basement vents to force more cold air up to other parts of the house. Do the same in small spaces, like powder rooms, which can get too cold for comfort.

KNOW THE WARNING SIGNS

If it seems your home isn't cooling down as quickly as it used to, you're probably not imagining it. This is the most common sign something's not quite right. Other indicators can include a whiny or grinding noise coming from the condenser, or ice buildup on the lines leading from the condenser to the furnace.

WHEN TO SEEK PROFESSIONAL HELP

Home insurance providers recommend regular tune-ups by a licensed technician. Check with your CAA Insurance consultant about coverage requirements. During a service call, the tech will clean your condenser, check voltage of components, pressure-test and top up refrigerant, and clean the blower wheel inside your furnace. **CAA**



THE HEAT IS ON

Prep for summer road trips by checking your vehicle's battery performance

BY GRAHAM HEEPS

WE ALL KNOW the consequences of poor battery maintenance during cold winter months. But high summer temperatures can be just as damaging to a vehicle battery.

"Excessive heat causes the fluid in your battery to evaporate and can weaken its charge, causing plate corrosion," explains Scott McIntyre, VP of automotive services at CAA Saskatchewan. "If you pop the hood and notice corrosion built up around the terminals, it may be a sign of

“*Excessive heat causes the fluid in your battery to evaporate and can weaken its charge, causing plate corrosion*”

a weakening battery caused by excessive heat." In Saskatchewan, batteries typically last three to five years. If yours is approaching that age, get it tested.

Driving less

The COVID-19 pandemic has made life tougher than ever for batteries. "When you drive daily, you maintain your battery by recharging it with the alternator," McIntyre notes.

"During the pandemic, people may leave their vehicles sitting

for a week or two, only taking it out on grocery runs." That's not enough to maintain the battery: The charge slowly gets lower until the car won't start anymore. "Sometimes we can charge the battery for a full day to bring it back to life," McIntyre says. "Other times, we're not so lucky and have to change it out."

Check or replace

CAA Members in Saskatoon and Regina can book a Battery Service appointment for a battery test—and we'll come to you. Visit caask.ca/battery-service to learn more and book an appointment. Your battery technician can even install a new one, while you wait. Members get a \$15 discount on CAA Premium Batteries.

"CAA's battery manufacturer is one of the best on the market for quality," McIntyre adds. "There's also a three-year replacement warranty, plus another three years of pro-rated warranty, which is hard to beat."

If you've taken your vehicle for maintenance at an AARS shop or the CAA Car Care Centre at Regina Battery Depot, ask them to inspect your battery. Your tech will start with a visual inspection to ensure the posts are free of corrosion and the cables look good, followed by a test of the battery's cold cranking amps rating. If it drops below 9V, it's either too weak or has failed—at which point it's time for a replacement.

CAA Members save 10% on all regular-price batteries at Regina Battery Depot. **CAA**

SUMMER VEHICLE PREP

Because you should check more than your battery



TIRES

Before a big road trip, ensure they're inflated to the correct pressure. Check the sticker inside the driver's door for the right PSI.



WINDSHIELD

Dusty back roads and muddy streets can wreak havoc on your windshield. Be sure to top up your wiper fluid.



FLUIDS

Top up other fluids, like oil and coolant. Consider getting a full inspection when winter tires come off to ensure there are no leaks.

A RIVER RUNS THROUGH IT

Known as the “river without end,” the mighty St. Lawrence is dotted with quaint towns, big cities and outdoorsy adventures

BY KELLIE DAVENPORT

1

BROCKVILLE RAILWAY TUNNEL, ONTARIO

Named after War of 1812 hero Sir Isaac Brock, this riverside town is home to Canada’s first railway tunnel. The underground tracks were completed in 1860 and stretch from the banks of the river to the downtown core. An enduring example of the country’s pre-Confederation industrial heritage, the tunnel was originally built for the Brockville and Ottawa Railway, but was later acquired by the Canadian Pacific Railway. Today, the defunct tracks form part of the Brock Trail, a 12-km recreational pathway. A technicolour light display and accompanying soundtrack make the tunnel a fun pit stop for history buffs and families alike.



2

LES ÎLES-DE-LA-MADELEINE, QUEBEC

Head downstream to the Gulf of St. Lawrence and you’ll be delighted by a visit to the Magdalen Islands. The isolated archipelago, which is part of Quebec but closer to P.E.I., is often called the best kept secret of the Maritimes. Resident Madelinots proudly maintain and share their Acadian heritage with visitors. Say a prayer at



North America’s second-largest wooden church in Laverrière; sample traditional smoked herring at Le Fumoir d’Antan

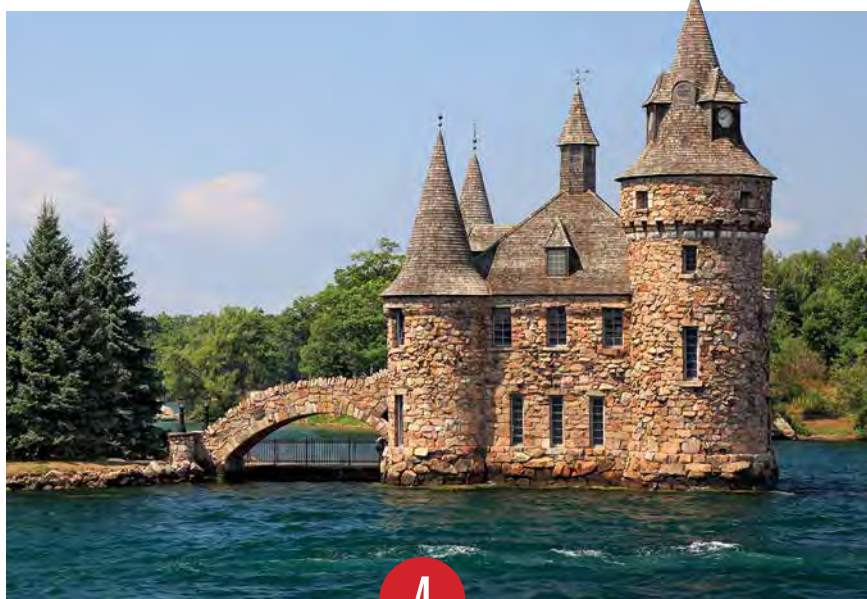
(literally “smokehouse of yesteryear”); or spend the night at Domaine du Vieux Couvent, a restored 20th-century nunnery.

1: GEORGE FISCHER; 2: MICHÈLE FOREMAN; 3: THIBAUT CARRON; 4: VLADONE/ISTOCK; 5: PAUL GALIPEAU

3

BOTA BOTA SPA, MONTREAL

Enjoy a true river experience aboard this *spa sur l'eau* (floating spa) on a historic ferry. Docked in the Old Port of Montreal, Bota Bota boasts five decks, a floating terrasse and garden space. Relax with a Swedish massage or body scrub while the river's current lulls you to a Zen-like calm. For a more invigorating experience, try the water circuit of hot soaks and endorphin-releasing cold plunges, followed by chill-out time in a hammock. Savour an *après-spa* bite at La Traversée: The onsite bistro serves up local fare and a sweeping view of the St. Lawrence.



4

THOUSAND ISLANDS, ONTARIO

The islands are a series of Precambrian rock outcroppings that stretch along the river down into New York. For a bird's-eye view, take the elevator up the 130-metre-high 1000 Islands Tower. Another noteworthy sight: Boldt Castle on Heart Island. In 1899, NYC hotelier George Boldt bought an island and had it painstakingly reshaped to look

like a heart—in tribute to his wife, Louise. The lovestruck millionaire also began work on a whoppingly expensive medieval-style castle. When Louise died in 1904, Boldt abandoned the unfinished structure. Years later, conservationists took up his cause and finished the castle, which is now open to the public.

5

PRESCOTT, ONTARIO

The town of Prescott, population 3,965, punches well above its weight in history and culture. Near a U.S. border crossing, it's best known as the site of Fort Wellington, a War of 1812-era barracks. Visitors can explore the wreck of a gunboat, watch a canon firing and enjoy 19th-century snacks cooked over an open fire. For a dose of culture, grab a seat at Prescott's annual St. Lawrence Shakespeare Festival. Outdoor performances throughout July and August include Bard classics like *The Tempest*, *Twelfth Night* and *Hamlet*. **CAA**



**PLAN NOW
GO LATER**

Save your spot on the Sailing the St. Lawrence cruise tour to explore the iconic river: June 26 to July 15, 2021. Learn more at westworldtours.com or call 1-800-564-6222 (press 4)

WestWorldTours

A WORLD OF OPTIONS



It's time to think about your unused travel credits and start exploring where they can take you!

Did you have to cancel a trip last year because of Covid-19? Did you receive vouchers or travel credits instead of a refund? If so, we can help you put your travel credits to good use, even if you didn't make your original travel booking with us. Your travel credits are the key to endless possibilities.

Our knowledgeable Travel Consultants can take the stress out of understanding the rules and fine print so that you can focus on the exciting details like where to go next. Make up for all those missed adventures and lock in something to look forward to.

TRAVEL
WITH
SOMEONE
YOU
TRUST



MOST TRUSTED BRAND IN CANADA
MARQUE DE CONFIANCE AU CANADA
GUSTAVSON SCHOOL OF BUSINESS
UNIVERSITY OF VICTORIA

ALL ACCESS

Accessible outdoor activities you can explore across Saskatchewan this summer

BY KAREN KWAN



“SASKATCHEWAN HAS SO MANY beautiful parks and outdoor destinations,” says Marlene Hoce, reflecting on her home province. The Regina resident is a member of Barrier Free Saskatchewan, a coalition that promotes 14 principles with the goal of establishing a Saskatchewan Accessibility Act. “We’ve come a long way,” she says, noting that access is available at most sites. Hoce, who uses a wheelchair herself, is optimistic about a barrier-free province. “Work has begun; change is coming,” she says, proud of the strides that have been made thus far and hopeful for a future when accessibility for all types of disabilities is the norm. This summer, try some of these accessible pursuits across the province.

CAMP OUT

Set on the banks of Tobin Lake, Nipawin & District Regional Park offers 300 acres of natural beauty and wilderness. Just a few kilometres from the town of Nipawin, the park was a fur-trading outpost in the 18th century. Accessible amenities and level-gravel sites make this only-in-Saskatchewan sight a rewarding outdoor experience for all.

TAKE A HIKE

Explore Cranberry Flats Conservation Area, a sandy dog-friendly nature reserve about 20 km south of Saskatoon. Follow the wheelchair-accessible interpretive trail to the main lookout and you’ll be rewarded with stunning views of the South Saskatchewan River valley. Signs dotting the trail point out facts about resident flora and fauna.

BEACH DAY

Saskatchewan’s provincial parks offer a beach-friendly wheelchair program: Reserve a chair in advance for any of the parks, including Moose Mountain, about 25 km from Carlyle. One of the province’s oldest parks, it boasts lush stands of poplar and birch trees. The beach on Kenosee Lake is a perfect respite on a hot day.

GO FISH

Try to snag northern pike, perch and walleye at the scenic, modern Northern Lights Lodge on Deschambault Lake. At this wilderness fishing site, everything from the cabins to the dock are wheelchair accessible. For a more rugged experience, reserve a barrier-free campsite. The lodge is also pet-friendly to accommodate support animals.

EMBRACE NATURE

Naturalists will love Swift Current’s Chinook Parkway, a paved 20-km trail bordering the Swift Current Creek. You’ll be immersed among wildflowers, such as wild licorice and cattails. Eagle-eyed birders and wildlife spotters might also glimpse meadowlarks, blue-winged teals, beavers and muskrats, among other local creatures. **CAA**

How We



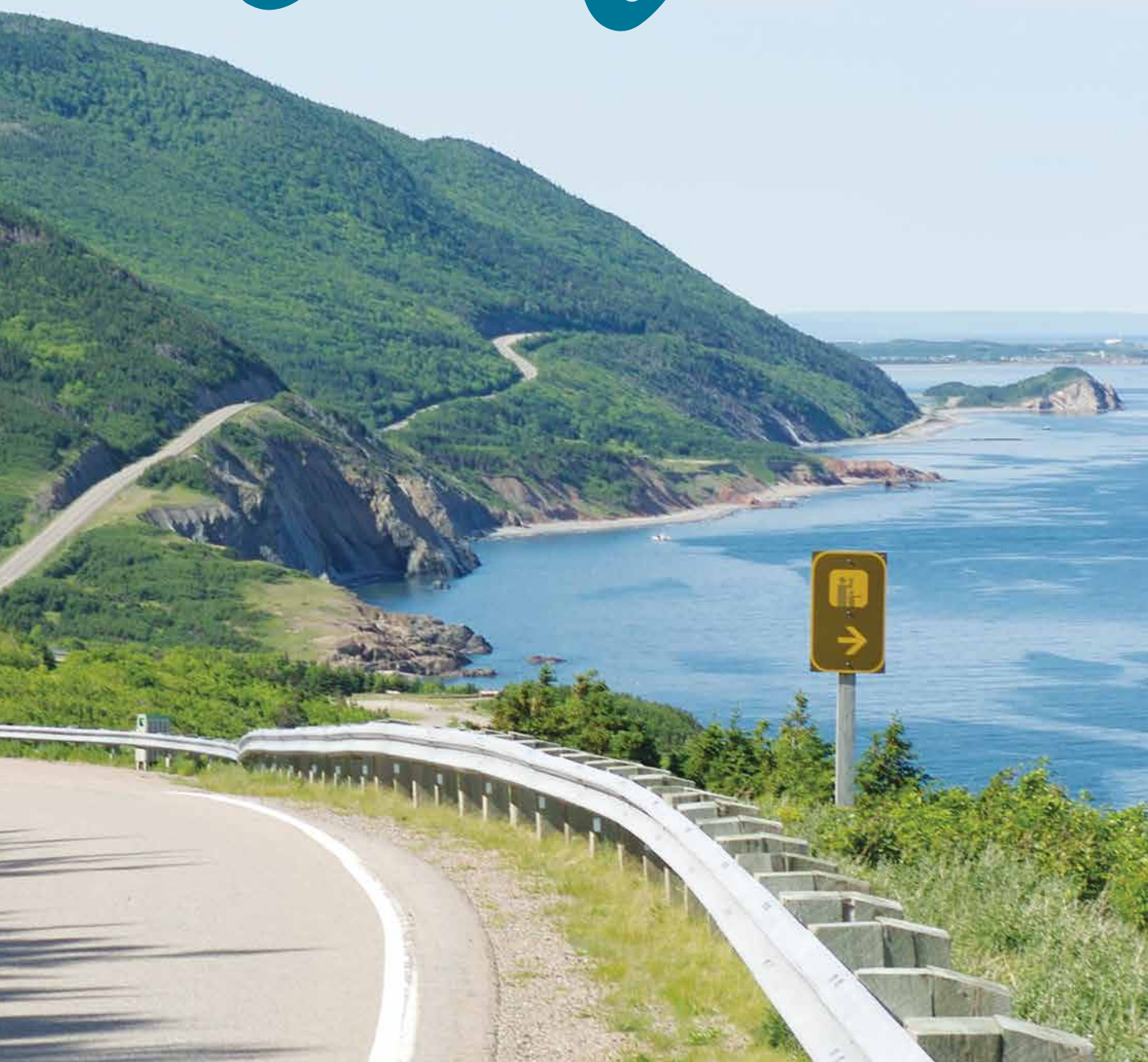
ROAD TRIP!

Spanning nearly 300 km of highway, the Cabot Trail makes for an ideal East Coast RV trip

Roll

A FAMILY
ROAD TRIP
ACROSS
CAPE BRETON
IN AN RV

**BY LOLA
AUGUSTINE
BROWN**





IT HAD BEEN PELTING RAIN ALL DAY. BUT AS WE CRESTED FRENCH MOUNTAIN ON THE CABOT TRAIL, THE DOWNPOUR GAVE WAY TO SUNSHINE, CREATING A MISTY GLOW.

“We’re driving through clouds right now,” I called over my shoulder to my three kids in the back of the RV. “Whoa,” said Rocco, my five-year-old.

Carmelo, age eight, asked, “What do clouds taste like?” I promptly pulled the RV into one of the trail’s many look-outs. We all piled out of the RV and my boys tried eating the clouds, as their 13-year-old sister Perdida giggled.

When I told a friend I was going to drive around Cape Breton for a week in a 10-metre-long RV, she said, “Better you than me! With all those hairpin turns, aren’t you scared to drive something that big?” Nah, I assured her, no sweat.

Driving the twisting road down French Mountain—with a death grip on the steering wheel as rain lashed the sides of the vehicle—I admit I was a little concerned. But at no point did our beast of a motorhome feel out of control. Driving was pretty easy. Even backing it into campsites was okay. When all was said and done, our first RV trip turned out to be our best vacation ever (according to my kids).

A home on wheels

We rented our home on wheels with CanaDream; being complete RV newbies, we weren’t sure what to expect. We chose a Class C Maxi Motorhome, which came with a queen bed in the separate

bedroom nook, twin bunks above the cab and a dinette that converted into a short bed. The RV had a decent size kitchen with ample fridge/freezer space, a stove and microwave, plus a bathroom complete with shower.

We opted for the convenience kit (at an extra cost), which meant the kitchen came equipped with pots, pans, cutlery and everything else we needed. We filled every drawer and cubby of the well-designed RV with books, games and toys before setting off on our seven-day itinerary.

We booked our first night at Inverness Beach Village, a 3.5-hour drive from the CanaDream pick-up point near the Halifax airport. It was the only advance booking we made, which turned out to be a wise decision. Though we enjoyed some glorious sunny days, we also had plenty of rain and wind (not uncommon on Cape Breton), and had to rejig plans on the fly. Our whale-watching trip in Ingonish, for instance, had to be postponed by a day due to choppy water.

I loved the flexibility the RV offered: being able to pull-over and stop wherever, whenever; making lunch in a parking lot if we wanted; and never needing to find a washroom because we were travelling with one!

Even on the wettest of days, we snuggled up in our toasty motorhome, with plenty of toys and games from home to occupy our time and enough space for everyone to spread out. »

**RENTAL,
SWEET RENTAL**
The writer’s brood stretches out in their surprisingly spacious CanaDream motorhome rental



*Cape Breton
is positively
bursting with
spectacular
beaches*

**SEE IT
WITH CAA**

When you're
ready to travel
again, connect
with your local
CAA Travel
consultant for
road trip tips
and info

1-800-564-2222

CAASK.CA/TRAVEL

BEACHY KEEN

The family-friendly
shoreline of Inverness
Beach features the
warmest ocean water
north of the Carolinas



SIP AND SAVOUR

Cooking meals in an RV is a great money-saver, but try to make a pit stop at these tasty Cape Breton spots

At **Salty Rose's** and the **Periwinkle Café** in Ingonish, you can't go wrong with local lobster rolls, but the **orange-flavoured granola** is another must-eat. The sweet restaurant also has an attached gallery showcasing local artisans.

Locals in Chéticamp will inevitably point you to **Mr. Chicken**. Grab lunch on a bench outside and order the ridiculously tasty chicken poutine.

Another Ingonish gem is the **Bean Barn Café**. You'll want to get a whole butterscotch pie to go with your coffee.

Leaving Cape Breton, **Big Spruce Brewing** is a popular watering hole serving organic beers. Try the Cereal Killer Oatmeal Stout or Raspberry Wild Ale.



Sites and sounds

Throughout our week-long journey, the RV parks we chose offered loads of fun amenities. Inverness Beach Village is nestled right next to its namesake beach and just across the road from Route 19 Brewing Tap and Grill, which has thirst-quenching craft beer and delicious pub food (try the gigantic lobster rolls).

When we checked in to the Hideaway Campground and Oyster in Dingwall, we bought a dozen Aspy Bay oysters on the half-shell with all the trimmings. I washed down the fresh bivalves with a local beer before even hooking up the RV, while the kids disappeared to join other children at the on-site playground. Another standout for me was Parks Canada's Broad Cove Campground in Ingonish. It's quiet, leafy and boasts biking and hiking trails adjacent to a sandy beach teeming with seabirds.

IN THE SWIM OF THINGS

Eight-year-old Carmelo looks out over Gypsum Mine near Chéticamp. The watering hole, a leftover from an old quarry, is the perfect place for a dip on a hot day

Go RVing Canada, the marketing body for the Canadian RV industry, promotes kids having a “wildhood.” That’s exactly what our family experienced on this trip. Once we settled in at a campsite, my brood immediately set off to play with other kids, only returning when it was too wet or too dark. Every day they made fresh friends and played and played and played some more. It felt like such a safe space to let them just be kids. I now understand why so many families favour RV travel.

The kids’ favourite spot was Two Rivers Wildlife Park near Sydney. The nature-lovers’ paradise features an epic playground with a huge bounce pillow, a wildlife park, a stocked fishing pond (Carmelo is fishing-crazy) and daily access to the petting barn animals. All three kids stayed out way past bedtime to hang with the llamas and goats.

Natural splendour

Cape Breton is positively bursting with spectacular beaches. Our first stop was West Mabou Beach, dunes and red clay cliffs fringing a huge sandy bay—with barely anyone else around. My boys stripped down to their underpants and ran straight into the gentle surf.

Other must-see beaches are Inverness, with its treasure trove of sea glass, and Ingonish, which is backed by a freshwater lake. The two bodies of water are divided by a natural bank of smooth pink and grey stones, unlike anything I’ve ever seen.

At Ingonish, we ventured out onto the water with Keltic Express Zodiac Adventure. During our whale-watching trip, the sun thankfully shone the entire time. Though we didn’t see any whales, we did spot three massive ocean sunfish. Also known as the common mola, it’s the world’s largest bony fish, weighing as much as two tons. One of the behemoths came right up to our boat, which was both fascinating and terrifying!

Back on land, Cape Breton offers some of Canada’s most amazing hikes. Though we missed the Skyline Trail (arguably the island’s best) due to COVID-19 restrictions, we loved hiking out to the Gypsum Mines in Chéticamp. Swimming in the clear water of the old gypsum quarry was truly unforgettable. Hiking the Cape Smokey trailhead offered up sweeping Cape Breton views and my kids picked tiny, sweet wild blueberries along the way.

As East Coasters, we’ve visited Cape Breton before and always loved it. But touring the island by RV enriched the trip in so many ways. Our kids loved it, it was affordable, and it gave us the flexibility to see as much—or as little—as we wanted. We loved the journey so much, we now want to buy an RV of our own for future trips to come! **CAA**

HORSING AROUND

On a rainy day, the kids take shelter in a sentry hut at Fortress Louisbourg, an 18th-century fort named for Louis XIV of France. Bottom: Making a new equine friend at Two Rivers Wildlife Park



NOW HEAR THIS!

Living with hearing loss during a pandemic is challenging: PPE like masks inhibit hearing and lip reading. Here are three tips to help.

1.

Don't be shy

Hearing loss is more common than you might think: 1.33 billion people are affected world-wide. When you first approach someone, let them know about your hearing loss so they can adjust their actions accordingly. If communication proves difficult, ask them to speak up or move to a quieter location.

2.

Use body language

Psychologists agree that a large chunk of communication is nonverbal. Whether you have hearing loss or are with someone who does, think beyond the spoken word. Face the person, speak slowly and enunciate, use hand gestures and periodically check that they understand you.

3.

Get the right gear

Modern hearing aids help mitigate communication barriers posed by masks. Features like Bluetooth and 360-degree mics filter background noise and clarify muffled speech, while add-on devices can amplify sounds and speakers. Speech-to-text apps let you read spoken words on your phone in real time. CAA Members **save up to 20%** on hearing technology and **15%** on everyday listening products with Connect Hearing.*



Connect Hearing is a medically regulated business. Clinics are open by appointment with enhanced safety protocols to keep you safe

Win a pair of hearing aids and a CAA prize pack! To enter, visit connecthearing.ca/contest-caa to schedule and complete a hearing test by July 30, 2021 at your local Connect Hearing clinic

*Visit connecthearing.ca/caa or call 1-888-486-0177 for complete terms and conditions

Don't worry.

We have you covered.

Spills are bad, but cleaning them up is worse. Gone are the days of carpet shampooing, permanent stains and lingering odours. The WeatherTech FloorLiner makes quick work of those accidental spills and messes. Simply remove the FloorLiner, give it a rinse and you're as good as new.

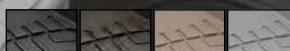
Laser measured for a perfect fit, the FloorLiner will protect the front, back and even up the sides of your vehicle's footwell. And with a lifetime warranty, you can say goodbye to cleaning your carpets for as long as you own your vehicle.

WeatherTech®

Auto. Home. Pet. Find Your Fit.

888.905.6287 | WeatherTech.ca

Available in black, cocoa, tan or grey.



DIAMONDS IN THE ROUGH

A ROUNDUP
OF WESTERN
CANADA'S BEST
UNDER-THE-RADAR
GOLF COURSES

BY
ANDREW PENNER

“Two courses appeared in a yellow wood, and I...I chose the course less travelled by. And that has made all the difference.”

Hmm. If Robert Frost had been a better golfer (allegedly, his swing wasn't exactly poetry in motion), perhaps his famous poem, *The Road Not Taken*, may have gone something like that. But you need not be a poet—nor a great golfer—to appreciate an awesome, under-the-radar golf course. Unsurprisingly, Western Canada is full of them.

From the wave-smashed shores of Vancouver Island to Manitoba's rocky shield, Western Canada is home to nearly 1,000 places to play. While there are many hyped hacker hot spots, more discerning golfers have come to realize that digging a little deeper can uncover the *real* gold. In other words, take the road less travelled and you may reap a big reward—and often at half the price! Here are a handful of less-frequented courses to get you started on a western golf journey.



EVERGREEN

NIPAWIN, SASKATCHEWAN

Situated 2.5 hours northeast of Saskatoon, where the hot-yellow canola fields meet the northern forests, the riverside town of Nipawin radiates quaint charm—and a truly stunning golf course. Designed by prolific Alberta-based architect Les Furber, Evergreen presents as a peaceful parkland challenge that's not unlike Canada's best cottage-country courses. Nearly every hole is lined with towering pines, while bone-white silica sand bunkers protect the gorgeous, undulating greens.

“Evergreen is consistently recognized as one of Saskatchewan's hidden gems,” says Scott Allan, owner and publisher of saskgolfer.com. “Although the course has been hosting one of Saskatchewan's top tournaments for years—the Scotia Wealth Management Open—it's still relatively unknown in Western Canada. It shouldn't be. I think its fairly remote location in northern Saskatchewan has kept it somewhat under the radar.”

Turf conditions are always outstanding. And thanks to a 600-yard opening par-5 that rifles through the woods, you'll realize very quickly that Evergreen is not to be taken lightly. All facets of your game will be tested here!



SAVE WITH CAA

Tee up savings at over 800 golf courses across Canada. Members save 25% on a Canada Golf Card online

CAASK.CA/
CANADA-GOLF-CARD



SPEARGRASS

CARSELAND, ALBERTA

When a “play day” opens up on the calendar, most Calgarians think about heading west to much-lauded mountain courses. But if you travel in the opposite direction—where rolling wheat fields give way to the heaving banks of the Bow River—you’ll find the spectacular Speargrass Golf Course.

Designed by Canmore-based architect Gary Browning, Speargrass is a prairie links of the finest order. Though peppered with pot bunkers and lined with knee-high fescue, the gently rolling fairways offer plenty

of room to play. The hole configuration adds to the enjoyment, with an equitable arrangement of par-3s, 4s and 5s. Many of the latter are quite reachable, even for medium-length players.

“The greens are some of the best playing surfaces in Alberta,” says Tiffany Gordon, a 27-year CPGA professional and national director of the Alberta PGA. “The course conditions are always off the charts at Speargrass. And the sweet finishing run along the Bow River is hard to beat.” »



Did You Know?

Weyburn’s **Graham Delaet** made his mark on the PGA Tour in 2013 with his 8th place finish in the FedExCup playoffs. He also proudly represented Canada when golf returned to the Olympics in 2016.

Did You Know? Canadian golf pro **Brooke Henderson** became the first Canadian in 45 years to win the Canadian Women's Open, held at Regina's Wascana Country Club in Regina in 2018.



TO A TEE

Get into the swing of things with some new threads, available at your local CAA Store



Tilley Airflo LTM6 hat
\$95



Gikpac packable rain jacket
\$59



Pacsafe reusable face mask
Members: \$15



GRANITE HILLS

LAC DU BONNET, MANITOBA

Parading along the pretty shore of Lake Lac Du Bonnet in the heart of the Canadian Shield, the Granite Hills Golf Club might be the best course in Canada that's, well, in the middle of nowhere. (From Winnipeg, it's an hour-and-a-half drive northeast, so it's certainly doable as a day trip.)

With several elevation changes, stunning rock outcroppings and six holes to play along the lake, there's plenty of beauty and drama to fill a day on the course. The finishing run, which is capped by an awesome par-4 that careens along the water, is a fitting conclusion to what is easily

one of the most memorable courses in Manitoba.

Considering it opened in 2007—and has been praised by multitudes of Manitoba golfers—Granite Hills is hardly a secret. But it certainly requires taking the road less travelled. "It's a bit of a drive to get up there," says Jared Ladobruk, executive director of Golf Manitoba. "But you will be rewarded. Manitoba has many great lakeside courses, and Granite Hills is certainly one of the best." The par-5 third has water all the way down its left side, reminiscent of Pebble Beach's famed 18th hole.



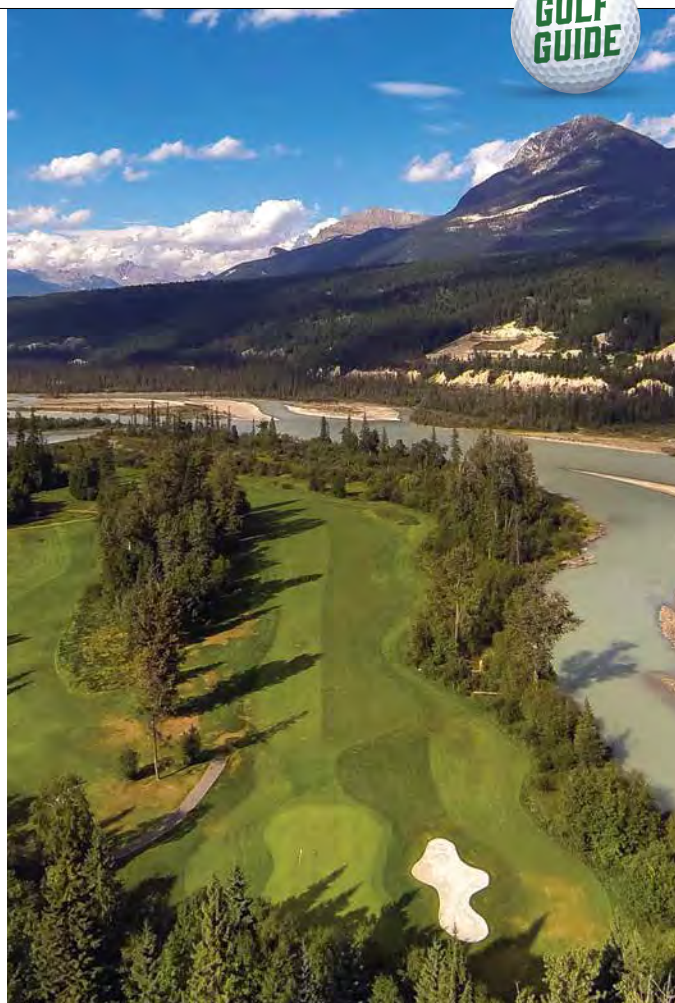
GOLDEN

GOLDEN, BRITISH COLUMBIA

Every day during summer, thousands of cars take the road most travelled (Highway 1) to cruise through Golden, B.C. But far fewer road-trippers pull into town, cross the Columbia River over a narrow one-way bridge, and peg it up at the Golden Golf Club. It is, without a doubt, one of the great community courses in Canada. The club slogan—"We are a small town club with big time golf"—is spot on.

With no ho-hum holes and at least half-a-dozen hum-dingers, a round of golf in Golden is always filled with drama, especially if you play in June during peak spring run-off! Beautiful mountain views, great gambling par-5s (notably the downhill 12th), sweet doglegs, creekside holes and wonderful green complexes add to the experience.

"About the only two things Golden doesn't have is a massive clubhouse and stuffy atmosphere," says Scott Allan, who worked at the club in the late '90s and has played it hundreds of times. "The layout is super fun, there's a great driving range, excellent RV park, good food in the clubhouse, spacious outdoor patio, friendly people and great value. It just ticks all the boxes."



BLACK BULL

MA-ME-O BEACH, ALBERTA

At over 7,300 yards from the back tees, with a knee-knocking 142 slope and 75.3 rating, the championship course at Black Bull is one of Alberta's toughest. Make no mistake, very few can "tame the bull!" But even if you can't keep your game together for the full 18 holes, the golf experience is one of the finest in Alberta.

"It's my favourite hidden gem in the province," says Wes Heffernan, a two-time U.S. Open contestant and a six-time winner of the Alberta Open championship. "Nearly every hole plays through the forest and it can get tight in spots. There are a lot of challenging tee shots and difficult greens. It's just an outstanding test of golf."

About halfway between Red Deer and Edmonton, Black Bull is also home to a sweet little executive nine-hole course (perfect for families, cottagers, or those who aren't quite equipped to fight a "bull"), as well as a seasonal and short-stay RV Park. **CAA**



**SUMMER
SALE!**

**Get \$1500 off
your new
walk-in tub**

Request your
FREE brochure
or quote

1.800.330.5109
mysafestep.ca

*Cannot be combined with other offers.

**NOW I FEEL SAFE AND
COMFORTABLE
BATHING AT HOME.**

Thank you Safe Step!

- Get in and out of the walk-in tub safely and easily.
- Bathe comfortably in the comfort of your own home.
- Relieve aches and pains with the soothing Hydro-Jet Water Therapy.

**LIFETIME
LIMITED WARRANTY**



Canadian
SAFE STEP
WALK-IN TUB CO.
Safety never felt so good

**SHIFT TO
AUTOMATIC**



CAA MEMBERSHIP

**Act Now to
Earn 20 CAA Dollars®**

Switch your CAA membership to automatic renewal and never be without coverage. As a bonus, use code **AUTO21** by June 30th to receive 20 CAA Dollars (value of \$20 CAD) to be used towards membership, travel or merchandise.

**Switch to automatic renewal online, by
phone or in store.**



INSURANCE
TRAVEL
AUTOMOTIVE
REWARDS

CAASK.CA | 1.866.323.1323 | VISIT A CAA STORE

BACKYARD BLISS

With Saskatchewanians spending more time at home, it's no wonder many of us want to enhance our outdoor spaces. Whether you have a vast acreage, a suburban yard, or a condo balcony, you can maximize your space for both work and play.

INSURE YOUR WORK

Improvements to your home may increase its value. Inform your insurance broker about upgrades to ensure you're covered

[CAASK.CA/INSURANCE](https://caask.ca/insurance)

BY STACY LEE KONG

Refresher Course

Spend even a tiny bit of time on Pinterest and you'll be inundated with photos of beautiful backyards. But according to Alexandra Gater, a stylist and home decor expert known for her cost-effective DIY projects, you don't need a big budget to make your space sing. Here are three easy ways to inexpensively update your backyard.

1

Tend to your timber

Power wash decking, secure loose railings and replace lost or broken post caps. These small tasks instantly spiff up a space—and they can help extend the life of your deck too. But take care with the power washer: Used improperly, it can gouge the wood.

2

Zhuzh it up

"When I'm designing a backyard or patio area, I layer accessories to make it feel like an extension of the living room," Gater says. Throw a beautiful tablecloth over a bland picnic or bistro table, and hang planter baskets filled with seasonal blooms. Textured pillows and patterned rugs can also make a space comfier while bolstering its appeal.

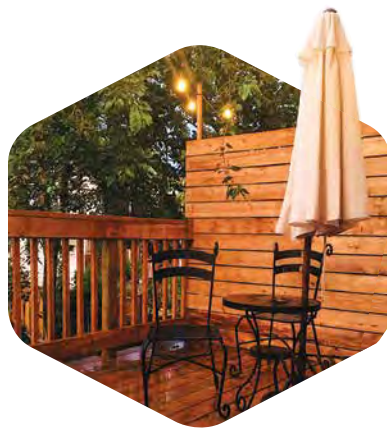
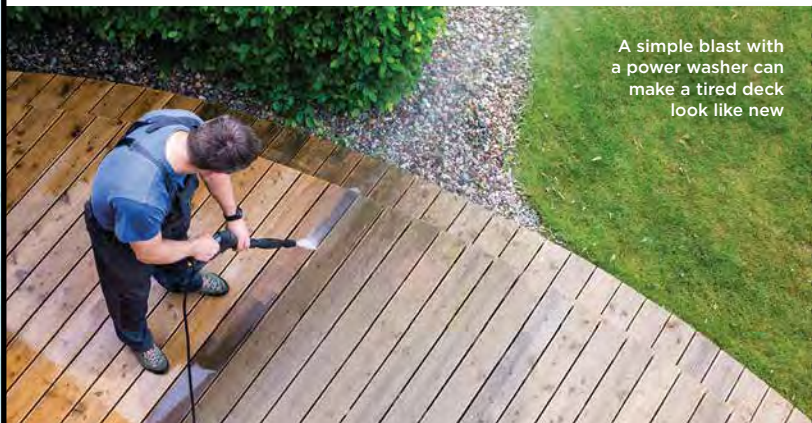
If you'd rather not bring your accessories inside every evening, splurge on high-quality pieces designed to withstand the elements.

3

Light the way

"A simple string of twinkle lights or a few lanterns can add instant ambience to a backyard space," Gater says. Just make sure they're rated for outdoor use. For homes that don't have an external electrical outlet, look for lights that use a solar power source instead.

A simple blast with a power washer can make a tired deck look like new



DO RIGHT BY YOUR DECK

Whether you want to add a brand-new deck or spruce up the one you've got, there's plenty to know about this backyard build. Calgary-based deck-building pro Matt Mensinga shares his advice.



DECIDE IF IT'S DIY

Leave structural work (joists, beams, posts, foundation) to the experts. "It needs to be designed and built properly to support the load of the deck," Mensinga says. "But depending on the materials, resurfacing a deck—removing and replacing the existing wood boards—could be a DIY project."



NEED A PERMIT?

In many municipalities, decks that are two feet or more off the ground require a permit to build—and an inspection when completed. "I look at it as the cheapest insurance you'll ever buy," he says. "An inspection gives you peace of mind that your new deck meets or exceeds the building code."



ACCOUNT FOR EXTRAS

If you're building a new deck, it's usually

cheaper to incorporate extras—stair lighting, pergolas or built-in furniture—during construction rather than adding them later.



STAINING AND SEALING

Low-maintenance decks, often made from recycled materials that don't require sealant or stain, are increasingly common. "If you do need to refinish your deck," Mensinga notes, "use sealant that's breathable and won't harm your plants."



KEEP CRITTERS OUT

Stop pests from playing house under your deck by enclosing it with deck skirting. Worried about animals burrowing under that? Dig a trench at least six inches deep around the deck, attach metal mesh to the inside of your skirting, and bury it to the depth of the trench.

Patio Planner

Create a small-space oasis with these tips from stylist Alexandra Gater

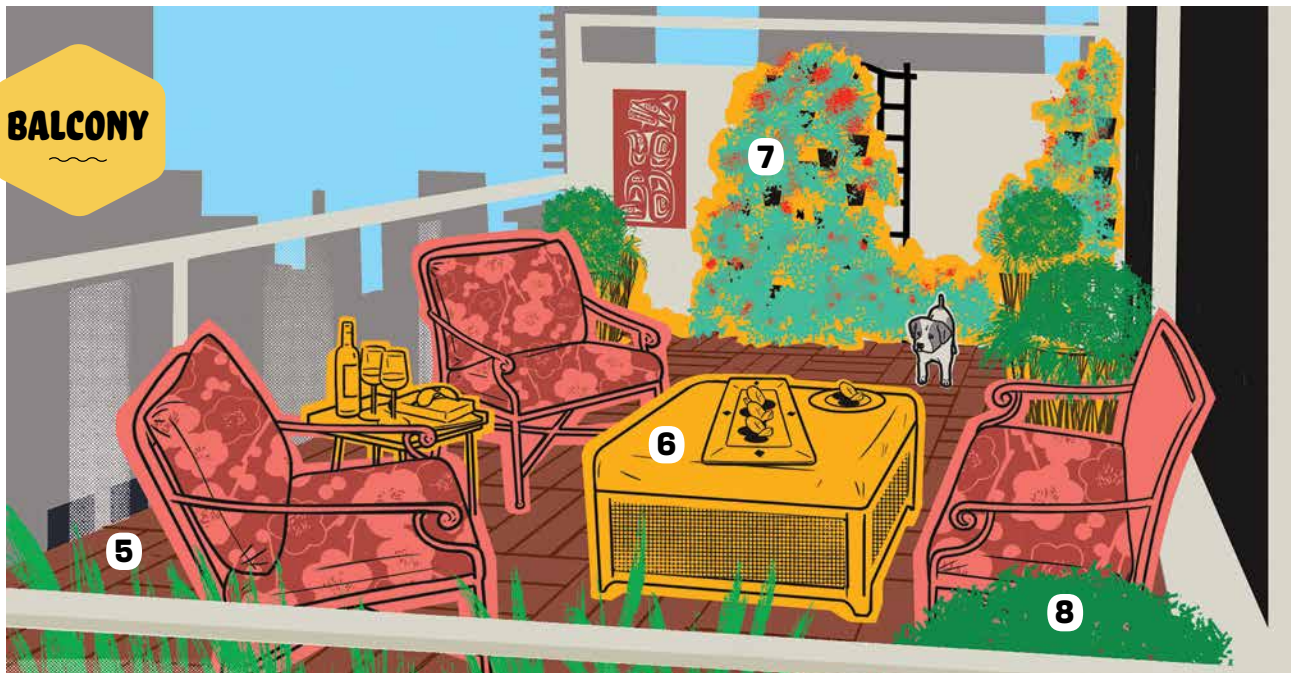


1. Choose chairs, sofas and other pieces you actually want to sit on. “There’s no sense buying uncomfortable furniture! You just won’t use it,” Gater says.

2. “Think outside the box when it comes to pieces you already have,” Gater says. Turn a utility cart into a portable bar or repurpose an unused bench as food-service space.

3. Outdoor furniture and accessories that complement your home’s *indoor* aesthetic can help connect the two—and create the illusion of a larger outdoor space.

4. Add string lights, lanterns and candles to make your patio welcoming in the evening.



5. Cover cold concrete with a colourful outdoor rug or interlocking patio tiles.

6. Add functionality with dual-purpose furniture: a table with built-in storage or an ottoman that can work as an extra table when guests come over.

7. Take advantage of vertical space by creating a feature plant wall, or get some favourite photos printed on weather-resistant aluminum.

8. Create a lush urban garden with potted plants in varied shades of green—for a Scandi-chic vibe—or planter boxes bursting with colourful blooms. »



LOVE YOUR LAWN

Monte Dobson of Regina's Rapid Lawn Landscape Solutions offers advice on mowing, watering and weeds

What are the most important things to know about summer lawn care?

Water your grass properly, cut it to the right length (no shorter than three inches) and feed it regularly with premium-grade fertilizer. A well-fed lawn fills in thick, which crowds out weeds and helps keep the soil cool. Aim to fertilize on the May, July and

September long weekends, which works out to every six to eight weeks.

How do I get my lawnmower ready for the season?

At the start of the mowing season, change the oil and replace the air filter and spark plug. Then sharpen and balance the blades, and clean the air filter once a month from then on.

How often should I mow?

Normally, the rule is to mow once a week, but it depends on moisture and heat conditions. Judge based on the length of the lawn, not when it was last mowed. And don't cut off more than one-third of the grass blade.

How can I keep my lawn happy without using too much water?

Water two to three times

a week, depending on the weather. During a dry spell, be sure to water deeply but infrequently—an inch of water a week is a good rule of thumb. Shallow, more frequent watering encourages grass to grow short roots; it'll be more stressed during a drought. And water as early as possible in the morning, between 6 and 10 a.m., to help reduce evaporation.

Spiffy Stuff

Spruce up your space with some fresh new accessories. Shop through the CAA eStore to save or earn CAA Dollars: caask.ca/estore



Striped pillow
INDIGO

Earn up to 5% in CAA Dollars



Metal lantern candle holder
BOUCLAIR

Save 5% in-store and online



Danson Decor string lights
RONA

Earn 2% in CAA Dollars



Wild Bunch door mat
LINEN CHEST

Earn 5% in CAA Dollars



Acapulco chair
BOUCLAIR

Save 5% in-store and online

TREND ALERT

Office Sheds

The pandemic has made working from home a necessity for many. And some intrepid homeowners are taking it outside. Options abound for beautiful and functional sheds, from easy-to-assemble kits to repurposed shipping containers to bespoke, contractor-built structures. But check with your municipality before you build. Office sheds are accessory structures, meaning your city may have rules about where they can be located. You might also need a permit, depending on the size and if you're adding electrical, plumbing or gas. And don't forget to tell your insurance company. Most homeowners policies cover detached structures like sheds, but if you're going to splurge on a comfortable new space, check that your level of coverage is appropriate. Call a CAA Insurance consultant at **1-800-564-6222** or book an appointment at **caask.ca/insurance**.



Whether fancy or functional, the right shed can be a work-from-home oasis



SAFETY FIRST

Five tips for safely enjoying your backyard this season

1

If you use a barbecue, make sure it's placed on a flat surface, away from flammable materials like trees, shrubs, fences, awnings, and vinyl or wood siding. Never grill in your garage.

2

Don't operate power tools, lawn mowers or other electrical equipment in wet weather. There's a higher risk of electric shock, and wet grass can make the mower harder to control, especially on a slope.

3

Never leave lit candles, lanterns, firepits or other open flames unattended.

4

Trampolines and bouncy castles are fun for kids, but make sure they're safe. Set them on level ground, far from buildings and trees, and never allow children to use them unsupervised. Check your homeowners insurance too: You may require additional liability coverage.

5

Keep garden supplies, including fertilizer and pesticides, in their original packaging, so application instructions remain handy. Store them in a large, waterproof container—so they stay safe and dry—and out of reach of children and pets. **CAA**

Plan For Adventure

Travelling on a guided group vacation with Adventures by Disney provides culturally immersive, once-in-a-lifetime experiences that prove all vacations are not created equal.



DANUBE RIVER

RIVER CRUISE Explore some of Europe's most magnificent locales as you sail along the Seine, Rhine and Danube Rivers on an *Adventures by Disney* River Cruise vacation with AmaWaterways, a leader in luxury river cruising.

When you travel on an *Adventures by Disney* River Cruise, relax knowing that your Adventure Guides are handling the details, making your trip hassle-free. Plus, your Adventure Guides, along with local experts, share tales about each destination, helping you connect to the people, culture and traditions of the places you visit.

LAND To travel with *Adventures by Disney* is to have access to the world. Whether it's a private tour of the Vatican museum or a dinner party in the Imperial Pavilion at the Vienna Zoo, your adventure will take you to unique locations as only Disney can. And with two Adventure Guides, you won't just visit exotic destinations, you'll experience them and become part of the stop.

EXPEDITION CRUISE Experience unbelievable natural wonders and wildlife up close in some of the world's most remote and pristine destinations during an *Adventures by Disney* Expedition Cruise. Our expedition itineraries offer a spectacular mix of planned and spur-of-the-moment activities geared toward families and adults travelling without children.



ITALY



ANTARCTICA

ADVENTURES 
BY DISNEY

As to Disney artwork, logos, and properties © Disney © PONANT (for the Antarctica image)

Plan your Disney vacation with CAA Travel

When you are ready, we will be happy to help you start planning your dream vacation. The assistance of our Travel Consultants can help you customize a Disney vacation that's right for you, your family and your budget. Disney makes it magical. CAA Travel makes it possible!



INSURANCE
TRAVEL
AUTOMOTIVE
REWARDS

CAASK.CA/DISNEY | 1.800.564.6222

WEEKENDER

Neighbourhoods | Local Fun | Things To Do

CATCH OF THE DAY

*Angling adventures,
off-the-beaten-path
getaways and sweet treats—
all without leaving
the province!*

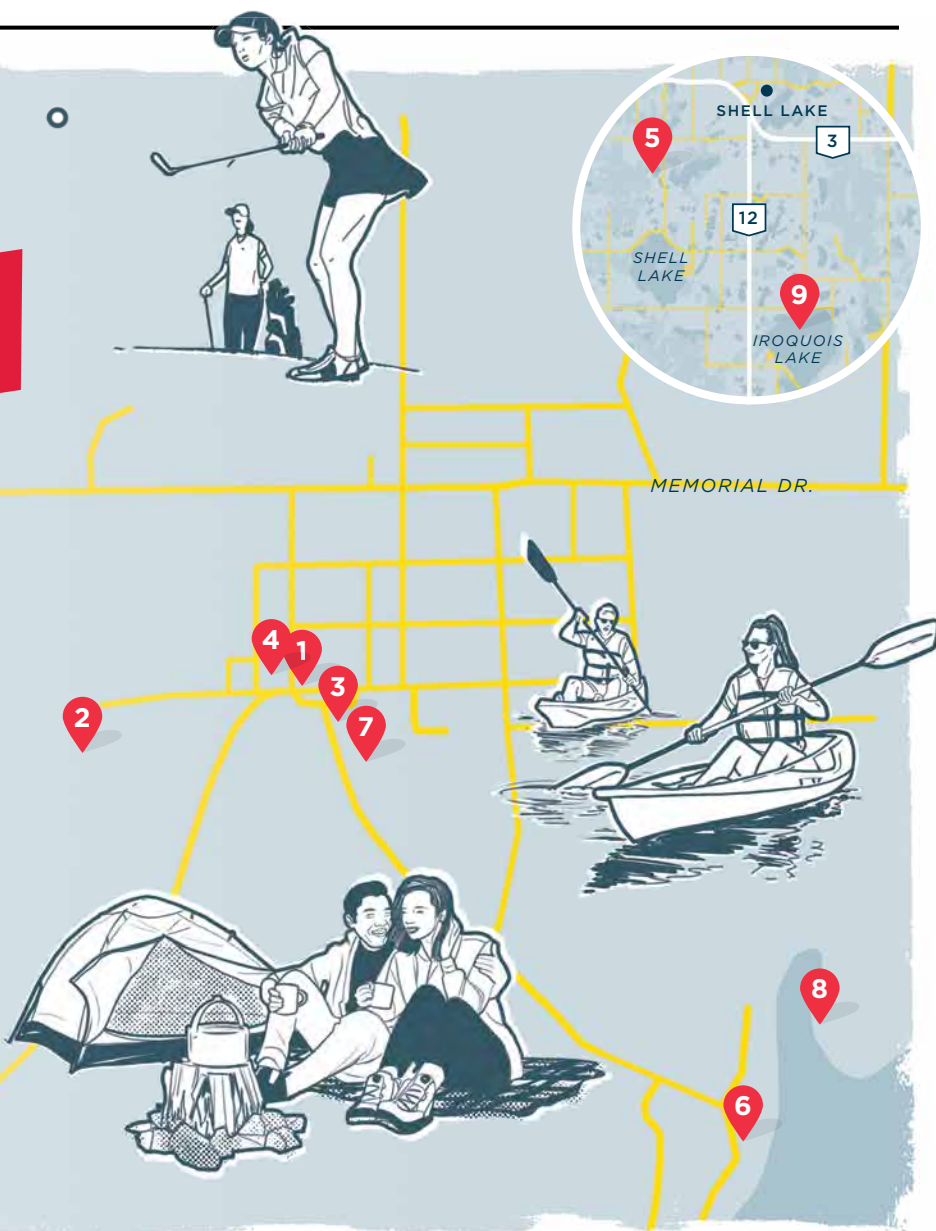


LAKE DIEFENBAKER

SHELL LAKE

BY ASHLYN GEORGE

TUCKED IN THE Thickwood Hills, where prairie parkland meets boreal forest, sits the village of Shell Lake. With dozens of nearby lakes, it's both a recreational paradise for visitors and an inspiration for local artists.



OUT AND ABOUT

1

SHOP



On weekends, search for new-to-you upcycled items at **The Métis Hall**, the local thrift shop and flea market operated by Métis Nation–Saskatchewan Local 81. *Carl Erickson Ave. & 1 St. W.*

2

PLAY



Tee up for a round of golf at **Memorial Lake's** 18-hole course. Located within the regional park, this course caters to both beginner and experienced golfers. *Hwys 3 & 12*

3

EAT



Locals recommend **The Lark** for its more-than-generous helpings of hard ice cream, as well as the perfect ratio of gravy and cheese curds in its signature poutine. *Carl Erickson Ave.*

4

LEARN



Housed in a former rail station, the **Shell Lake Museum** boasts a restored CNR caboose, log cabin and an outdoor clay oven used during the annual Hey Days celebration. *Carl Erickson Ave. & 1 St. W.*

Some of the best fishing, camping and hiking in the region



5



HAPPY TRAILS

Born in Sweden, **Rigmor Clarke** moved to Canada as a teenager. Influenced by the Northern Saskatchewan landscape, she's spent the last 50 years honing her craft as an impressionistic landscape painter. In 2020, Clarke received the Saskatchewan Order of Merit for her work. As founder of the Thickwood Hills Studio Trail—celebrating its 20th anniversary this year—the artist shares what makes the tour so unique.

Tell us about the studio trail.

For one weekend every year, we invite visitors to tour our local studios, speak with the artists and purchase original works. It's a self-drive experience,

so people are welcome to explore the trail and studios at their own social-distanced leisure.

How did the trail come to be?

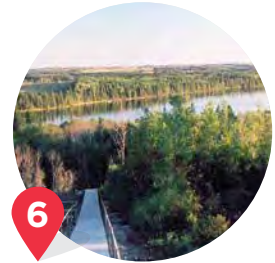
Art is so prominent in

communities across Canada, but it's not always recognized; it's often very quiet. The trail was a way to make art accessible for everyone. The variety of our makers is a reflection of the diversity of people who live in this area.

Why should folks visit?

We love having people out here! Visitors can learn about what we do, and it gives us the chance to connect urban and rural Saskatchewan. Everyone should see this beautiful scenery and taste food at local farms. We want guests to genuinely feel welcome to come see us.

Clarke at work in the '80s; *The Tamrac Bog* (above)



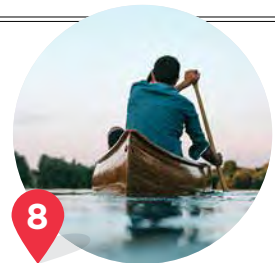
6

For bird's-eye views of Memorial Lake and the surrounding boreal forest, climb to the top of **Memorial Hill viewpoint**. You'll also spot a monument commemorating the lives of local men who fought in WWI.



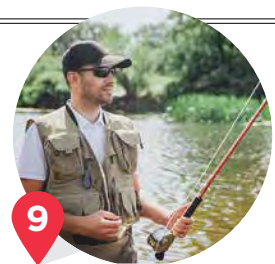
7

Set up a tent or trailer for a staycation at **Memorial Lake Regional Park**. Nestled under towering pines and poplars on the edge of its namesake lake, it's *the* place to be during the summer for locals and visitors alike.



8

On the shores of Savard Lake, **Carlton Trail Nature & Wildlife Sanctuary** is the perfect getaway to experience nature in a peaceful setting. Paddle the lake, hike the trails or book an overnight stay in the cottage.



9

There are more than 130 lakes and 20 rivers within 50 km of Shell Lake, making the region an **angler's paradise**. Drop a line in at Memorial, Iroquois, Savard, and Big and Little Shell lakes. **CAA**

SHOP CAA

The outdoors
are calling



Floor Trash Bin (MS-HR3505)
Fully leakproof bin keeps trash covered and contained.
Member Price: \$14.99
Regular Price: \$16.49



Koorungal Mens Kokoda Mid Brim (SAG-HMM1259103L)
Fully packable & crushable, moisture wicking and floats in water. This is one of those all round hats that you are sure to have for years to come!
\$39.99



Koorungal Cassie Short Brim
(SAG-HBL01197200)

A lightweight and feminine bucket hat with a classic knit finish. Perfect for those looking for sun protection but don't want to be weighed down with a wide brim.

\$29.99



Skyline Recycled Zip Pockets (FI-ZPWS)
Keep your belongings organized and safe with these practical zip pockets.

Member Price: \$19.00
Regular Price: \$22.00



CargoCube™ Storage Bin – 2 Pack (MS-HR5580)
Leakproof bin holds groceries and car gear.

Member Price: \$31.99
Regular Price: \$34.99

**EARN
10%
IN
CAA DOLLARS®**

SPECIAL MEMBER PRICING ON SELECT MERCHANDISE

CAA gift cards are available and can be used toward merchandise, membership and more.

CAASK.CA/LOCATIONS | 1.800.564.6222 | VISIT A CAA STORE

*All items listed above are subject to availability. Contact your local CAA Store for more information.

* CAA, CAA Emblem, and CAA Dollars registered trademarks owned and use granted by the Canadian Automobile Association. Taxes extra.



INSURANCE
TRAVEL
AUTOMOTIVE
REWARDS

ROAD TRIP!

Unusual places to stay, outdoor diversions and camping tips
for your next Saskatchewan getaway

BY KELLIE DAVENPORT



BINCREDIBLE, ALIVE SKY LODGE

OVERNIGHT SUCCESS

WHETHER YOU LIKE SLEEPING under the stars or sprawling out on a soft mattress, check out some interesting overnights across the province. For a true prairie experience, stay in a “BINcredible” grain bin at Alive Sky Lodge near Rosetown. The luxury containers are outfitted with a plush

queen bed, private deck and hot tub. For a more rustic retreat, head northeast on Highway 11 to Flora Bora Forest Lodging and bunk in a yurt. Nestled in the forest near Emma Lake, each handcrafted yurt sleeps four and comes equipped with a full kitchen and bathroom. To glamp up your weekend, bed down in a luxe tent at Camp Wolf Willow, overlooking the South Saskatchewan River. The cozy canvas pop-up features a double bed,

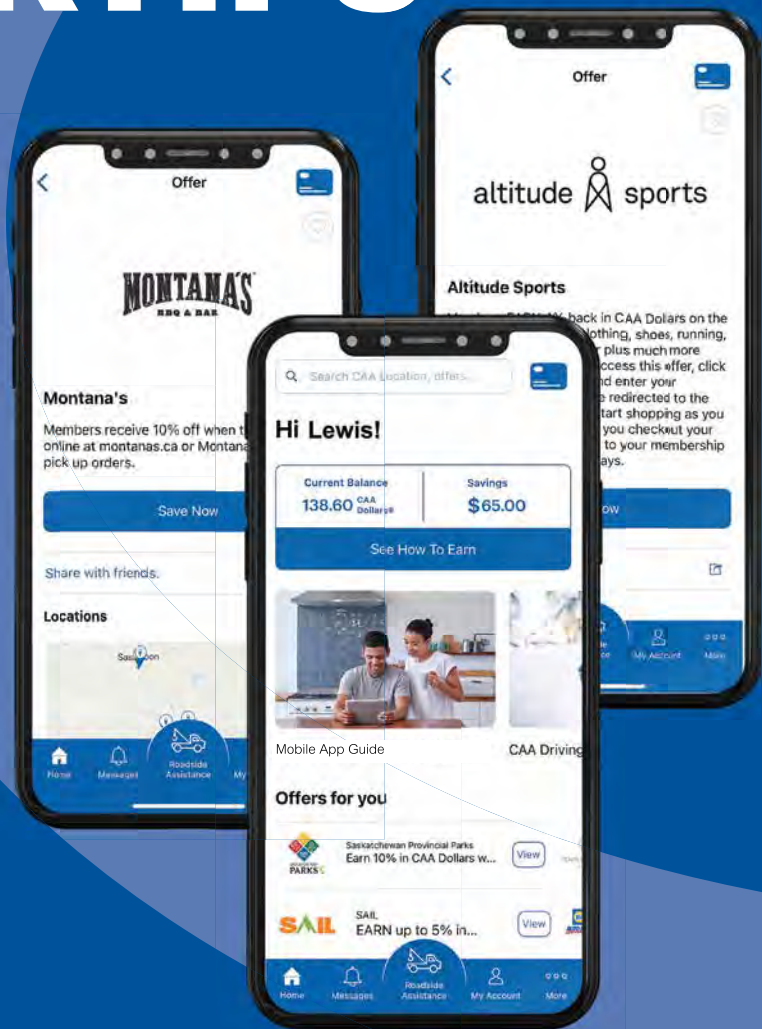
two comfy cots and a firepit. Stroll over to the on-site winery and pick up a bottle to enjoy by the campfire. Wherever you stay, remember pandemic safety: Wear a mask, keep your distance and frequently wash hands. And check ahead when reserving accommodations: Many properties in the province adhere to enhanced pandemic protocols, like screening questionnaires and temperature checks.

**CAA BY
YOUR SIDE**



The best road trip buddy? Your CAA membership! **Roadside Assistance** takes the stress out of driving if you need a tow or help along the way. And your membership helps you explore with instant savings at fun pit stops and eateries along the way: Save 15% at Pizza Hut and Marble Slab Creamery, or 10% at Original Joe's Restaurant & Bar. CAA also has your back even when you're in the passenger's seat as membership goes with you, not the vehicle. Get more road trip tips and membership info at caaroadtrip.ca.

SAVINGS AT YOUR FINGERTIPS



Shop. Save. Earn.

Whether you're shopping for everyday needs or little indulgences, personalize your CAA Rewards Partners to match the things you love the most. We'll let you know about offers and discounts based on the partners you have selected.

1.866.323.1323 | CAASK.CA/APP



BEST BEACHES

With nearly 100,000 lakes and waterways in Saskatchewan, there's always a sandy pit stop nearby

Lake Diefenbaker, southern Saskatchewan's largest lake, boasts several picture-postcard beaches. You can beach hop via the Riverhurst Ferry, which links Riverhurst on the east bank to Lucky Lake on the west side.

The shallow water of Waskateena Beach on **Candle Lake** is ideal for kids. Farther east, the sparkling white sand of Minowukaw Beach is adjacent to powdery dunes. Anglers will delight in hauling in resident pike and walleye.

Get a taste of the Caribbean in Saskatchewan at **Good Spirit Lake**. The clear water is weed-free with a sandy bottom, making it feel like a tropical swimming hole. On land, play in the natural sand dunes or hike along The Great Trail.

GONE FISHIN'

A roundup of the best fishing spots in the province



Near Nipawin, **Tobin Lake** is an easily accessible drive-in location that delivers big fish. Created from the damming of the Saskatchewan River, it's known as a hot spot for trophy walleye and northern pike. The lake has produced provincial records and is home of the world ice-fishing record for walleye, a behemoth tipping the scale at 8.3 kg caught in 2005.



Hanson Lake Road (a.k.a. Highway 106) ambles northeast with direct connections to many recreation sites and lakes, including Deschambault, Mirond and Jan. Mirond holds the live-release record for northern pike, proving you don't have to do a fly-in to catch a trophy-size fish. Jan Lake (above) is equally impressive for its large pike and walleye.



Running up the middle of the province, Highway 2 connects to Highway 102—the gateway to the historic Churchill River and beyond. The tiny community of Missinipe on **Otter Lake** is not only a home base for angling and paddling adventures, but also serves as a key float plane base to access remote lodges. CAA





HOW TO

UP YOUR GRILL SKILLS

THE ALLURE OF GRILLING is its simplicity: start a fire, put some food on it, and feast! But there is an art to barbecue. Brush up with some tips for grilling—then gussy things up with a few seasonings and side dishes.

BY CRAIG MOY

BARBECUE CHEAT SHEET



Rib-eye

With good marbling, it's one of the most succulent cuts of beef. Set over indirect heat, close the lid and cook 20–30 min. for medium-rare. Finish by searing over direct heat, about 2–3 min. per side.



Porterhouse

Cut from the loin section, it has less marbling than rib-eye but is more tender. Sear both sides for a couple of minutes with hot, direct heat. Dial down to medium and cook 15 min. more (for medium-rare), turning once.



Boneless chicken

Use a meat mallet to flatten cuts of unequal thickness for even cooking. Brush with oil; grill over medium direct heat: 4–8 min. per side for breasts (to internal temperature of 160 F), or 7–10 for thighs (to 180 F).



Salmon

When choosing a fillet, make sure it's moist, vibrant and free of brown spots. Debone, brush with oil and season. Cook with medium-high direct heat, skin side down, for 5–7 min. Flip and grill 2 min. more.



Cauliflower

Cut head of cauliflower into one-inch thick “steaks.” Coat with oil and grill over medium heat, 8–12 min. per side, until tender. Remove and sprinkle with lemon zest and parmesan.



Corn

Remove husks and silks. Grill over medium direct heat for about 10 min., turning occasionally, until kernels are lightly charred and bright yellow. Serve with butter and seasoning.



Spice It Up

A good steak needs only salt and pepper. But other meats could use an extra kick. Try a dry rub, like this all-purpose spice rub. Apply it 30–60 min. before setting meat on the grill.

- 1 Tbsp kosher salt (not table salt)
- +
- 1 Tbsp white sugar
- +
- 2 tsp brown sugar
- +
- 1 tsp garlic powder
- +
- 1 tsp onion powder
- +
- 1 tsp black pepper
- +
- 1 tsp paprika
- +
- ¼ tsp thyme
- +
- ¼ tsp cayenne



SUPERB SMOKING

Some cuts (brisket, ribs, pork shoulder) are best cooked low and slow

SETUP

Use indirect heat. Build your fire on one half; place a water-filled foil pan on the other to help regulate humidity and temperature (refill as necessary).

WOOD

Hickory and fruit woods (e.g. apple, cherry) are good for all-purpose smoking. Chunks or chips work well; chips will start to smoke right away. Less is more: 1–2 handfuls should do it.

AIRFLOW

Position vent opposite heat source. Open it for airflow, which helps keep coals and wood burning. Smoke exiting vent should be white; dark smoke indicates poor ventilation.

MAINTENANCE

Keep temperature between 225 and 275 F. Lift the lid only when absolutely necessary to moisten meat with a spritz of water or cider vinegar. Be aware of wind: The extra airflow can cause temperature spikes. **CAA**

GIVE THE GIFT OF FREEDOM

Confidence for a year's
worth of adventures.

**Receive 20 CAA Dollars® when you
gift a CAA Membership.**

Choose from three different membership plans, starting at just \$88. Order a CAA Membership starting May 1st and you or your gift recipient will be mailed a welcome package and CAA Membership Card. As a bonus, you will receive 20 CAA Dollars (value of \$20 CAD) to be used towards membership, travel or merchandise.

Gift a CAA Membership with promo code GIFT20.

CAASK.CA/GIFT | 1.866.323.1323 | VISIT A STORE



INSURANCE
TRAVEL
AUTOMOTIVE
REWARDS

The price of peace & quiet...

SaskTel 6 Hour Data Pass

\$5

Unlimited
Canada-wide

The extra data
you need, when
you need it.

